



# O R E G O N

RESOURCE GUIDE 2014-2015 5775







empowering

Enhancing the JEWISH enriching



"Through a Federation-supported scholarship fund, Gavin was able to attend a local Jewish camp, which not only accommodated him, but welcomed him with open arms. . . I felt less fearful for his future when I saw that he could engage successfully with others without me."

**Lynne Mason**,

Mother of a child with special needs



What role

What role are **YOU** playing to help strengthen Jewish life? Tell us with an email, Facebook post, Tweet, join us at an event, stop by our office – or make a donation. Let's share how we each brighten our vibrant Jewish community.

# THE **STRENGTH** OF A PEOPLE.







partnering



"It has been a wonderful collaboration with Federation, Susan G. Komen, SHOC and the MJCC - I know I speak for us all when I say it was a project of love and passion."

> Charlene Zidell. Chair of the Your Jewish Genes and Cancer Symposium

investing



advocating



will **YOU** play?



# **EXPERIENCE AND EXPERTISE**

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# **COVER PHOTOS**

Top left: Seth "The Dreidel" Hill
Top right: PJA 8th grade students
Bottom left: PJA kids
Bottom right: Bettie (courtesy of Michael Shapiro
of Beauty for the Beast).



The old ways of care have become obsolete. We now know that nursing care isn't an inevitable part of aging — and that a vibrant life is absolutely possible for most of our elders. But we also know it's up to us to make it happen. So we've thrown out all the old ideas and are fully embracing this new way of thinking that insures dignity and supports independence. Starting with our obsolete building.

# A brand new, 21st century building.

Cedar Sinai Park has been quietly working on a plan that will place us on the leading edge of today's thinking about aging and give our community the new choices they deserve. The brand new building will include beautiful, state-of-the-art households with all the privacy and the feeling of home. In addition, the modernization of the Robison Jewish Health Center will provide privacy and a beautiful, new residential environment.

# We are two-thirds of the way there.

While we've accomplished a lot, there is much to do as we head into the home stretch. In the coming months, we will be calling on all our friends to help raise the remaining one-third of funds needed to reach our goal. With your help, the future looks bright for our elders.

**WE'RE ALMOST THERE.** See how you can help by calling (503) 535-4303 or visiting www.CedarSinaiPark.org.





# Publishers' Message

From our family to yours.....

Thank you for being the best part of Oregon Jewish Life.

May the coming year be one of peace, health, happiness and inspiration.

הקותמו הבוט הנש -Shanah Tova U'metukah

Bob Cindy Deb, Janet, Kira, Susan Cynthia, Debbie and all of our contributors

# Our goal is to change the way you feel about banking.



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# HOW WILL YOU ASSURE JEWISH TOMORROWS?



What aspects of Jewish life do you cherish most—learning, community, worship, caring for those in need or social justice? Whatever you care about most, by leaving a legacy you ensure the things you value are sustained for future generations.



To discuss creating your legacy for our shared Jewish community, contact:

The Oregon Jewish Community Foundation info@ojcf.org | 503.248.9328 | ojcf.org | ojcfgift.org



# **AUCTION APPRAISAL**

Asian Art August 26 Portland

A WHITE JADE RUYI SCEPTER, QIANLONG Found in Portland Sold in San Francisco for \$281,000

A Bonhams specialist will be visiting Portland to provide complimentary auction estimates with a view to selling at upcoming auctions in New York and San Francisco.

# BY APPOINTMENT ONLY

+1 (503) 312 6023 sheryl.acheson@bonhams.com





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# Thank you for making 40 years of dreams possible.



**Thanks, Oregon!** For four decades, your generous support of The Oregon Community Foundation has benefited thousands of people in your own communities. Thank you also to the 1,622 volunteers whose hard work and dedication made it happen. We look forward to the next 40 years of helping you create charitable funds that directly support your region. For more information, call us at 503.227.6846 or visit www.oregoncf.org.







Development Corporation for Israel/Israel Bonds 4500 S Lakeshore Drive, Suite 355 · Tempe, AZ 85282 bob.leve@israelbonds.com · 800.229.4324

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MJCC fitness room



CRC hosts Sen. Merkley



Women's IMPACT



OJCF Life & Legacy meeting

# ORGANIZATIONS

MJCC



Teens pack JFCS food boxes



# **INSIDE**

JEWISH ORGANIZATIONS/AGENCIES
GENERAL COMMUNITY ORGANIZATIONS

Experience Community



Jewish Federation of Greater Portland President and CEO Marc Blattner invites the community to experience the myriad of programs, services and organizations that make Oregon's Jewish community an engaging place.

On behalf of the Jewish Federation of Greater Portland and the Portland/SW Washington Jewish community, welcome to this wonderful communal resource guide about Oregon's Jewish community. We are grateful to Oregon Jewish Life for bringing this important information together in one place.

Portland is home to more than 45,000 Jews, and continues to grow. We are a vibrant Jewish community with programs and services for everyone. Our community has a myriad of wonderful and welcoming synagogues, a beautiful Jewish community center, diverse Jewish day schools, an incredible array of senior and social services, Jewish summer camps, adult education programs, and special cultural and social institutions. We have something for you and your entire family – at every stage of life!

Our community continues to evolve to meet the needs for today and tomorrow's generations. We are a pluralistic and diverse Jewish community. One where you can feel comfortable creating your own Jewish journey.

This resource guide showcases the best we have to offer and we encourage you to take an active part in Greater Portland's Jewish community. Make the most out of all your Jewish experiences.

Warmest regards,

Marc N. Blattner

President and CEO Jewish Federation of Greater Portland







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ewish life in Oregon and Southwest Washington is constantly growing and evolving.

While a recent PEW study showed lower levels of engagement in America's organized Jewish community, the good news is the study also discovered 92% of the respondents said they are proud to be Jewish. Focusing on that bright spot, many national and local organizations have adopted a Big Tent approach to connect individuals to whatever interests them Jewishly.

# Organizations/ **Agencies**

# **JEWISH ORGANIZATIONS**

### **CONSCIOUS TORAH**

2531 Chula Vista Blvd. Eugene, OR 97403 541-514-2571



# COMMUNITY RELATIONS COMMITTEE Bob Horenstein, Director

6680 SW Capitol Hwy. Portland, OR 97219 503-245-6496 Fax: 503-245-6603 bob@jewishportland.org www.jewishportland.org/crc

With representation from a crosssection of the local Jewish community, the CRC develops consensus positions concerning matters of importance to the Jewish residents of Greater Portland and Southwest Washington, including social justice, civil rights, and church-state issues and the US-Israel relationship. Partnering with other faith-based organizations, the CRC: fosters mutual understanding among all groups in the greater community; combats poverty, anti-Semitism and other forms of discrimination; and promotes a positive image of Israel.



# GRAPEVINE

Rachel Rothstein, Director of **Educational Initiatives & GrapeVine** 

6680 SW Capitol Hwy Portland, OR 97219 503-892-7415 Fax 503-245-6603

rachelr@jewishportland.org www.grape-vine.com

GrapeVine is a new way to help you get more out of your Jewish community. It ensures you learn about the programs most likely to interest you. Based on a user profile you personalize, GrapeVine provides you with recommendations to your inbox, browser and mobile device! You also receive a weekly email about events based on your personal interests. Go to our website and download the app to receive personalized recommendations for your Jewish life.

# HADASSAH, PORTLAND CHAPTER

3570 SW Trov St. Portland, OR 97219 503-244-6389

# HADASSAH. SHALOM CHAPTER

(Vancouver & SW Washington) shalomchapterofhadassah@gmail.com 360-833-1338

#### JEWISH BUSINESS NETWORK

9604 NE 126th Ave. Suite 2340 Vancouver, WA 98682 360-597-3942

# THE JEWISH ENCOUNTER (OUTREACH)

Portland, OR 503-829-9285

# JEWISH EVENTS WILLAMETTE-VALLEY

2531 Chula Vista Blvd. Eugene, OR 97403 541-514-2571



# JEWISH FAMILY & CHILD SERVICE

Carrie Hoops, Interim Executive

Les Soltesz. President

1221 SW Yamhill St., Ste. 301

Portland, OR 97205 503-226-7079 Fax: 503-226-1130 info@jfcs-portland.org www.jfcs-portland.org

Jewish Family & Child Service delivers essential human services to alleviate suffering, sustain healthy relationships and support people in times of need. Founded in 1947, JFCS served 1,200 people in 2014 in our community.

# JEWISH FAMILY SERVICES OF LANE COUNTY

PO Box 5924 Eugene, OR 97405 541-484-2541



# JEWISH FEDERATION OF GREATER **PORTLAND**

Marc Blattner, President and CEO

6680 SW Capitol Hwy. Portland, OR 97219 503-245-6219 Fax: 503-245-6603 info@jewishportland.org www.jewishportland.org

For almost a century, the Jewish Federation of Greater Portland has been your means of connecting with your community, discovering new ways to do good and giving back to those who came before you. By raising funds that support a broad network of organizations and through innovative programming and initiatives, we are able to meet the ongoing needs of people at home, in Israel and around the world for today and for future generations.

# JEWISH FEDERATION OF LANE COUNTY

PO Box 5924 Eugene, OR 97405 541-484-2541

# JEWISH GENEALOGICAL SOCIETY OF OREGON

PO Box 19736 Portland, OR 97280 503-249-1976



# JEWISH THEATRE COLLABORATIVE

Performances: Milagro Theatre 525 SE Stark Mail: PO Box 42022 Portland, OR 97242 503-512-0582 www.jewishtheatrecollaborative.org (See full listing: Arts & Culture section)

# JEWISH WOMEN'S ROUNDTABLE

JWRT.org

# MAZON: A JEWISH RESPONSE TO

1990 S Bundy Dr., Ste. 260 Los Angeles, CA 90025 310-442-0020



# MITTLEMAN JEWISH COMMUNITY CENTER

Jordana Levenick, MJCC Operations Manager

Matt Sasser, Manager of Membership & Guest Services Beth Germain, CFO

6651 SW Capitol Hwy. Portland, OR 97219 503-244-0111 Fax: 503-245-4233 mjcc@oregonjcc.org

www.oregonjcc.org

The MJCC has been a vital part of the greater Portland community for 100 years. We provide a gathering place for the Jewish community while warmly embracing people of all faiths. We offer a variety of recreational programming for all ages, wonderful fitness facilities, a 25-yard lap pool, a warm water therapy pool, a flexible space for your next meeting or event, and of course, much loved community celebrations and social and cultural events.

# NATIONAL COUNCIL OF JEWISH WOMEN

3030 SW Second Ave. Mail: PO Box 69333 Portland, OR 97239 503-222-5006

# OREGON AREA JEWISH COMMITTEE

7410 SW Oleson Road #190 Portland, OR 97223 503-295-6761

# **OREGON BOARD OF RABBIS**

PO Box 399 Brush Prairie, WA 98606 360-896-8088



# OREGON JEWISH COMMUNITY **FOUNDATION**

Julie Diamond, Executive Director Gail Mandel, Legacy Development & Marketing Manager Tara Siegman, Donor Relations &

Portland, OR 97205 503-248-9328 Fax: 503-248-9323 info@ojcf.org

Grants Manager

www.ojcf.org







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"When I was young, I admired clever people. Now that I am old, I admire kind people."

-Abraham Joshua Heschel

OJCF is dedicated to creating, promoting and facilitating a culture of giving while serving as guardian of permanent funds, safeguarding regional Jewish communal life. In partnership with the Harold Grinspoon Foundation, OJCF is spearheading the LIFE & LEGACY/Create a Jewish Legacy Oregon initiative. The program promotes after-lifetime giving to build endowments for Jewish organizations and help assure Jewish Tomorrows. Additionally, OJCF offers Donor Advised Funds, Charitable Gift Annuities, trusts and other philanthropic services.

# OREGON JEWISH MUSEUM

# **OREGON JEWISH MUSEUM AND** CENTER FOR HOLOCAUST EDUCATION

1953 NW Kearney St. Portland, OR 97209-3925 503-226-3600 www.ojmche.org (See full listing: Arts & Culture section)



### PORTLAND MITZVAH NETWORK

Caron Blau Rothstein, Coordinator 6680 SW Capitol Hwy. Portland, OR 97219 503-245-6219 Fax: 503-245-6603 volunteer@jewishportland.org www.portlandmitzvah.org

Promoting volunteerism in the Jewish community, for the Jewish community and by Jewish community members. Hosts volunteer events (Good Deeds Day, J-Serve), promotes ongoing volunteer opportunities and more. Access to volunteerism resources locally and beyond.

