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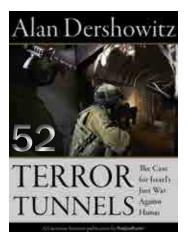
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November 2014/ Cheshvan-Kislev 5775 | Volume 3/Issue 9

J Kids & Teens too

Sukkot Fun	
Summer Camp supplements modern life	20
A family of menschen	22
Socially minded teens can get funding	24
vents	

Features

COVER STORY Natalie Linn knows Native American baskets2	6
UPFRONT Local doctor works to Save Our Veterans1	0
BUSINESS Ins & Outs1	3
CHARITABLE GIVING Legacy giving – a passionate gift1 What price happiness?	6
FOOD Tomatoes grace page and plate4 Hidden Gems: La Panza Cafe4	
ARTS & ENTERTAINMENT Jewish Book Month schedule 5 Working Stiff surprisingly upbeat 5 Terror Tunnels a wakeup call for world 5 Holocaust memoir helps battle deniers 5	0 2
Local and national book roundup5	

Special Section: Seniors

ommunitywide senior calendar debuts	
kob Kryszek honored with Stampfer Award	
raeli researchers unravel secrets of aging brain	
e woman behind Portland's Jewish Book Month	
haring grim past to create better future	40
poond agroar: Austian mayon	42

Columns

Story Soundbites ..

- 46 Chef's Corner by Lisa Glickman 48 NW Nosh by Kerry Politzer
- 57 Soundbites 58 Ask Helen
- Connect
- 59 Happenings: Faces
- 60 Happenings: Previews 62 Happenings: Calendar



57

CORRECTION This photo from the October issue of Audrey and Abigail Minch from the upcoming book Wild at Heart, failed to credit the photographer Melissa Farlow (Olsonfarlow.com). Farlow is the photographer for the book.

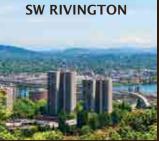
COVER PHOTO

Natalie Linn shows off a "bug tray" woven circa 1919 by Mary Snyder of the Chemehuevi tribe from the Arizona/California region. Photo by Lillian Reid/Ireidphoto@gmail.com

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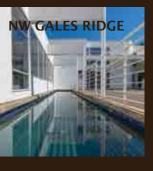
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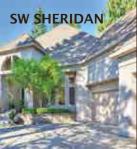
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Editor's Letter



Live life with passion

Passion is a recurring theme in this month's issue. Passion for baskets, tomatoes, veterans and Jewish community.

When I went to Natalie Linn's home to talk to her about Native American baskets, I expected to do a charming little story about her collection. But I found a woman so passionate about this art form that she has become an expert who curates

exhibits, appraises basketry and lectures around the country. Her collection of baskets and plateau bags woven by Native American women in the past two centuries is astounding. So are her tales about individual baskets and the people she met while gaining the expertise for which she has become renowned.

Tomato Rhapsody, a love story between a Catholic olive grower's daughter and a Jewish tomato farmer who brought the tomato to Italian cuisine, inspired this month's Chef's Corner. This month's recipes are inspired by that passion for tomatoes.

A passion to repay the veterans who give so much so we can live the lives we do inspired a local orthopedic surgeon to create a program that he hopes will become a national model. The son of a World War II surgeon, Dr. Richard Edelson and the surgery center where he operates have launched a program that they hope will help "decompress" the overloaded Veteran's Administration hospitals' backlog. Dr. Edelson says the VA provides excellent care, but the ever growing pool of veterans has created long wait lists.

A passion for Jewish life is the theme of this month's section on charitable giving. Members of several families who have signed a Life & Legacy pledge discuss their passion for ensuring a strong Jewish community. Pulling together for the future or those in need now, which you can read about in A Different Difference, ensures a better life and future in our Jewish community. Recipients aren't the only beneficiaries – columnist Amy Hirshberg-Lederman tells us that personal experience and scientific research show we are happier when we help others.

For those who are passionate about Israel, you'll notice Mylan Tanzer, our Oregonian in Israel, doesn't have a column in this month. Don't worry, he was swept up in holidays, travel and life this month, but his column returns next month.

For those who want something in that vein to read, try Alan Dershowitz's *Terror Tunnels*, a book that appeared almost as soon as the latest ceasefire with Gaza was signed. If you are a fan of Mylan's analyses of challenges Israel faces, read our review and then go find the book. It's a fast, insightful read that punctuates the historical context and overview of terrorism with real-time analysis.

We hope this November issue inspires you to find your passion, whether it be something entirely new or a long-held love that's been simmering on the back burner.