# YIDDISH CLUB

PO Box 3151 Portland, OR 97208 503-452-3882

# **GENERAL COMMUNITY ORGANIZATIONS**



## **ENERGY TRUST OF OREGON**

Lizzie Rubado, Solar Programs Susan Jowaiszas, Commercial and **Industrial Programs** 

Tom Beverly, Residential Programs

421 SW Oak, Ste. 300 Portland, OR 97204 503-493-8888 Fax: 503-546-6862 info@energytrust.org www.energytrust.org

**Energy Trust of Oregon is an** independent nonprofit organization dedicated to helping utility customers benefit from saving energy and generating renewable power. Our services, cash incentives and energy solutions have helped participating customers of Portland General Flectric Pacific Power NW Natural and Cascade Natural Gas save over \$1.7 billion on energy bills since 2002, through investments in efficiency and renewable power at more than half a million homes and business throughout Oregon.



# OREGON COMMUNITY FOUNDATION

Max Williams, President and CEO Jeff Anderson, Executive Vice President and COO

Johanna Thoeresz, Chief Development Officer

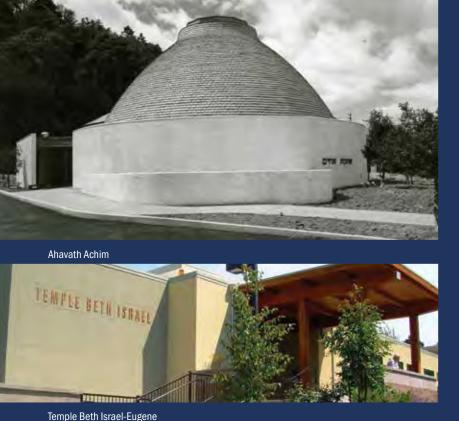
1221 SW Yamhill St., Ste. 100 Portland, OR 97205 503-227-6846 Fax: 503-274-7771 info@oregoncf.org www.oregoncf.org

The mission of The Oregon Community Foundation is to improve life in Oregon and promote effective philanthropy. OCF works with individuals, families, businesses and organizations to create charitable funds to support the causes they care about. Through these funds, last year OCF awarded nearly \$70 million in grants and scholarships.

#### OREGON COMMUNITY WAREHOUSE

3969 NE Martin Luther King Jr. Blvd., Portland, OR 97212 503-235-8786







Temple Beth Israel-Portland



Chabad Hillsboro

# CONGREGATIONS





# **INSIDE**

CHABAD **CONSERVATIVE HUMANIST INDEPENDENT ORTHODOX** RECONSTRUCTIONIST **REFORM** RENEWAL **SEPHARDIC** 



360-896-8088 · www.jewishvancouverusa.org 7800 NE 119th Street · Vancouver WA 98662

# A Community for Everyone



Weekly Shabbat and Holiday Observances Social Action, Adult Ed, WRJ, Men's Club Innovative K-12 Religious School Personalized Hebrew School Youth Group Activities for Every Age Tot Shabbat and Play Groups **Educator Lauren Trexler** Rabbi Elizabeth Dunsker

כִּי עַמְרַ מְקוֹר חַיִּים בָּאוֹרְרַ נַרְאָה אוֹר

Ki imcha mkor chayyim, b'orcha nirei or.

For with you is the Source of all Life. In your light we see light!



A Jewish Renewal Congregation

9750 SW Terwilliger Blvd. Portland, OR 97219 www.pnaiorpdx.org (503) 248-4500

he first Jews to arrive in Oregon in the 1850s soon began gathering for holiday services, weddings and funerals. In the more than 150 years since, synagogues have multiplied, grown and evolved to meet the ever-changing spiritual, life-cycle and community needs of an increasingly dispersed and diverse population.

Today some 40 congregations are scattered around Oregon and Southwest Washington. Some are affiliated with the major movements; others are independent groups created to meet particular geographic or demographic needs.

# CONGREGATIONS

# CHABAD

# **BAIS MENACHEM** (CHABAD OF OREGON)

2317 SW Vermont Portland, OR 97219 503-977-9947

#### CHABAD OF EUGENE

503-977-9947

# CHABAD OF HILLSBORO

111 NE Porto Way Hillsboro, OR 97124 503-747-5363

### CHABAD OF NE PORTLAND

2125 NE 45th Ave. Portland, 97213 503-309-4490

# CHABAD OF SE PORTLAND

3355 SE Steele St. Portland, OR 97202 503-236-6642

# CHABAD OF SW WASHINGTON

9604 NE 126th Ave., Ste. 2320 Vancouver, WA 98682 360-993-5222

## CHABAD OF SALEM

1370 Crowley Ave. SE Salem, OR 97304 503-383-9569

#### CHABAD OF SOUTHERN OREGON

804 Hillview Dr. Ashland, OR 97520 541-482-2778

# CONSERVATIVE

#### ANSHE SHALOM

PO Box 7953 Klamath Falls, OR 97603



# CONGREGATION NEVEH SHALOM

Fred Rothstein, Executive Director Wendy Kahn, Membership and **Development Director** Mel Berwin, Director of Congregational Learning

2900 SW Peaceful Lane Portland, OR 97239 503-246-8831 Fax: 503-246-7553 info@nevehshalom.org www.nevehshalom.org

Congregation Neveh Shalom is Portland's welcoming and egalitarian Conservative congregation. We offer a dynamic array of religious services, opportunities to engage in social justice, and many cultural and social activities. CNS thrives in creating and deepening relationships to Judaism and our community. We invite you to find your place with us! Our Clergy: Rabbi Daniel Isaak, Senior Rabbi: Rabbi Eve Posen, Rabbinic Educator: Rabbi Joshua Stampfer, Rabbi Emeritus; and Cantor Deborah Bletstein.



# CONGREGATION SHAARIE TORAH

Rabbi Joshua Rose Dorice Horenstein, Education Director Michael Imlah, Office Manager 920 NW 25th Ave. Portland, OR 97210

503-226-6131 fax: 503-226-0241 stdir@shaarietorah.org www.shaarietorah.org

Shaarie Torah is Portland's Conservative Jewish Home: an inclusive, multigenerational synagogue, nestled in the heart of Northwest Portland. Shaarie Torah offers extensive Jewish programming, services, and activities for every age and interest.

# **HUMANIST**

# **KOL SHALOM**

1509 SW Sunset Blvd., Ste. 1E 503-459-4210 Portland. OR 97239

# **INDEPENDENT**

#### AD OLAM

Eugene synagogue without walls PO Box 10651 Eugene, OR 97440 541-344-7945

# **BEIT AM**

625 NW 36<sup>th</sup> St. Mail: PO Box 1143 Corvallis, OR 97339 541-753-0067

# CENTRAL COAST JEWISH COMMUNITY

(First Presbyterian Church) 227 NE 12th St. Newport, OR 97365 541-520-3434

# **COLUMBIA GORGE HAVURAH**

Hood River Valley and Mid-Gorge Region 541-806-0069 (Evenings only!) emilykohner@mail.com



# **CONGREGATION SHIR TIKVAH**

Rabbi Ariel Stone Amelia Schroth, Office Manager Katie Schneider, Education Director

7550 NE Irving Ave. Portland, OR 97213 503-473-8227 info@shirtikvahpdx.org shirtikvahpdx.org

Congregation Shir Tikvah is an independent congregation on Portland's Eastside. We are committed to the principle that learning is intrinsic to being Jewish. In addition to services every Friday and Saturday, we have lively Shabbat Torah study, engaging children's education programs for Pre-K

thru b'nai mitzvah, weekly Talmud study and festive celebrations. Our open, thought-provoking approach invites you to live Judaism with us through study, prayer, music, and acts of social justice.

# **GESHER - A BRIDGE HOME**

10701 SW 25th Ave. Portland, OR 97219 503-246-5070

# JEWISH COMMUNITY OF CENTRAL OREGON/SHALOM BAYIT

21555 Modec Lane Mail: PO Box 1773 Bend, OR 97709 541-385-6421

# KESHET (LGBT)

Mike Winer 503-331-1111

# MAYIM SHALOM

PO Box 307 Coquille, OR 97423 541-266-0470

#### NORTH COAST SHABBAT GROUP

Meets at: 1225 Ave. A Seaside, OR 503-244-7060

#### OR HAGAN

Services: Unity of the Valley Church, Hilyard & 39th Mail: PO Box 5582 Eugene, OR 97405 541-434-6551

# PORTLAND WOMEN'S TEFILLAH

503-246-3185

# TEMPLE EMEK SHALOM

1800 E. Main St. Mail: PO Box 1107 Ashland, OR 97520 541-488-2909

# UMPQUA VALLEY HAVURAH

PO Box 1821 Roseburg, OR 97470 541-677-0575

# ORTHODOX

# CONGREGATION KESSER ISRAEL

6698 SW Capitol Hwy. Portland, OR 97219 503-222-1239

### **AHAVAS TORAH SYNAGOGUE**

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920 NW 25th Avenue Portland, Oregon 97210 www.shaarietorah.org (503) 226-6131



# RECONSTRUCTIONIST



#### HAVURAH SHALOM

Teri Ruch, Community Organizer Rabbi Joseph Wolf Deborah Eisenbach-Budner, **Education Director** 

825 NW 18th Ave. Portland, OR 97209 503-248-4662 Fax: 503-248-4668 info@havurahshalom.org www.havurahshalom.org

We are a spirited, friendly, inclusive community located in Northwest Portland, The Havurah Shalom mission is to provide a vibrant, diverse. participatory Jewish community steeped in Jewish values, promoting spirituality, learning and acts of social responsibility. We encourage identification with social change movements and welcome a rich and open conversation about Jewish life. We have numerous opportunities for worship and study, including our High Holiday services, which are open to the public at no cost.

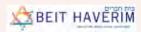
#### TEMPLE BETH ISRAEL

1175 E 29<sup>th</sup> Ave. Eugene, OR 97403 541-485-7218

#### TEMPLE BETH SHOLOM

1274 Cunningham Lane S Salem, OR 97302 503-362-5004

# **RFFORM**



#### **BEIT HAVERIM**

Sue Greenspan, President Rabbi Alan Berg Michelle Bombet Minch, Board Member

Services: 1111 Country Club Road Mail: PO Box 311 Lake Oswego, OR 97034 503-568-1241

office@beithav.org

www.beithav.org

Beit Haverim is an open, inviting and spiritually alive Jewish community, located just outside of Portland in Lake Oswego. Beit Haverim welcomes everyone to our Reform congregation of Jews by birth, Jews by choice and Jews at heart. We invite you to visit our congregation, where families and

individuals experience the sense of Jewish belonging that comes from shared worship, religious instruction, tikkun olam and social events at a location not too far from home.



#### CONGREGATION BETH ISRAEL

Michael Z. Cahana. Senior Rabbi Sydney Baer, Executive Director Jemi Kostiner Mansfield, Congregational Affairs Director

1972 NW Flanders St. Portland, OR 97209 503-222-1069 Fax: 503-274-1400 resources@bethisrael-pdx.org www.bethisrael-pdx.org

Congregation Beth Israel, affiliated with Reform Judaism since 1879, is a vital center of Oregon Jewish life. Our historic landmark sanctuary serves as a house of prayer, a house of study and a house of assembly, hosting religious services, celebrations and ceremonies; youth, family and young adult musical services; preschool, religious school; plus numerous adult and social action programs. Beth Israel's beautifully maintained cemetery is located in southwest Portland.



# CONGREGATION KOL AMI

Rabbi Elizabeth Dunsker Lauren Trexler, Director of Education Robin Hayden, President 7800 NE 119th St. Vancouver, WA 98662

360-896-8088 admin@jewishvancouverusa.org www.jewishvancouverusa.org

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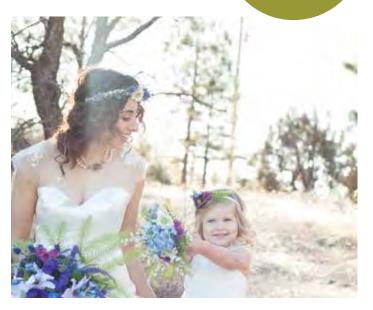
BAR MITZVAH



# **INSIDE**

SIMCHA VENUES SIMCHA VENDORS MOHELS MIKVAHS CHEVRA KADISHA FUNERAL SERVICES CEMETERIES

# The center of Jewish life



By Rabbi Dr. Shmuly Yanklowitz

Jewish life is centered around the cycle of life. While daily spiritual living is cherished, it's the unique moments that bring us together, bring tears to our eyes and remind us of what matters. These moments truly center us. In this review, I will not go into depth about "how to perform" Jewish lifecycles. The diversity of traditions and the richness of details are far too comprehensive. Rather, I will touch upon the "why," addressing the purpose of these lifecycle moments.

# **BIRTH**

There are few moments more spiritually transformative and emotionally precious than the birth of a child. The first major ritual for a Jewish child is the naming. A name is considered by our revered sages to be much more than just a name. Rather a name is an aspiration, a calling. This generally happens, for a boy at the brit milah and for a girl at a minyan (prayer group) or at the simchat bat.

Brit Milah (bris) – Through this ceremony on the eighth day of life (conditions permitting), a baby boy enters the Jewish

covenant just as Abraham did 4,000 years ago. G-d partners with humans to complete creation. The Chassidic masters teach that at the cry of a baby at a brit, the heavens are compassionately open for our prayers. It is considered a very sacred moment, not merely a health-based procedure of circumcision.

Simchat Bat – At a simchat bat, the baby girl is celebrated and named. This ritual is an anomaly – unlike most other rituals, the simchat bat has no strict ancient tradition, and thus there is tremendous room for creativity at this ceremony. Thus, the parents have room to create their own tradition in welcoming their baby girl into the world.

Adoption – The Talmud teaches that an adopted child is considered the same as a birth child. He or she, according to Jewish tradition, is considered to be a child of the adopted parents in all ways. It is one of the greatest mitzvot in the Torah to care for and adopt a child and to provide a home and family for one who would become lost to the darkness of an orphanage.

# PIDYON HABEN

There is a ritual for a boy who is 30 days old to be "redeemed" with silver coins by his father through a Kohen (one of Jewish ritual priestly ancestry). This ritual is only performed for first-born boys who were born naturally (no C-section) and whose father is not a Kohen himself.

# **UPSHERIN**

Some wait to give their boy his first haircut until three years of age. This ceremony is called an upsherin. A primary kabbalistic (Jewish mystical) explanation is that a boy is trying to confuse the spiritual temptress of his gender. It is a joyous occasion marking a boy's transition from only being able to receive to now being able to give.

# **BAR AND BAT MITZVAH**

It is only in a limited sense that a 13-year-old Jewish boy and a 12-year-old Jewish girl become "adults." Developmental psychologists actually now suggest that "emerging adulthood" occurs even later than previously anticipated, at 18-26 years old.



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Rather, a bar and bat mitzvah (son/daughter of responsibility) are considered "adults" in the eyes of tradition. The core years of Jewish obligation and influence that their parents desperately embraced are now over. The adolescent is now expected to evolve from extrinsic motivation (a life of incentives and rewards) toward intrinsic motivation (driven toward the true, good, holy, and just) and must now choose her or his own Jewish engagement with the continued guidance, support, and love of parents and the greater community. While one has not embraced any true milestones of adulthood, such as having a full-time job, marriage, raising children, and meeting financial responsibilities, he or she is now responsible for having an impact upon the Jewish people and broader society.

# WEDDINGS

A Jewish wedding has the potential to be one of the most powerful Jewish rituals. Having led many, there are few that I myself don't tear up at. It is a reminder of the power of love and union. Families gather together for a happy occasion, which occurs all too rarely; the couple being married, their parents, grandparents, relatives and friends all contemplate their own married lives and look with anticipation to the creation of a new family. There are a few stages to a traditional Jewish wedding: erusin (betrothal on the wedding day), ketubah (statement of obligations), chuppah (the wedding canopy), nesuin (marrying with a ring and witnesses), yichud (marital seclusion and intimacy), and sheva brachot (the seven blessings and celebrations). A Jewish wedding is a celebration of a contractual agreement of shared obligation, responsibility, and respect. Love is made concrete into committed actions. Though there are different opinions on the tradition, we break a glass at the end of the ceremony to remind us at the pinnacle of joy that there is brokenness in us and all over the world. It is another way to remind ourselves that while our marriages and families are inherently valuable, they are also vehicles toward enacting social justice and tikkun olam.









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# **DIVORCE**

A divorce is actualized through the giving and receiving of a get (Jewish divorce document). While a divorce is innately a tragic event (a relationship has broken and attempts at repair have failed), it can also be a liberating experience and a source of relief and joy. The procedure is simple and quick, but should be performed by a mesader get (a rabbinic divorce expert).

Tragically, today, some "religious" men deny their wives a get, making them agunot (chained women unable to remarry). For this reason, in Orthodox circles, many embrace using a halakhic pre-nuptial agreement to prevent women from being chained to a broken marriage. In Conservative circles, many include the Lieberman clause into the ketubah that gives women an out from the marriage without a get. In most Reform circles, a get is not used at all and is not required to remarry.

# **DEATH AND MOURNING**

One is buried with great haste and great modesty (humble burial shrouds, modest wooden casket, buried directly in the dirt). There is a mitzvah to join a burial society (chevra kaddishah) to assist in the cleaning of the body and to guard a body (as a shomer). While always tragic, the Jewish rituals around death, funerals and mourning can be quite profound. The Jewish tradition understands that the mourning and recovery process from the death of a loved one is a long and gradual process. Unlike other traditions (for example, think of many corporations that expect employees to take no more than three days off for



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the death of a close relative), Jewish tradition makes the trauma of burial short, and the modest casket ensures that we do not feel obligated to spend huge sums to show our respect for the dead. Instead, we understand that after the burial, the full force of pain and loss hits those mourning with a tremendous impact. At this point, our tradition sustains us and helps us to gradually return to our regular lives through the following plan.

Shiva – 7 most intense days of mourning

Shloshim – first 30 days of mourning

Aveilut – year of mourning. While one is an avel (mourner) for a full year for immediate relatives, one only says kaddish for the first 11 months of the year.

Unveiling – removing a veil to reveal the tombstone.

Yahrtzeit – observing the day of memory each year by saying kaddish and potentially also with tzedakah (charity) and visiting the grave.

# CONVERSION

The Jewish community is very open to accepting converts. These individuals who bravely embrace Judaism without having been raised Jewish are to be considered heroes and role models in the community. Jewish law demands that they are cherished, embraced and never shunned.

After completing Jewish learning courses, committing to Judaism and the Jewish people, dipping in the mikvah (spiritual bath) and getting circumcised (for boys), converts are celebrated in the community and are no longer consider "converts" but just "normal" Jews. Let us remember this when we encounter those who have converted, and not look with suspicion on them. They have joined with us in the unique and spiritually uplifting rituals of the life cycle.

# PHYSICALLY MODEST YET SPIRITUALLY LAVISH!

Very often today, many embrace the party of lifecycle events (the \$25,000 bar mitzvah and \$50,000 wedding). Judaism stresses the importance of having modest celebrations that focus on family, values, God and spiritual aspirations.

We need not spend so much on celebrations. The Talmud (Sanhedrin 29b) teaches that one is not to appear publicly in a way that flaunts his or her wealth, as this lifestyle not only leads to arrogance, but can also shame others and lead them to covet. Histapkut bamuat (being content with less) is a core Jewish value, and Ben Zoma taught that a wealthy individual is one who is content with one's lot (Pirkei Avot 4:1).

The rabbis regulated spending. As a way of showing "deference to the poor" (Moed Kattan 27), even the richest people were to be buried plainly so as not to shame the poor.

Lifecycle events should be a time of spiritual reflection creating an ambiance of love by bringing together sacred community. We should work to create more creative and holy celebrations that foster inclusiveness and community building. A wedding, birth, funeral and the like are all opportunities for great spiritual and ethical possibilities and are a time for families to engage in financial introspection (cheshbon ha'kis).

Rabbi Dr. Shmuly Yanklowitz is the author of five books on Jewish ethics. Newsweek named Rav Shmuly one of the top 50 rabbis in America. He now serves as the executive director of the Valley Beit Midrash in Phoenix.

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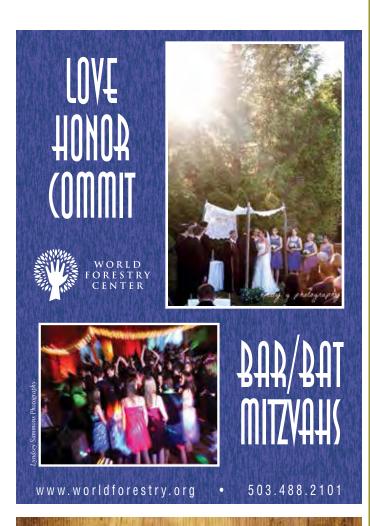
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# MOHELS

A mohel is the person who performs the circumcision in the brit milah ceremony for a male child on the eighth day after his birth. For more information, contact your local congregation.

# PORTLAND METRO

Rabbi Tzvi Fisher, Oregon Bris Center, www.oregonbris.com, mohel@ oregonbris.com, 503-757-0606. A seventh-generation mohel, has performed ceremonies throughout the Pacific Northwest.

Dr. Larry L. Veltman, obstetrician, certified as a mohel by Conservative Movement in Judaism, 503-292-5227.

Dr. Richard Lowensohn, a professor at OHSU and former chief of obstetrics, certified by Hebrew Union College as mohel, 503-383-9621.

Dr. Wendy Smith, pediatrician, certified by the Reform movement, 503-241-9528. Limited availability.

Dr. Bruce Birk, a Portland pediatrician, certification through Hebrew Union College. birkbrucemd@gmail.com, or 503-799-2794.

# CENTRAL OREGON/BEND AREA:

No certified mohels, but two pediatricians will perform circumcisions in the synagogue or home:

Dr. Jennifer Lachman, Central Oregon Pediatrics 541-318-3548, and Dr. Peter Boehm. Mosaic Medical 541-383-3005. For more information, contact info@JCCObend.com or 541-385-6421.

# SALEM/CORVALLIS:

Dr. Michael Kelber, a family practice doctor in Salem, has performed circumcisions in conjunction with local congregations. mkelber201@aol.com.

# **MIKVAHS**

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Chevra Kadisha of Portland: Michael Rosenberg, michael@cashcoloan.com, or 503-519-2454 or 503-282-3536. Includes volunteers from Congregation Kesser Israel, Chabad of Portland, Shaarie Torah, other congregations as well as unaffiliated.

# **CORVALLIS AND SALEM:**

Willamette Valley Jewish Community Burial Society: www.beitam.org/ organizations/burial-society (has chapters in Salem and Corvallis), email office@beitam.org, or 541-753-0067.

Temple Beth Israel, Eugene: www. tbieugene.org/page/chevra-kadisha, or info@tbieugene.org, or 541-485-7218.

# MEDFORD/ASHLAND AREA:

Chevra Kadisha of the Rogue Valley: Daniel Greenblatt, Daniel@greenleafrestaurant.com or 541-482-5917.

#### CENTRAL OREGON:

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6651 SW Capitol Hwy. Portland, OR 97219 503-244-0126 Fax: 503-452-7001 office@pjaproud.org www.pjaproud.org

PJA is a Jewish community day school accredited by Northwest Association of Independent Schools and a member of RAVSAK, the Jewish Community Day School consortium. Our mission is to ensure an academically excellent environment in which children thrive. PJA inspires positive Jewish engagement, respect for differences and responsibility for our world. PJA's commitment to teaching students to think for themselves and work for the world is evident in our classrooms and our commitment to service.

# HEBREW/RELIGIOUS SCHOOLS



# **BEIT HAVERIM RELIGIOUS SCHOOLS**

Sue Greenspan, President Rabbi Alan Berg Michelle Bombet Minch, Board Member

Classes: 1111 Country Club Dr. Mail: PO Box 311 Lake Oswego, OR 97034 503-568-1241 office@beithav.org www.beithav.org

We offer quality Jewish education for preschoolers through teenagers, including Hebrew, tutoring and preparation for B'nai Mitzvot, and Confirmation class. We provide spiritual and moral foundations for lifelong Jewish learning and practice through instruction in Bible stories, weekly parsha, Jewish music, dance, art and Israeli programming.



# CONGREGATION BETH ISRAEL EDUCATION DEPARTMENT

Michael Z. Cahana, Senior Rabbi Sydney Baer, Executive Director Jemi Kostiner Mansfield, Congregational Affairs Director 1972 NW Flanders St.



Valerie and Rodrigo find it an all-around good fit.





Stewart's oldest is **drawn to the stories.** 

# What do they all have in common?

They believe Congregation Shir Tikvah's innovative education program encourages students to connect with Judaism in a positive, lasting way. Shir Tikvah offers 18 Sunday class sessions per year, along with lively holiday celebrations for the whole family. Classes are small, but not too small. It's fun, meaningful and located on Portland's Eastside.

# Congregation Shir Tikvah

Classes for pre-K — 7th grade start October 19

Non-members accepted on a case-by-case basis

# Register today!

education@shirtikvahpdx.org 503.473.8227

Portland, OR 97209 503-222-1069 Fax: 503-274-1400 resources@bethisrael-pdx.org www.bethisrael-pdx.org

Our education department serves Jews of all ages. Our nationally accredited Religious School and state certified Preschool guide students to apply Judaism's teachings to their personal lives and our world, while adults find educational programming for those new to Judaism and the more advanced student.