Deborah

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SAVE OURVETERANS

Dr. Richard Edelson launches free surgery program that he hopes will be a national model

By Deborah Moon The son of surgeon and World War II veteran Zanly Edelson, z"l, Dr. Richard Edelson grew up with a strong respect for the veterans who sacrifice so much to allow Americans to thrive.

Zanly Edelson was a general surgeon on a military base in England and was injured in a glider crash during the invasion of Holland. After the war, Dr. Zanly Edelson returned to Portland and he and his wife, Barbara "Bunny" Edelson, joined Congregation Beth Israel, where Richard attended religious school and became a bar mitzvah.

"He didn't talk about it (wartime) much, but I've read an incredible amount and have tremendous respect for all the veterans and that entire generation," says Dr. Richard Edelson.

Now the sports medicine physician and board-certified orthopedic surgeon has founded a program that uses his expertise to repay veterans who continue to sacrifice for their country.

The Oregon Outpatient Surgery Center, where he is on the medical staff, has launched a program for veterans in need of surgery. Under this new program, dubbed Save Our Veterans: Surgery Center Assistance for Veterans, the OOSC will donate one day a quarter to provide outpatient surgical care for local veterans who meet basic qualifications.



All follow-up care, including physical therapy, and necessary supplies are supplied for free by the OOSC's staff and vendors.

"Veterans get high-quality care there (Veteran's Administration medical centers)," says Dr. Edelson. "It's a problem of access and volume, not quality." He adds that in the late 1980s when he was in his training, the VA was already struggling to meet the medical needs of veterans in a timely manner. With the number of veterans rising dramatically in the past decade, Dr. Edelson says the Dr. Richard Edelson with Justin Thomas on the day of his free surgery in the Save Our Veterans program. Thomas injured his knee serving in Afghanistan with the Oregon Army National Guard.

Justin Thomas does his free rehab as part of the SOV program.

system is being stressed even further. He wants to help alleviate that stress.

A press release announcing the program noted that according to 2011 statistics from the VA, it had already treated 396,552 Iraq and Afghanistan war vets for musculoskeletal complaints. In fact, joint pain (pain in the neck, back, hips and knees from carrying heavy packs and jumping in and out of high vehicles all day) is the main medical complaint of 30.5% of all

returning warriors, making them strong candidates for the types of surgeries that high-quality outpatient surgery centers offer.

"It is in our expertise," Dr. Edelson explains. "We have the professional expertise and the facility expertise with outpatient surgery. We can provide extremely high-quality care.

"In the short term, we can help local vets on the wait list with their needs. We feel compelled morally and ethically to help," he says. "We can serve as a model for government and private partnerships to allow the system to be decompressed. ... For now we will do our part as charity to help individuals."

In the long term Dr. Edelson hopes the model he has created will provide the opportunity for surgery centers to help



The Edelson family from left: Brooke, Lauren, Rich, Jill and Brendan.

the VA to "decompress by offloading (some cases) to private centers."

"We would like to provide a model and inspiration of other like-minded surgery centers to do their part and solve the backlog for more veterans," he adds.

OOSC Executive Director Jesseye Arrambide, who volunteers to administer SOV, says that several surgical centers around the country have contacted her for information and advice on setting up similar programs.

Dr. Edelson is the chief medical officer and head team physician for the Portland Timbers professional soccer team and orthopedic consultant for the Portland Thorn; he also provides orthopedic support for Nike and area high schools.

Asked if he sees a similarity between veterans' injuries and sports injuries, Dr. Edelson says, "Military service is a contact sport. They are exposed to significant physical harm whether in training or wartime."

The concept for treatment is also the same: "We try and get someone back to whatever level of activity they had been at and would like to be at again."

Working with local veterans groups, the OOSC seeks eligible veterans who need surgeries that can be performed in an outpatient surgical center. "Our priorities will be vets who were injured as a consequence of military duty, and especially those on waiting lists, but others will be considered," says Dr. Edelson.

To date, three veterans have participated in SOV.

Evan Johnson, 32, from Tigard, fought in Iraq in 2004 as an infantryman. He was the first recipient. Johnson was on a long wait list to receive ankle surgery at the VA. His wife saw news coverage on the Save Our Veterans program and called the surgery center. "It's hard to believe that this is all for free. I'm very happy to be part of the program," he says.

Robert Gustafson, 63, is a Beaverton resident and Vietnam vet who served in 1971-72. He received complimentary surgery and aftercare to repair damaged tendons in three of four tendons in his right shoulder rotator cuff injured in a fall about a year ago.

"The surgery program is terrific. Veterans need more resources. If the Veterans Administration is overwhelmed, it's great that there are other places stepping up and helping out. I was thrilled to have the surgery and the top-notch quality of care provided," he says. His wife, Stephanie, calls the surgery through Save Our Veterans "a blessing."

closet





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Salem resident Justin Thomas, 34, is in the Oregon Army National Guard and served in Afghanistan. In July he had an anterior cruciate ligament (ACL) repair on his knee.