### **CHABAD HEBREW SCHOOLS**

Southwest: 503-246-5437 Southeast: 503-236-6642 Northeast: 503-477-6696 Hillsboro: 503-747-5363 Vancouver, WA: 360-993-5222



# CONGREGATION KOL AMI **EDUCATION**

Rabbi Elizabeth Dunsker Lauren Trexler, Director of Education Robin Hayden, President

7800 NE 119th St. Vancouver, WA 98665 360-896-8088 admin@jewishvancouverusa.org www.jewishvancouverusa.org

Congregation Kol Ami education programs include a K-12 weekly religious school, a weekly Hebrew School, and Adult education all supervised by an Education Director plus congregational support. Enhancing the programs are age-appropriate social groups to heighten the learning and to facilitate in Tikkun Olam.

# **NEVEH SHALOM RELIGIOUS SCHOOLS**

2900 SW Peaceful Lane Portland, OR 97239 503-293-7312

# P'NAI OR OF PORTLAND SIMCHA SCHOOL

9750 SW Terwilliger Blvd. Portland, OR 97219 503-248-4500



# SHAARIE TORAH EDUCATION **PROGRAM**

Rabbi Joshua Rose Dorice Horenstein, Education Director Michael Imlah, Office Manager

920 NW 25th Ave. Portland, OR 97210 503-226-6131 Fax: 503-226-0241 stdir@shaarietorah.org www.shaarietorah.org

Passing on our traditions is important and Shaarie Torah features a broad range of learning opportunities for adults, teens and children. Our education framework enables individuals and families to discover what it means to be Jewish in a safe and supportive environment.



# SHIR TIKVAH RELIGIOUS SCHOOL

Rabbi Ariel Stone Katie Schneider, Education Director

7550 NE Irving St. Portland, OR 97213 503-473-8227 Education@shirtikvahpdx.org shirtikvahpdx.org

Shir Tikvah's innovative program encourages students to connect to Judaism in a lasting way. We offer 18 Sunday sessions per year, along with congregation-wide celebrations for the whole family. It's fun, meaningful and on Portland's eastside.

# DAY CAMPS

**CAMP SEED** 

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#### GAN ISRAEL DAY CAMP

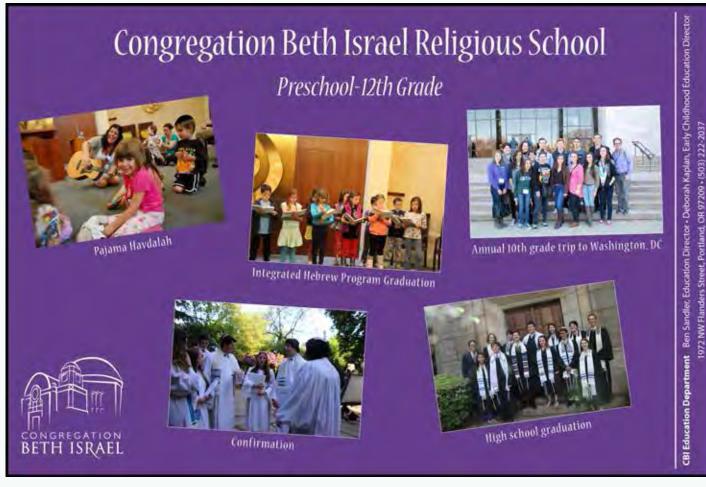
6612 SW Capitol Hwy. Portland, OR 97239 503-246-KIDS (5437)

# MITTLEMAN JEWISH COMMUNITY **CENTER DAY CAMP**

6651 SW Capitol Hwy. Portland, OR 97219 503-244-0111

# PJA SUMMER DISCOVERY

6651 SW Capitol Hwy. Portland, OR 97219 503-244-0126



# **RESIDENT CAMPS**



#### **B'NAI B'RITH CAMP**

www.bbcamp.org

Michelle Koplan, Executive Director David Zimmerman, Camp Director Barb Gordon, Registrar

Mail: 9400 SW Beaverton Hillsdale Hwy. #147 Beaverton, OR 97005 503-452-3443 Fax: 503-452-0750 dzimmerman@bbcamp.org

B'nai B'rith Camp, located on Devils
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range of activities including arts and
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Israeli culture, Shabbat celebrations,
high ropes course & climbing tower,
out-of-camp trips, wakeboarding,
kayaking and hydro-tubing. Specialty
programs include Outdoor Jewish
Adventure for 11th graders and Kehila,
an inclusive program for children
with special needs. BB Camp is
JCC affiliated and accredited by the
American Camp Association.

"The important thing is not to stop questioning.
Curiosity has its own reason for existing."

- Albert Einstein



# PORTLAND JEWISH ACADEMY



# THINK FOR YOURSELF.

A PJA education emphasizes critical thinking, academic excellence, and creative problem solving.



# WORK FOR THE WORLD.

Through values-based learning and action, PJA students and staff participate in *tikkun olam* (repair of the world).

Limited spaces available • Infant - Grade 8 • Call for a personal tour 6651 SW Capitol Highway, Portland, OR 97219 • 503.244.0126 • www.pjaproud.org



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- **Exciting array of adult learning options**

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Congregation Neveh Shalom 503. 246.8831 www.nevehshalom.org

# **Check Out Our Exciting Educational Programs!**



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920 NW 25th Avenue Portland, Oregon 97210 www.shaarietorah.org (503) 226-6131



"Those that have been connected with youth groups have been involved in Judaism for a longer time. They have more interest and tend to do more in college, and really have more of a Jewish connection in life."

Rachel Rothstein, an advisor for OJCYF and USY Oregon Jewish Life, May 2014



#### CAMP SOLOMON SCHECHTER

Sam Perlin, Executive Director David Furman, Assistant Director Carolyn D'Albora, Registrar

Mail: 117 E. Louisa St. #110 Seattle, WA 98102-3203 206-447-1967 Fax: 206-447-2629 info@campschechter.org www.campschechter.org

Camp Solomon Schechter has a 60-year tradition of fun, friendship and Jewish education in the Pacific Northwest. We create a unique, welcoming and spiritual Jewish environment, offering an innovative experience for youth of all denominations entering 2nd-12th grades. At Schechter, Judaism and joy are truly one! Our spectacular 170-acre wooded facility located near Olympia WA, features breathtaking views of our private lake and hiking in the untouched beauty of our own forests and protected wetlands.

# JWEST CAMPERSHIP PROGRAM

720-242-7482 www.onehappycamper.org

#### URI CAMP KALSMAN

425-284-4484 (winter) 360-435-9302(summer)

## URJ CAMP NEWMAN

Winter Office: 703 Market St. Ste. 1300 San Francisco, CA 94103 707-571-7657

# YOUTH GROUPS

Portland: 503-345-9451 Eugene: 503-349-6605

Aviva Jacoby, Portland Jr. NCSY Director 503-504-6430 aviva@ncsv.org Shira Melul, Eugene Jr. NCSY Director 503-221-1934 shiramelul@ncsy.org

# NORTH AMERICAN FEDERATION OF **TEMPLE YOUTH**

Congregation Beth Israel, Portland



# OREGON JEWISH COMMUNITY YOUTH FOUNDATION

503-248-9328

Oregon Jewish Community Youth Foundation is a program to secure the future of Jewish philanthropy and to develop a strong generation of future Jewish leaders. High school students, grades 9-12, experience what it is like to serve on a nonprofit board and experience the challenges and rewards of philanthropy. Application required.



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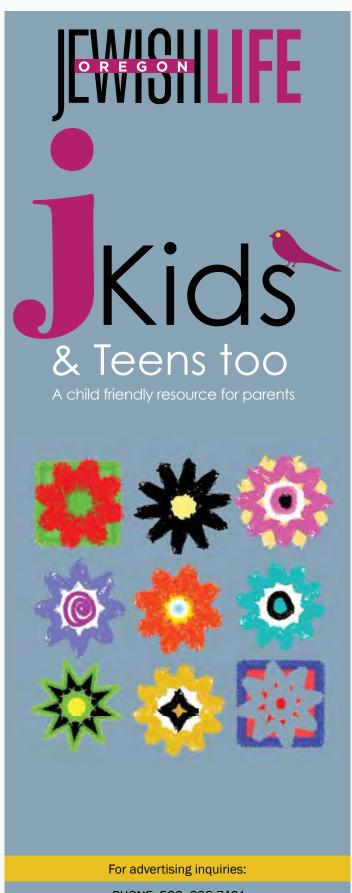
Flexible Schedule Options

Not only did Isaac thrive at The Gan, but our entire family made new connections and friendships. Thank you Morah Mimi and all the wonderful teachers and support staff!

- Jo Levy, Parent

www.PortlandJewishPreschool.com 503.977.7850 Mimi@PortlandJewishPreschool.com

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Meira Spivak, Oregon NCSY Director Doovie Jacoby, Portland NCSY Director Shira Melul, Eugene NCSY Director

6688 SW Capitol Hwy. Portland, OR 97219 503-757-3037 | meira@ncsy.org 503-504-1301 | doovie@ncsy.org 503-221-1934 | shiramelul@ncsy.org www.portland.ncsy.org

NCSY is the premier organization dedicated to connect, inspire and empower Jewish teens, NCSY offers a Jr. NCSY program for middle schoolers (see listing above), a full service NCSY for high school students and an Akiva college program at the University of Oregon (see campus groups). NCSY runs local programming at Starbucks and the MJCC, local and long-distance Shabbaton retreats and a full array of summer programs to satisfy the needs of any Jewish teen.

## UNITED SYNAGOGUE YOUTH

Pacific NW Regional Office: 503-246-8077

Neveh Shalom: 503-246-8831 Shaarie Torah: 503-226-6131

## **SPECIAL NEEDS RESOURCES**

### **KEHILA**

For campers with special needs at **BB** Camp 503-452-3443 dduren@bbcamp.org

## KEHILLAH HOUSING AT CSP

(Special needs housing) 6125 SW Boundary Street Portland, OR 97221 503-535-4300

## TASK. YOUR JEWISH CONNECTION TO DISABILITY **AWARENESS**

503-226-7079, ext. 155 Corinne@jfcs-portland.org

## TIKVAH, SOCIAL/RECREATION FOR AGES 18+

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"People often avoid making decisions out of fear of making a mistake. Actually, the failure to make decisions is one of life's biggest

mistakes." - Rabbi Noah Weinberg,

48 Ways To Wisdom



## EXPERIENCE FOUR WEEKS IN ISRAEL ON NCSY'S TJJ

- The Jerusalem Journey (TJJ) is the most affordable and highest quality Israel summer trip for Jewish teens.
- TJJ visits all the historical sites in Israel and also includes fun and exciting activities such as jeeping, rappelling, rock climbing, snorkeling, hiking, kayaking, torpedo boating and more!

"

TJJ was a life changing experience. I had tons of fun, made lifelong friendships, and learned about my Jewish heritage. It was truly the Best. Summer. Ever.

77

Emilia Wolf Portland, OR

## FIND OUT HOW YOU CAN BE PART OF THIS AMAZING JOURNEY

visit portland.ncsy.org
Questions? Contact Meira Spivak
at meira@ncsy.org or call 503.757.3037



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OSHER LIFE LONG LEARNING



U OF O HILLEL IN GUATEMALA

# COLLEGE AND ADULT

GREATER PORTLAND HILLEL SEDER



## **INSIDE**

**ADULT EDUCATION CAMPUS GROUPS** YOUNG ADULT SOCIAL/NETWORKING GROUPS

ecognizing that learning is a lifelong process, adults start or return to universities at any age to further their career goals.

Many adults also enjoy less rigorous adult education programs to expand their understanding and knowledge about the religion, culture and language of the Jewish people.

Social and networking groups are another way to learn and grow throughout life.

## COLLEGE/ADULT

## **COLLEGES**



THE HAROLD SCHNITZER FAMILY PROGRAM IN JUDAIC STUDIES AT PORTLAND STATE UNIVERSITY

Natan Meir, Academic Director Michael Weingrad, Associate

Nina Spiegel, Assistant Professor Loren Spielman, Assistant Professor

465 UCB. 1881 SW 5th Ave.. PO Box 751 503-725-8449 503-725-3953 Fax iudaicst@pdx.edu

www.judaic.pdx.edu

The Harold Schnitzer Family Program in Judaic Studies was established to foster academic achievement. civic engagement, and leadership skills through rigorous and in-depth

interdisciplinary study of Jewish history, culture, and civilization. The interaction of our four core faculty members, working in the study of ancient Jewry, modern Jewish history, Israel Studies, and Jewish literature, together with affiliated faculty in Hebrew language, medieval history, and Middle East Studies creates an enriching and stimulating atmosphere.

## THE HAROLD SCHNITZER FAMILY PROGRAM IN JUDAIC STUDIES AT THE UNIVERSITY OF OREGON

Prince Lucien Campbell Hall Room 837 5273 University of Oregon Eugene, OR 97403-5273 541-346-5288, Fax: 541-346-4118

## REED COLLEGE

REED COLLEGE MASTER OF ARTS IN LIBERAL STUDIES

Barbara Amen, Director Kim Kadas, Assistant 3203 SE Woodstock Blvd. Portland, OR 97202

"Most of the things worth doing in the world were declared impossible before they were done."

- Judge Louis Brandeis



Why MALS?

"As a primary care physician my continuing education was spent in medicine. I enjoyed reading but I needed something more structured to counterbalance my professional life. Now retired, my life is filled with travel, friends and volunteer work-interests my MALS experience enriched significantly. Academic discussions turned into friendships that have become an important part of my life. Courses in history, literature and even mathematics added textures and crosscurrents that flow from the multi-disciplinary approach. In particular, the religion department courses gave me greater understanding of the issues, conflicts and projects in the Middle East and SE Asia."

**Harold Nevis** Retired Kaiser physician www.reed.edu/mals



**Hebrew Institute for Adults** 

- Year-long Course
  - Professionally Taught
    - Beginning, Intermediate & Conversational Levels

## **WEEKLY EVENING CLASSES AT** CONGREGATION NEVEH SHALOM

- Crash course in Hebrew reading begins in September.
- Machon Ivrit course begins in October.

For more information and to register, contact: Mel Berwin 503.293.7306 mberwin@nevehshalom.org



2900 SW Peaceful Ln Portland, OR 97239 503.246.8831 www.nevehshalom.com

## "Imagination is more important than knowledge."

- Albert Einstein

Fax: 503-517-7345 mals@reed.edu; bamen@reed.edu www.reed.edu/MALS

The Reed MALS is a graduate liberal studies program of unique character. An alternative to the highly specialized course of study characteristic of more traditional programs, MALS is intended for those students who wish to pursue interdisciplinary graduate work in a flexible yet rigorous course of study. The program attracts a diverse group of bright and intellectually curious students of varied interests, ages, and backgrounds who have made a lifelong commitment to learning.

## ADULT EDUCATION

## BENAROYA JEWISH LEARNING **ACADEMY**

Chabad of Oregon 2317 SW Vermont St. Portland, OR 97219 503-977-9947

## FLORENCE MELTON SCHOOL OF ADULT JEWISH LEARNING

6680 SW Capitol Hwy. Portland, OR 97219 503-245-6219

## INSTITUTE FOR JUDAIC STUDIES OF THE PACIFIC NORTHWEST

2900 SW Peaceful Lane Portland, OR 97201 503-246-8831

## INTRODUCTION TO JUDAISM CLASS

Oregon Board of Rabbis 503-639-0853 lscord@comcast.net



## NEVEH SHALOM ADULT EDUCATION

Mel Berwin, Director of Congregational Learning

2900 SW Peaceful Lane Portland OR 97239 503-246-8831

Neveh Shalom hosts a wide array of quality Adult Education programs beginning in September. Machon Ivrit Modern Hebrew Institute, Siddur (prayerbook) Hebrew, Hope and

Healing, Preparing a D'var Torah, Parsha as Parenting, Jewish Yoga and more.



## OSHER LIFELONG LEARNING INSTITUTE OF THE UNIVERSITY OF OREGON

Ruth Heller, Program Director Eugene: UO Baker Downtown Center

975 High St. Eugene, OR 97401 Bend: UO Center in Bend 80 NE Bend River Mall Dr. Bend, OR 97701 541-346-0697 and 800-824-2714 fax: 541-346-6166 osher@uoregon.edu www.osher.uoregon.edu

The Osher Lifelong Learning Institute at the University of Oregon (OLLI-UO) celebrates the joy of learning, encouraging academic exploration without the pressures of grades or tests. Individuals from all backgrounds and levels of education are welcome to enjoy the benefits of membership. Low annual fees provide unlimited access to the curriculum offerings. Lectures, short courses, study and discussion groups, trips and tours are led by current and retired faculty, community professionals and by our members.

## PORTLAND KOLLEL

6688 SW Capitol Hwy. Portland, OR 97219 503-245-5420, ext. 613

## YIDDISH LANGUAGE CLUB

1509 SW Sunset, Ste. 1E Portland, OR 97239 503-459-4210

## **CAMPUS GROUPS**

## AKIVA COLLEGE PROGRAM

At University Of Oregon

Rabbi Jack Melul 541-221-2073 jackmelul@ncsy.org

The Akiva program offers UO and OSU college students the opportunity to

celebrate Shabbat with the Melul family, receive a stipend through the Maimonides learning program, take a fully inclusive trip to New York as well as receive working internships in Israel.

## CHABAD HOUSE AT THE UNIVERSITY OF OREGON

1330 E 20th Ave. Eugene, OR 97403 541-484-7665

## CHABAD AT PORTLAND CAMPUSES

3355 SE Steele St. Portland, OR 97202 503-236-6642



## GREATER PORTLAND HILLEL

Rachel Hall, Executive Director Meaghann Ande, Operations Manager Josh Frankel, Board President

P.O. Box 1547 Portland, OR 97207 503-867-3646 info@pdxhillel.org www.pdxhillel.org

Hillel provides opportunities for Jewish students at more than 500 colleges and universities to explore and celebrate their Jewish identity. Greater Portland Hillel's mission is to enrich the lives of Jewish undergraduate and graduate students so that they may enrich the Jewish people and the world. Hillel student leaders, professionals and lay leaders are dedicated to creating a pluralistic, welcoming and inclusive environment for Jewish college students, where they are encouraged to grow intellectually, spiritually and

## HILLEL AT THE U OF O

1059 Hilyard St. Eugene, OR 97401 541-343-8920

## HILLEL AT OSU

240B Moreland Hall Corvallis, OR 97331 541-343-8920

## **LEWIS & CLARK COLLEGE JEWISH** STUDENT UNION

MSC 171 0615 SW Palatine Hill Road Portland, OR 97219 503-768-7082

## PORTLAND STATE UNIVERSITY JEWISH STUDENT UNION

PO Box 751 Portland, OR 97207-0751 503-725-4023

## UNIVERSITY OF OREGON JEWISH STUDENT UNION

Erb Memorial Union, Ste. 5 Eugene, OR 97403 541-346-4366

## YOUNG ADULT

## MOISHE HOUSE

3322 SE Brooklyn St. Portland, OR 97202 moishehousepdx@gmail.com

## JEWS NEXT D'OR

1972 NW Flanders Portland, OR 97209 ind@bethisrael-pdx.org 503-222-1069

## PORTLAND JEWISH EVENTS

www.portlandjewishevents.com

## **URBAN JEWS OF PORTLAND**

urbanjewspdx@gmail.com

## SOCIAL/ **NETWORKING GROUPS**

## J-PRO OREGON

Jewish communal professionals 503-245-6449

## JEWISH DAD'S NIGHT OUT

503-293-7313

## MOTHER'S CIRCLE

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The Harold Schnitzer Family Program in Judaic Studies is now proud to offer a Judaic Studies major at Portland State University, along with the Shleifer Scholarship, which will cover tuition and fees for eligible students.

Contact judaicst@pdx.edu or click to www.judaic.pdx.edu for more information



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Jay Papish

# SENIORS





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## INSIDE

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## CEDAR SINAI PARK ADULT DAY SERVICES

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Portland, OR 97221
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Fax: 503-535-4334
nancy.heckler@cedarsinaipark.org
www.cedarsinaipark.org

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## LIFELINE SENIOR SERVICES/JFCS

Brian Fallon, Lifeline Manager

1221 SW Yamhill St., Ste. 301 Portland, OR 97205 503-226-7079, ext. 121 www.ifcs-portland.org

Lifeline Senior Services is designed to meet the needs of seniors and people with disabilities who wish to live as independently as possible in their home.



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Paige Coleman, MBA, Executive Director

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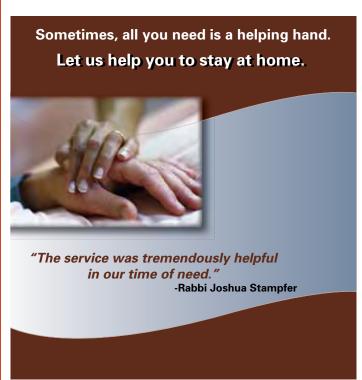
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Schedule a visit to see Rose Schnitzer Manor for yourself and receive a \$10 New Seasons Market gift card, plus a box full of delicious goodies fresh from our on-site bakery.



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**Sinai Family Home Services** 503-542-0088 www.SinaiFamily.org



Portland, OR 97225 503-542-0088 Fax: 503-542-0077 info@sinaifamily.org

www.sinaifamily.org

Need a helping hand? Sinai Family Home Services is a licensed Comprehensive In-Home Care Agency serving Seniors and People with Disabilities in Multnomah, Clackamas and Washington Counties, Working with individuals and families, we offer experienced coordination, hands-on care and personalized plans. We cook, clean, drive, visit, assist with daily activities and administer medication. For short periods or long-term care, we help you or your loved one remain comfortably at home. We can help!

## SENIOR LIVING



## CEDAR SINAI PARK

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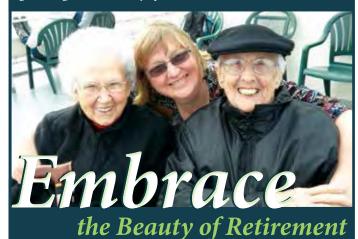
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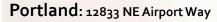








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-Abraham Joshua Heschel

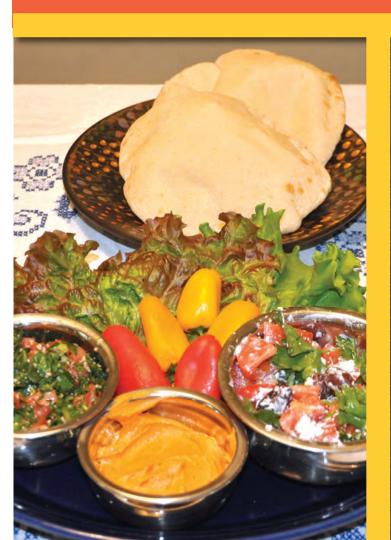








## **FOOD**





## INSIDE

FOOD/KOSHER KOSHER GROCERIES RESTAURANTS rom farmers markets to restaurants, Portland has become a culinary destination.

The state's kosher options have expanded too. Although kosher laws have their origin in the Bible, with modern food production concerns, kosher is considered the gold standard by many consumers looking to verify the safety and purity of the food they eat.

Our food pages include both kosher and non-kosher listings.

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### TRADER JOES

503-777-1601 All Trader Joe's locations offer a pamphlet listing their kosher items.

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(Includes kosher and non-kosher listings)

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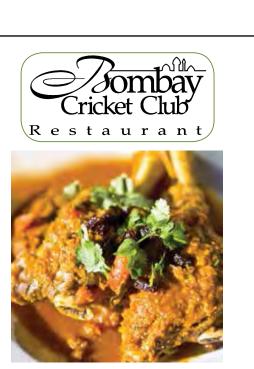


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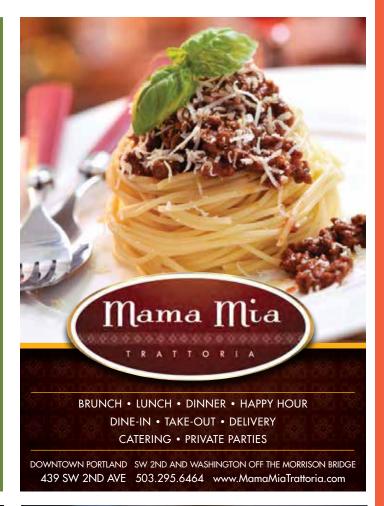


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# ARTS & CULTURE





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-Gabe Young, 18, Ashland Oregon Jewish Life



Above: David and Gabe Young | Below: Painting by Ben Killen Rosenberg



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## **ARTS & CULTURE**



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Mail: PO Box 42022 Portland, OR 97242 503-512-0582

info@jewishtheatrecollaborative.org www.jewishtheatrecollaborative.org

JTC is in residence at Miracle Theatre in inner SE Portland but brings performances to satellite venues around town. Touring shows travel the state. This year, JTC's signature Page2Stage programming spotlights Nathan Englander's novel The Ministry of Special Cases, set in Argentina during the "Dirty War." Performances of the world-premiere adaptation of the novel will be March 14-April 11, 2015, at Milagro Theatre but we hope you will join us for the entire Page2Stage

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Judith Margles, Director Anne LeVant Prahl, Curator of **Collections** Sandra Preston, Program and **Education Manager** 

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The Oregon Jewish Museum and Center for Holocaust Education interprets the experience of Oregon Jews, explores the lessons of the Holocaust and fosters intercultural conversation. At our home on NW Kearney Street, we cover a wide range of topics relating to Jewish art, culture and heritage through programs. exhibits, films, lectures and concerts. We are proud stewards of the Oregon **Holocaust Memorial and of the Archives** and Artifact Collection.

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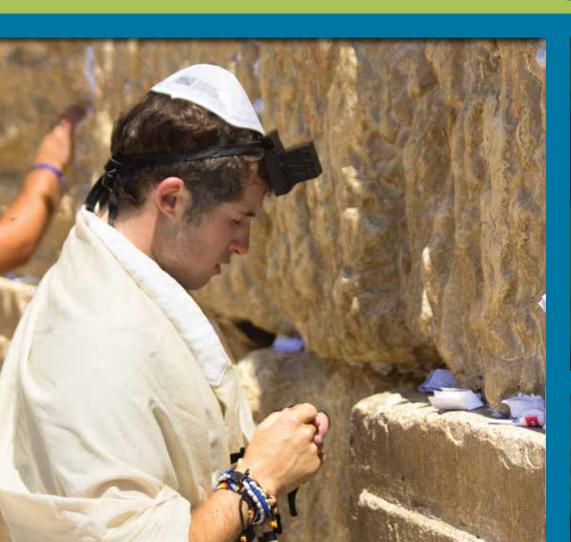
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Even a partial list of Israeli inventions and innovations is mind boggling. In chemistry Israel has won three Nobel Prizes in recent years. Israel creations include: in optics, the world's smallest video camera as well as the PillCam for nonintrusive digestive tract procedures; in biotech, the nanowire, thinner than human hair; in computing, the USB flash drive and laser keyboard; in software, ICO, Babylon, Viber (recently sold to Japanese mobile operator Rakuten) and Waze (recently acquired by Google).

- Mylan Tanzer, An Oregonian in Israel Oregon Jewish Life, May 2014

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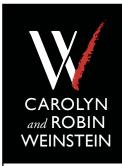
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## A guide to Jewish holidays

Note: Jewish holidays start at sundown the day before the first day of the holiday.

## Rosh Hashanah

(Sept. 25-26, 2014)

Rosh Hashanah, the Jewish New Year, is celebrated each year on the first day of Tishrei, early in the fall. The day is a special time of rejoicing as we wish each other L'Shanah Tovah, a good year. It is also a solemn day because Rosh Hashanah is not only the day on which we celebrate the creation of the world, it is also important as the Day of Remembrance, when the sound of the shofar calls each of us to recount our deeds of the past year in preparation for repentance on Yom Kippur. The Rosh Hashanah festival meal table is set specially, as for Shabbat. Throughout the High Holy Days, the challah is to be a round spiral or "turban" loaf rather than a long twisted one. The round challah symbolizes the cyclical nature of life, the seasons and the Jewish year.

## Yom Kippur

(Oct. 4, 2014)

Yom Kippur, the Day of Atonement, is a solemn fast day. We pray for forgiveness from G-d and repent sincerely for our sins during the past year. Families gather for a plentiful if simple meal before sundown on the eve of this holy day. At the end of the meal, festival candles are blessed and the fast begins for all adults in the household. The family then attends worship services at which Kol Nidre is chanted. While children under the age of 13 do not fast on Yom Kippur, meals for children should be Spartan to introduce the notion of fasting while still providing proper nutrition. At the conclusion of Yom Kippur, families and friends gather for a light break-the-fast meal.

## Sukkot

(Oct. 9-16, 2014)

Beginning five days after Yom Kippur, this seven-day festival (eight days in the Diaspora) is a celebration of the abundance with which G-d has blessed us. We are encouraged to eat our meals in the sukkah throughout the festival. The sukkah is a temporary dwelling covered with leafy branches and decorated with fruits and vegetables, symbols of the harvest. The sukkah is a reminder of the temporary dwellings our ancestors in ancient Israel used to live in the fields during the harvest. It also reminds us of the booths in which G-d caused the Children of Israel to dwell during their wanderings in the desert after the exodus from slavery in Egypt. Meals throughout Sukkot include generous portions of fruit and vegetables, highlighting the importance of an abundant harvest.

## Shemini Atzeret/Simchat Torah

(Oct. 16-17, 2014)

The days immediately following the end of the festival of Sukkot are the semi-independent holidays Shemini Atzeret and Simchat Torah. Some liberal congregations celebrate both in one day as Atzeret-Simchat Torah. Shemini Atzeret and Simchat Torah formally end the season of the High Holy Days. Simchat Torah is also the day on which we celebrate the renewal of the annual cycle of Torah readings. We read the final verses of Deuteronomy, then immediately recommence the cycle by reading the opening verses of Genesis. We mark the occasion with hakafot, joyous circuits of marching around the synagogue with Torah scrolls, flags and banners.

## Hanukkah

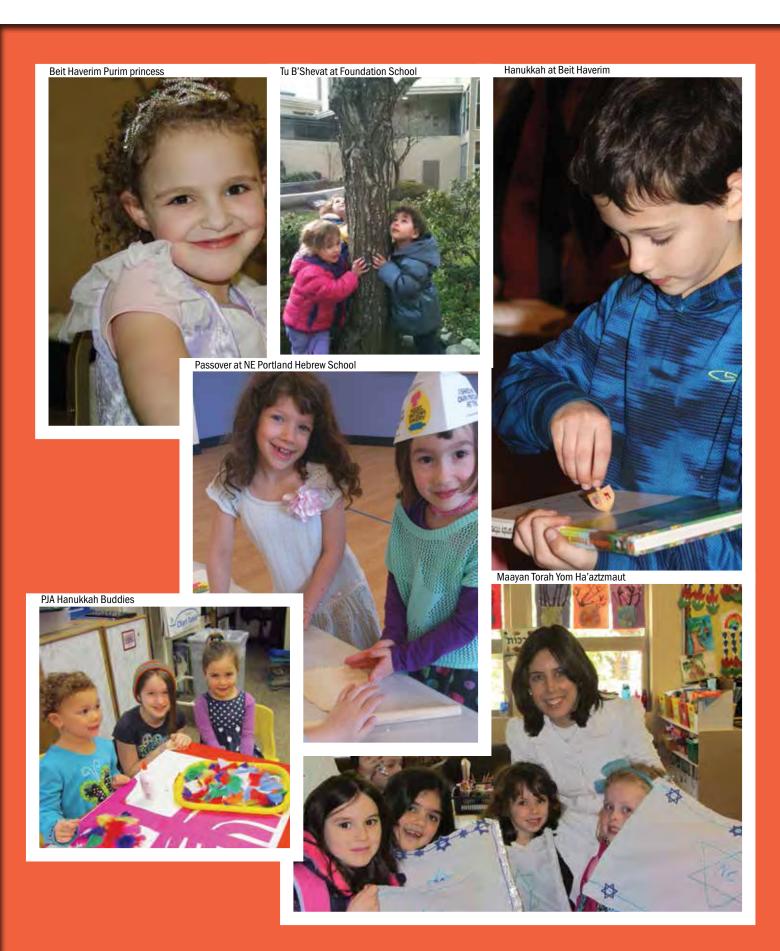
(Dec. 16-24, 2014)

The festival of Hanukkah lasts for eight days, beginning on the 25th of Kislev, which can fall anywhere from late November to late December. The holiday celebrates the victory of the Maccabees, Jewish military leaders who rebelled against the Greek-Syrian King Antiochus, who forbade the practice of Judaism and desecrated the great Temple in Jerusalem. The word "Hanukkah" means "dedication," and the holy day commemorates the rededication of the Temple after the Maccabees' victory. The Talmud tells us that the festival lasts eight days because, when the Maccabees rededicated the Temple, they found only enough holy oil to light the eternal lamp for one day. A miracle was wrought, however, and the oil lasted eight days, long enough for new consecrated oil to be made. Another explanation is that when the Temple was rededicated, the Jews immediately celebrated the festivals of Sukkot and Shemini Atzeret, lasting a total of eight days. They did this because Antiochus had prevented them from observing Sukkot and Shemini Atzeret at the proper time. Foods fried in oil, reminiscent of the legend of the miracle of the oil in the Temple, are served during Hanukkah.

## Tu B'Shevat

(Feb. 4, 2015)

Tu B'Shevat takes its name from its date on the Hebrew calendar, the 15th of Shevat. It is called the "Birthday of Trees," and it celebrates the first beginnings of spring. Tree-planting is a common activity on Tu B'Shevat. A tradition of holding a Tu B'Shevat seder, celebrating different kinds of fruits that grow in Israel, has become popular in recent years.



## Purim

(March 5, 2015)

Purim celebrates the salvation of the Iews in ancient Persia from the wicked Haman, through the leadership of Queen Esther and her cousin Mordecai. Purim takes place on the 14th day of Adar. (In the case of a leap year, it takes place during the extra month of Adar II.)

Costumes are often worn on Purim and gifts of food - mishloach manot are delivered door to door. The story of Purim is found in the Book of Esther, often referred to as "The Megillah." When the name of Haman is read, people stomp their feet, hiss, boo or shake noisemakers called groggers to obliterate his name.

## **Passover**

(April 4-11, 2015)

Passover, also known as Pesach, is the eight-day observance commemorating the freedom and exodus of the Israelites from slavery in Egypt. A time of family gatherings and lavish ritual meals called seders, the story of Passover is retold through the reading of the Haggadah. With its special foods, songs and customs, the seder is the focal point of the Passover celebration.

## Yom Hashoah

(April 15, 2015)

On April 12, 1951, the Knesset passed a resolution proclaiming the 27th of Nissan "the Holocaust and Ghetto Uprising Remembrance Day – a day of perpetual remembrance for the House of Israel."The date was chosen to fall between the outbreak of the Warsaw Ghetto Uprising in 1943 and the observance of Israel Independence Day. In Israel the day is marked by various observances including two minutes of silence signaled by the wailing of sirens on the morning of the observance.

## Yom Hazikaron

(April 22, 2015)

Yom Hazikaron is Israel's day of remembrance for the men and women, boys and girls who have lost their lives due to war or terrorism. It is celebrated on the fourth day of the Jewish month of Iyar. As the sun sets that evening, Israel turns to the celebration of Yom Ha'atzmaut.

## Yom Ha'atzmaut

(April 23, 2015)

Yom Ha'atzmaut is the national independence day of Israel, commemorating the Jewish state's declaration of independence in 1948.

Celebrated annually on 5th of Iyar, it centers around the declaration of the state of Israel by David Ben-Gurion in Tel Aviv on May 14, 1948 (5 Iyar, 5708) and the end of the British Mandate of Palestine.

## Lag B'Omer

(May 7, 2015)

Lag B'Omer is celebrated on the 33rd day of the counting of the Omer, the 18th of Iyar.

According to the Torah, we are obligated to count the days from Passover to Shavuot. This period is known as the Counting of the Omer. An omer is a unit of measure of a sheaf of grain. The counting is intended to remind us of the link between Passover, which commemorates the Exodus, and Shavuot, which commemorates the giving of the Torah. It reminds us that the redemption from slavery was not complete until we received the Torah.

## Yom Yerushalayim

(May 17, 2015)

Yom Yerushalayim (Jerusalem Day) is the fourth of the new holidays added to the Jewish calendar since the establishment of the State of Israel. The day commemorates the re-unification of Jerusalem in 1967, when the Old City came under Israeli control.

## Shavuot

(May 24-25, 2015)

Shavuot occurs on the sixth day of the Hebrew month of Sivan. Shavuot commemorates the anniversary of the day G-d gave the Torah to Moses and the Israelites at Mount Sinai. It is one of the Shalosh Regalim, the three Biblical pilgrimage festivals. It marks the conclusion of the counting of the omer. Traditions on Shavuot include all-night study of the Torah on the first night and hearing the Ten Commandments in synagogue. It's also traditional to eat dairy meals. The thought behind this custom is that the Jewish people had just received the laws of kashrut and had not yet had time to apply them to their animal slaughter.

## Tisha B'Av

(July 26, 2015)

Tisha B'Av is a fast day that commemorates the destruction of the First and Second Temples. It has also became a day of general mourning for other major disasters that have befallen the Jewish people, including the Edict of Expulsion from England in 1290, the expulsion of the Jews from Spain in 1492, and the mass deportation of Jews from the Warsaw Ghetto during World War II.

# 2014 2015

# CALICULE E

# calendar

Shabbat candle-lighting times listed on the calendar are for the Portland area. Since Shabbat candles should be lit before sunset, it is customary to list candle-lighting times 18 minutes prior to sundown on Friday evenings. Check your local sunset or candle-lighting times for areas outside of Portland.

## Blessing when lighting Shabbat candles:

Baruch a-ta A-do-nay Elo-hei-nu me-lech ha-olam a-sher ki-dee-sha-nu bi-mitz-vo-tav vi-tziva-noo li-had-leek ner shel Sha-bbat.

Translation: Blessed are you, Lord our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the Holy Shabbat.

# 5775

## September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
					7:23	
Neveh Shalom 7 education open house Beit Haverim religious	8	9	10	11	12	13
school open house					7:09	
<b>14</b> JFGP Super Sunday	15	16	17	18	19 •	20
					6:56	
21	22		Rosh Hashanah <b>24</b> Erev	Rosh Hashanah 25	Rosh Hashanah 26	27
				TISHREI	6:42	
28	29	30				

## **October**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		A	1	2	Yom Kippur <b>3</b> Erev 6:29	Yom Kippur 4
5_	6	) 7	Sukkot <b>8</b> Erev	Sukkot <b>9</b>	Sukkot <b>10</b>	Sukkot <b>11</b>
Sukkot <b>12</b>	Sukkot 13			Shemini Atzeret <b>16</b> Simchat Torah Erev	Simchat Torah <b>17</b> 6:03	18
19	20	21	22	23	CHESHVAN <b>24</b> 5:52	JFGP Community <b>25</b> Celebration
26	27	28	29	30	<b>31</b> 6:41	

No	November								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat			
					/	1			
2	3	4	5	6	7 4:31	8			
9	10	11	12	JFGP Women's 13 Impact	14 4:23	15			
PJA Open House <b>16</b>	17	18	19	20	21 4:17	22			
KISLEV 23 30	24	25	26	27	<b>28</b> 4:12	29			

December									
day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	1	2	3	4	5	6			
					4:11				
PJA Auction 7	8	9	10	11	12	13			
					4:09				
14	15	Hanukkah <b>16</b>	Hanukkah <b>17</b>	Hanukkah 18	Hanukkah 19	Hanukkah <b>20</b>			
					4:11				
Hanukkah <b>21</b>	Hanukkah <b>22</b>	Hanukkah 23	Hanukkah <b>24</b>	25	26	27			
	TEVET				4:15				
28	29	30	31						

January									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
				1	<b>2</b> 4:21	3			
4	5	6	7	8	9 4:28	10			
11	12	13	14	15	16 4:37	17			
18	19	20	SHEVAT <b>21</b>	22	23 4:46	NCSY "The Q" 24			
25	26	27	28	29	30 4:56	31			

<b>Solary</b>								
ounday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1	2	3	Tu B'Shevat <b>4</b>	5	<b>6</b> 5:06	7		
8	9	10	11	12	<b>13</b> ∳ 5:17 ॑	14		
15	16	17	18	ADAR <b>19</b>	<b>20</b> 5:27	21		
22	23	24	25	26	<b>27</b> 6 5:37	28		

M	March									
Sunday	У	Monday	Tuesday	<b>W</b> ednesday	Thursday	Friday	Saturday			
		1 2	3	4	Purim 5	<b>6</b> 5:47	7			
	8	9	10	11	12	13 6:56	JTC's opening of <i>The</i> <b>14</b> <i>Ministry of Special</i> <i>Cases</i> MJCC Friends of the Center			
Good Deeds Day	15	16	17	18	19	20 7:05	NISSAN <b>21</b>			
	22	23	24	25	26	<b>27</b> 7:14	28			
	29	30	31							

Ap	April								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
			1	2	Passover Erev 3	Passover <b>4</b>			
<sup>Passover</sup> 5	Passover <b>6</b>	Passover <b>7</b>	Passover 8	Passover <b>9</b>	Passover <b>10</b> 7:32	Passover <b>11</b>			
12	13	14	15 Yom HaShoah (Holocaust Remembrance Day)	16		BB Camp <b>18</b> annual gala			
IYAR <b>19</b>	20	21	<b>22</b> Yom Hazikaron (Israel Memorial Day)	<b>23</b> Yom Ha'atzmaut (Israel Independence Day)	<b>24</b> 7:50	25			
26	27	28	29	OJCYF Dinner 30					

Ma	May M / L								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
					1	2			
					7:59				
3	4	5	6	Lag B'Omer <b>7</b>	8	9			
					8:08				
10	11	12	13	<b>14</b> JFCS Caring	15	16			
				Community Luncheon	8:16				
17	18	SIVAN 19	20	21	22	23			
OJMCHE Gala					8:24				
Shavuot <b>24</b>	Shavuot <b>25</b>	26	27	28	29	30			
	31				8:31				

Jui	ne_							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	<b>5</b> 8:37	6		
7	8	9	10	11	12 8:42	13		
14	15	16	TAMMUZ <b>17</b>	18	19 8:45	20		
21	22	23	24	25	<b>26</b> 8:46	27		
28	29	30						

Jul	<b>y_</b>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 8:45	4
5	6	7	8	9	10 8:42	11
12	13	14	15	16	AV <b>17</b>	18
19	20	21	22	23	<b>24</b> 8:30	25
Tish B'Av 26	27	28	29	30	<b>31</b> 8:22	

August /									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
						1			
2	3	4	5	6	<b>7</b> 8:13	8			
9	10	11	12	13	14 8:02	ELUL 15			
16	17	18	19	20	21 7:50	22			
23 30	24 31	25	26	27	28 7:38	29			

• • • • • • • • • • • • • •

September 2015							
S	M	T	W	TH	F	SA	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30				

October 2015							
S	М	T	W	TH	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	<b>2</b> 8	29	30	31	

November 2015							
S	M	T	W	TH	F	SA	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	30					

December 2015						
S	M	T	W	TH	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	22
25	26	27	28	29	30	31







# SCHOOL/EDUCATION PROFILES





**Congregation Beth Israel** 1972 NW Flanders St. www.bethisrael-pdx.org 503-222-2037



Congregation Beth Israel's Religious School creates an environment where students in kindergarten through 12th grade learn to be comfortable being Jewish.

Younger students (K-5th grade) experience Judaism through their senses; music, art, cooking and stories expose them to the richness of Jewish culture. Intermediate students search for answers to life's questions through an exploration of Jewish values and feelings. Older students develop awareness for Judaism's rich history and modern Jewish community. They are encouraged to apply Jewish concepts to social action and personal decision making.

This past year, one bar mitzvah student did that in a very

"In this historic year for marriage equality in Oregon, one of our students gave a speech on the topic, which went viral on YouTube receiving more than 200,000 views," says Education Director Ben Sandler. "The video discussed his belief that people should be able to marry who they love. His speech and the other social justice projects and speeches given by our students truly impacted our community and society, as our students actively engaged in tikkun olam (repairing the world)."

In addition to developing mitzvah projects, b'nei mitzvah students also develop proficiency in Hebrew through CBI's Integrated Hebrew Program. Meeting in addition to regular Religious School Sundays, the Integrated Program teaches students to read Hebrew with accuracy and normal pace and phrasing; to understand and speak basic Hebrew vocabulary and have some basic knowledge of prefixes, suffixes and sentence structure; and to become a fluent participant in the service.

The school also has a strong focus on the arts. Students regularly attend specialty sessions for music, dance, drama and crafts, including art mediums such as ceramics, print making, drawing and collage. Students in grades 2-5 are welcome to join Cantor's Chanters, our children's choir.

"Congregation Beth Israel is not just the beautiful byzantine sanctuary where our mishpacha minyan (family service) takes place every Sunday; Beth Israel is the people," says Ben. "Our dedicated and talented rabbis, cantors, teachers and madrichim make joyful learning and community building top priorities and create a Jewish educational setting that is welcoming, interesting and fun."

**Portland Jewish Academy** 6651 SW Capitol Highway Portland, OR 97219 www.pjaproud.org 503-244-0126

Portland Jewish Academy is a member of RAVSAK, the national consortium of community Jewish day schools. As a community school, PJA serves students from a diverse range of Jewish practice and provides a



strong foundation in both general and Jewish education. Our mission is to ensure an academically excellent environment in which children thrive.

This year 10 PJA students in 4th through 8th grade were recognized in local, state and national arts and literary competitions.

PJA is fully accredited through the Northwest Association of Independent Schools.

"By serving children from 6 weeks through 8th grade, we create a strong community of learners," says PJA Principal Merrill Hendin. "Our early childhood department has increased its focus on Hebrew and Jewish studies, and our preschoolers have classes with our school librarian and enjoy physical education and Israeli dance that supplement our already strong and enriching curriculum."

Being housed at the Mittleman Jewish Community Center enables PJA to partner with a strong Jewish community institution in a beautiful facility.

PJA nurtures and inspires positive Jewish engagement, respect for human and religious differences, and responsibility for the world in which we live. PJA has an inquiry-based, project oriented curriculum, with a full arts and physical education program.

For the past two years, PJA has focused on STEAM – Science, Technology, Engineering, Arts and Mathematics - in all grades. We continue to invest in the latest technology and integrate technology into our already deep and thoughtful curriculum in ways that serve to enhance students' experience

One of PJA's most important initiatives in recent years is in the area of support services. We strive to serve a diverse community of learners in all subject areas. PJA has added faculty and worked with consultants and a committee of lay leadership to continue to meet the needs of our students.

"At PJA our students think for themselves and work for the world," says Merrill. "Students who graduate from PJA are successful in high school and beyond, and are known for their strong writing and critical thinking skills, science knowledge and continued engagement in Jewish life and values."



Beit Haverim's Religious School provides a quality, Jewish religious education/experience from preschool through confirmation thus providing a building block in the spiritual and moral foundation upon which students build fulfilling lives for themselves, practice lifelong Jewish learning, and sustain Jewish traditions in years to come.

"At Beit Haverim we view Judaism as a way of life and encourage families to attend services at Beit Haverim and practice meaningful Jewish traditions at home as a way of holistically educating children in our tradition," says Michelle Bombet Minch, who chairs the congregation's Marketing/PR Committee.

"Our Religious School, with its small class sizes and dedicated teachers, gives our students from both Jewish and interfaith families an excellent Jewish education in a comfortable and enjoyable setting," she adds.

Throughout the school year, Rabbi Alan Berg provides supplemental programs to enrich students' experiences of Jewish life.

The school's mission is to ensure students gain basic knowledge of the Bible stories, the weekly parsha, Jewish music, dance, art and Israel programming. Arts are integrated into the classroom through Israeli dancing, painting, music and more.

Beginning in kindergarten, students explore Jewish values including the concepts of tzedakah and tikkun olam (healing the world). That learning culminates in sixth and seventh grade with participation in tikkun olam projects in the community. Last year the sixth/seventh grade class helped pack Thanksgiving food boxes for families in need.

The sixth/seventh grade class also took a variety of field trips to the Oregon Jewish Museum and a performance of the Fiddler on the Roof.

Our religious school is augmented by our Tot Shabbats held one Saturday morning a month. Led by Rabbi Berg, the funfilled, casual service of songs and stories is followed by snack and a craft. "We bring Shabbat to life for our preschool aged children and their families," says Michelle. "These events give your child a sense of Shabbat in a pleasant environment, as well as a chance for you to celebrate Shabbat with your child and other young families at Beit Haverim."



Congregation Shaarie Torah offers education programs for children, families, teens and adults.

"Shaarie Torah is a tight knit community; we know each and every family by name," says Education and Program Director Dorice Horenstein. "Our love of Israel and the Jewish people energizes and drives many of our programs. We thrive on the joy of being Jewish, through learning the stories from our past and interjecting them with the influences of current events."

Weekday preschool, weekend religious school and Wednesday night school for middle school and high school teens aims to instill Jewish identity in every child and teen, by teaching our rituals and values in accordance with Conservative Judaism.

"Engaging both parents and children, we seek to increase knowledge of our sacred texts, while teaching their relevance in today's world," says Horenstein. "Above all, we strive to foster in each child the ability and desire to live a Jewish life, a commitment to tikkun olam (repair of the world), and a sense of joy in experiencing all that our heritage has to offer."

Torah learning is incorporated into morning and Shabbat services giving members the opportunity to learn and get involved.

Shaarie Torah has received two awards from the Conservative movement this past year. We received the Solomon Schechter Award for our creative High Holy Days Family Service, says Horenstein. The other award was a Maalot grant for an Israel program in conjunction with Nefesh B'Nefesh and the Israel Strategic Partnerships. With this grant, we established a virtual connection with a school in Israel, bringing Israel right into our synagogue classrooms.

This year Shaarie Torah welcomes Rabbi Joshua Rose as the congregation's new rabbi. A Portland native, Rabbi Rose has returned to Portland after serving as the senior rabbi at Har HaShem in Boulder, CO. Rabbi Rose is looking forward to engaging with our teens during the Wednesday night sessions, family education events on Sunday mornings, b'nai mitzvah meetings and holiday celebrations throughout the year.



Congregation Shir Tikvah offers educational programming for Jewish children of all ages. "Our goal as educators is to encourage lifelong learning and engagement with Judaism," says Education Director Katie Schneider. "We believe that parents are the first and best teachers. We're here to support them in whatever way possible."

Shir Tikvah's program for school-aged children (ages 4-13) is called the Nashira Education Project. Their schedule combines 18 Sunday morning classes with congregation-wide celebrations. Classes are held at the Tucker Maxon Oral School on Southeast 28th and Holgate.

At Shir Tikvah, educators are able to tailor the curriculum to meet the needs of individual students. Some highlights from last year were an archaeological "dig," a Noah's Ark construction project and instruction on Israel from a college student just back from the Middle East. Schoolwide artist visits, like last November's presentation by Oregon Book Award winner Barry Deutsch, expose students to the breadth and depth of the Jewish community here in Portland. Parents are encouraged to stick around while their children learn, to have a cup of coffee with friends or sit in on the parent discussion group with Rabbi Ariel Stone.

"We tackle Judaism's big questions in age-appropriate ways," Schneider says, "and do our best to welcome families of all different backgrounds."

Chevra, Shir Tikvah's youth group, offers high school students an opportunity to continue their religious involvement post bar and bat mitzvah. Whether it's attending "Fiddler on the Roof" at Portland Center Stage or working on tzedakah projects, Chevra students engage with Judaism in an active, hands-on way. They also receive support to develop leadership and Torah reading skills.

For the very youngest congregants, Shir Tikvah also offers an informal Jewish playgroup for infants and toddlers. The group meets on the same days as programming for older kids at Tucker Maxon Oral School. Shir Tikvah also will be sponsoring a "Shabbat Storytime" starting in September. These will take place at the synagogue on Irving Street.



Congregation Kol Ami education programs include a K-12 weekly religious school, Hebrew school and adult education all supervised by Rabbi Elizabeth Dunsker and Education Director Lauren Trexler. Age-appropriate social groups heighten the learning and facilitate tikkun olam.

Congregation Kol Ami recently received an honorable mention certificate from the Union for Reform Judaism's Epstein Communicate Awards recognizing the congregation's successful and innovative educational programs.

The Kol Ami Religious School engages students in experiential and creative learning in small classes where students are able to build community with each other and find role models and mentors in their teachers. The kindergarten through 8th grade curriculum centers around the study of Torah, Israel, life cycle events and mitzvot. The high school program, Kol Ami Senior Teens, has a four-year rotating curriculum that covers Israel History & Politics, Jewish Views of Sex, the Holocaust and Study of Jewish Values through Photography. Kol Ami boasts an almost 100% retention rate of students post-b'nei mitzvah.

"At Kol Ami we believe in a personalized approach to learning, creating personal relationships with students and their families," says Lauren. "Our strong emphasis on family education will expand in 5775 as we introduce Yom Mishpacha sessions – days that allow students and parents to learn together. Studying together as a family, among peers, and with other parents increases community and builds a strong Jewish identity."

Students in the Hebrew school not only master Shabbat prayers, but also Torah and haftarah trope and continue participating in services past b'nei mitzvah as Torah chanters and song leaders. They also volunteer as tutors in the Hebrew School after becoming bar or bat mitzvah.

"We are very proud of our school and of our students," adds Lauren. "Our students have found employment opportunities during college as teachers and Hebrew tutors at congregations near their schools. Many of them come back and volunteer in our school when they are home for vacation. We work hard to give them Jewish knowledge and skills as well as instill in them the value of community and their role in the continuity of the Jewish community wherever they find themselves."



Osher Lifelong Learning Institute of the University of Oregon

UO Baker Downtown Center, 975 High St., Eugene, OR 97401

UO Bend Center and The Duck Store, 80 NE Bend River Mall Dr., Bend, OR 97701

osher.uoregon.edu

800-824-2714 (UO Academic Extension)

**541-346-0697** (Eugene-Springfield)

541-728-0685 (Central Oregon)

The Osher Lifelong Learning Institute of the University of Oregon is designed for adults "ages 50 and better." Members shape the programming to expand their views of the world and enrich their lives and communities.

"Members at our Central Oregon site organized an eight-week course on Gettysburg to commemorate the 150th anniversary of the battle," explains OLLI-UO Program Director Ruth Heller. "Five OLLI members with varying backgrounds gave overviews of the battle scene, military strategy, politics and personalities of the generals, weaponry and the role of women in battle."

In Eugene-Springfield, a member of the UO faculty partnered OLLI members with students of the UO Honors College for a seminar in Feminist Science Fiction.

"Our members describe the program well," says Heller.

Those comments include: "The topics, ideas and people keep me thinking and exploring." "It's always a mind expanding experience."

OLLI-UO is an intellectual and social community of engaged adult learners committed to celebrating the joy of learning. Membership is open to all interested adults; a previous affiliation with the University of Oregon is not a requirement of membership.

The OLLI-UO curriculum is diverse, encompassing many areas of focus from current events to the sciences, humanities, and appreciation of the visual and performing arts.



Neveh Shalom is committed to meaningful education at all stages of life.

"At Neveh Shalom, kids grow up loving being Jewish," says Director of Congregational Learning Mel Berwin.

Children ages 2 to 5 attend the Foundation School, which celebrates its 60<sup>th</sup> year this fall. We see our students as extraordinarily capable learners, says Early Childhood Director Leah Conley. We respect them as individuals exploring the world around them. We provide opportunities and challenges that are within their grasp but not beneath their capacity. Through emergent curriculum, students partner with teachers. Children are encouraged to test their theories of the world and develop a love of learning, a strong sense of self-reliance and a solid foundation for critical thinking. Foundation School is grounded in Jewish values. We are committed to nurturing good citizens and providing exceptional early childhood education.

The learning continues for kindergartners through 12<sup>th</sup> graders in the ALIYAH Jewish Learning Program.

"In the warm community of ALIYAH, our students experience Jewish holidays and traditions, gain strong Hebrew language skills, and grow from the many opportunities for meaningful leadership within the congregational community" says Berwin.

"ALIYAH helps kids develop their own 'what, how and why' of Jewish life. Kids growing up in Portland are not saturated with Jewish experience. ALIYAH provides the community and the experiences that allow youth of all ages to understand their culture, their holidays, their language, their history and their values."

Each K-6 grade has its own goals in the area of Hebrew, Tefilah (Prayer) and Yahadut (Jewish building blocks) plus a specific mitzvah or Jewish value to focus on for the year. Sunday classes also include chugim (specialty activities) such as art, music, dance, drama, Jewish super-heroes and other creative topics. Students have many opportunities to "live" their Judaism through leading services, celebrating holidays, putting on a Jewish wedding celebration, cooking or participating in tzedakah projects that support others.

Seventh- to12<sup>th</sup>-graders choose projects such as: Interfaith Project on Hunger; Social Issues from a Jewish perspective; Sacred Space: Designing a 21<sup>st</sup> Century Synagogue; or Voices & Visions: using art and words as commentary on sacred texts.



At The Gan-Portland Jewish Preschool, children thrive in a creative, progressive Jewish environment under the care of exceptionally loving and nurturing staff. In addition to its preschool for children ages 18 months to 5 years, The Gan offers a Mommy & Me program for children from birth to 2 years accompanied by a parent or caregiver.

The Gan is a Reggio-inspired preschool that is certified eco-friendly. With a warm and welcoming atmosphere, the preschool has developed a diverse and community-centered that is joyfully Jewish.

"We believe that children learn best when they are encouraged to explore their environment and express themselves through words, movement, drawing, painting, playing and other natural modes of expression," says Preschool Director Mimi Wilhelm. "We promote an atmosphere in which children can develop collaboration and critical thinking skills that will serve them throughout their lives. At The Gan, we strive to inspire curiosity, creativity and compassion in a joyfully Jewish environment!"

The Gan-Portland Jewish Preschool nurtures development and education through open-ended, investigative opportunities for learning that bolster children's natural curiosity and the joy of discovery. We focus on hands-on, meaningful science experiences such as tending the preschool garden, or observing hatching chicks.

Children bake challah every Friday, celebrate Jewish holidays, and explore Jewish traditions, music and symbols. Weekly, children enjoy special music and stories in Hebrew with Hebrew language instructors. In addition, children enjoy a monthly Friday morning music program in honor of Shabbat with Kim Palumbis.

"This year we raised the funds for the first phase of our natural playground," says Mimi. "Our natural playground includes a hill with slides, boulders, tree stumps, garden boxes and a sand box. A natural playground allows children to stretch their muscles *and* their imagination."

Due to increasing demand, the Gan has added two new preschool classrooms for the 2014-2015 school year.

#### MAIMONIDES JEWISH DAY SCHOOL

Chaya Rivkin,
Judaic Studies Director
Devora Wilhelm,
Principal
Simi Mishulovin, Admissions
6612 SW Capitol Hwy.
Portland, OR 97239
maimonidesjds.org
503-977-7850



At Maimonides Jewish Day School, children in kindergarten through eighth grade thrive at the highest levels of Jewish and general studies. In an atmosphere infused with respect for all, teachers instill knowledge and values to ensure meaningful and intentional lifelong connections to Jewish living.

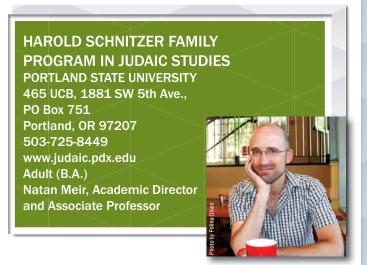
Everything we do at Maimonides is based on the essential question: How does what we do support each child's cognitive, social, emotional, intellectual, physical and spiritual development?

To consistently address this question, MJDS Admissions Director Simi Mishulovim says, "We affirm that each child is a unique, valuable individual created in the image of G-d; therefore all children deserve to be known and respected. We consider differences in learning styles, interests, ideas, strengths and challenges and support them through our lesson plans. Further, we believe students should be active participants in their learning and genuinely invested in developing and discovering knowledge."

Students engage in experiential learning that is authentic, holistic and challenging. Along with core lessons which incorporate reading, writing, math, science, social studies and art standards, the small classroom sizes allow teachers to tailor the curriculum to meet children where they are academically and socially, and to help them meet their highest potential. Additionally, through projects such as our learning garden, designing models of watersheds, or observing the behaviors of a class pet, students learn new concepts, and real-life critical thinking and problem-solving skills.

"We use cutting edge curriculum for Hebrew language and Jewish studies," says Judaic Studies Director Chaya Rivkin. "The Torah is a book of lessons for a meaningful life; every day at school, students learn another lesson that prepares them to be thoughtful and ethical individuals. We incorporate these values throughout the day, in everything we do."

Maimonides recently-expanded campus includes an outside amphitheater to be used in multiple ways, such as an outdoor lunch area and stage for school performances. The expansion is adding more features including a natural playscape, a basketball court and a sports field.



The Harold Schnitzer Family Program in Judaic Studies was established to foster academic achievement, civic engagement, and leadership skills through rigorous and in-depth interdisciplinary study of Jewish history, culture, and civilization. The interaction of our four core faculty members, working in the study of ancient Jewry, modern Jewish history, Israel Studies, and Jewish literature, together with affiliated faculty in Hebrew language, medieval history, and Middle East Studies creates an enriching and stimulating atmosphere. Thanks to the program's intimate learning environment, students benefit from the type of personal attention normally associated with small liberal arts colleges while still having the advantages of a large urban university. Integral to the program's mission is a strong commitment to community engagement, which includes a broad array of programming such as lectures, seminars, and arts events.

The major in Judaic Studies trains students of all backgrounds in the skills and tools associated with the academic study of Judaism and Jewish culture, offering knowledge and understanding of a major world civilization, with important and widely applicable lessons in close reading, canonicity, historical analysis, the complexity of identity, and the dynamics of tradition and modernity. Through exploration of Jewish culture, Jewish contributions to other cultures, and the impact of modernity on national, ethnic, and religious identity, students will have broadened and deepened their education, better preparing them for our interconnected world of diverse cultures and religions.

Our program offers major and minor degrees in Judaic Studies. Students undertaking the B.A. in Judaic Studies can choose from concentrations in Judaism; Jews in Antiquity; Israel Studies; Modern Jewish History; and Literature, Culture, and the Arts.

The University recently approved the major in Judaic Studies, opening the way for the launch of the first undergraduate degree in Judaic Studies in the greater Portland area in fall 2014. Larry and Pam Levy, longtime supporters of the program, established the Levy Program Fund to support innovative academic programming on an annual basis.

Students undertaking the major in Judaic Studies at PSU may be eligible for a number of scholarships which cover a portion or full cost of tuition and fees.

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The act of creating a legacy empowers you to complete the work of your heart and to enjoy the peace that it brings. By leaving a legacy, you can assure that the traditions and institutions that mean so much to you today will exist for future generations. Your legacy gift of any size can be customized and structured to fit your dreams, lifestyle, family, and financial needs. You can provide support for a particular organization or area of interest.

To discuss planning a legacy gift, please contact Laurie Rogoway at 503-245-6472 or laurie@jewishportland.org.

In partnership with Oregon Jewish Community Foundation and the Harold Grinspoon Foundation, Jewish Federation of Greater Portland collaborates with other agencies and synagogues in the **LIFE & LEGACY** program to help promote after-lifetime giving, benefiting our Jewish community.



# There's more than one way o answer the call o September 14

Not a fan of the phone? We hear you. You have many ways to donate during Super Sunday on September 14. It's your call.





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the call" to 51818



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Go old-school and pick up the phone



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