Thomas's original injury to his knee occurred when he was serving in Afghanistan in 2002-2003:

"We were on a mission in Afghanistan, and I was running and stepped between two boulders where a helicopter landed and dislocated my kneecap, which led to other issues," he explains. "I had problems ever since. Had surgery for my kneecap in 2005, but it didn't take. Then I tore the ACL skiing in 2010. And that surgery didn't take."

"I'm in physical therapy now for 1 to 1.5 hours twice a week. After just three weeks, the knee was more stable. Recovery is not a short process. It could take six months to a year for total recovery. I'm just very grateful for the program and Dr. Edelson. ... I heard that Dr. Edelson is one of the best surgeons in the area."

There's plenty of evidence to back that up. The Oregon Ambulatory Surgery Association has named him Medical Leader of the Year twice - in 2010 and 2014. He was recently selected as a candidate for MEDPAC (the Medicare Payment Advisory Commission), an independent Congressional agency established to advise Congress on issues affecting the Medicare program. MEDPAC is also tasked with analyzing access to care, quality of care and other issues affecting Medicare.

The phrase Dr. Edelson feels best sums up the motivation for the program is this: "We ask a lot of those who serve, and we should serve those we have asked."

Besides, Dr. Edelson says, "It's very satisfying to be able to help somebody."

Dr. Edelson and his wife, Jill, the daughter of Leonard, z"l, and Lois Schnitzer both grew up at Congregation Beth Israel. But since Jill was a few years younger, they didn't meet until a blind date his last year of medical school.

He calls the program "a natural extension of the cultural and religious nature of our background."

He adds that he hopes they have passed on those ethical precepts to their three children: Lauren, 22; Brooke, 20, and Brendan, 17, all of whom served on the Oregon Jewish Community Youth Foundation (Brandon is in his last year on the board).

"Over the years, I have seen Lauren, Brooke and Brendan all participate with enthusiasm, knowledge and commitment as young Jewish leaders in OJCYF," says OJCF Executive Director and OJCYF Advisor Julie Diamond. "They are forthright in expressing their opinions on fundraising, community nonprofits and grant-making."

So it seems like the Edelsons have indeed succeeded in teaching their children the value of philanthropy and giving back. 🖗

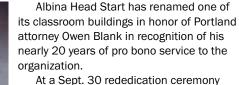
Save Our Veterans

For more information or eligibility information, visit

savingourveterans.org or contact Oregon Outpatient Surgery Center Executive Director Jesseye Arrambide at 503-207-5369 or jarrambide@oosconline.com.



Head Start names building for Tonkon Torp lawyer Owen Blank



and open house attended by dozens of friends, family and AHS supporters, the former Normandale building at 909 NE 52nd Ave. was officially renamed the Owen D. Blank Center. The center houses both

Head Start and Early Head Start programs.

"Owen is one of the most caring human beings I have ever had the good fortune to meet," says AHS Executive Director Ronnie Herndon. "He is truly a friend for thousands of low-income children and families that have few champions."

Blank's most recent work for AHS involved leading a team of Tonkon Torp lawyers who provided counsel to the AHS board and executives, real estate transaction work on five Head Start properties and other expertise that enabled AHS to take advantage of federal New Market Tax Credits to substantially retire burdensome debt and establish a significant financial reserve to cover operating expenses and program expansion.

"This is a totally unexpected and incredible gesture, which I am absolutely honored to accept," said Blank, who handles business, commercial, real estate and corporate matters as a partner at Tonkon Torp. Blank is a member of Congregation Beth Israel. tonkon.com

Alon Shalev to lead region's AJWS



American Jewish World Service has hired Alon Shalev as the executive director of the San Francisco Bay Area, Northern California, the Pacific Northwest and Colorado. AJWS is an international Jewish organization that promotes human rights and works to end poverty in the developing world. As executive director, Shalev will help Jews in the region advance global human rights

work through community education, fundraising and advocacy to influence U.S. policy. Shalev will broaden and deepen AJWS's presence in the West by leading fundraising campaigns and mobilizing supporters to take action.

Shalev joins AJWS after nine years as executive director of the San Francisco Hillel Jewish Student Center. ajws.org



Lesley Sacks launches private practice to serve older adults



photo by Krisiey Salsa Apple of My Eye Photography

Lesley Sacks, LCSW, has launched her private practice specializing in older adults and their families. A Portland native, Lesley obtained her master's of social work from Portland State University in 2005 and her B.A. from Willamette University in 2001. She worked for the past 10 years at Cedar Sinai Park in roles including CSP adult day services director, social services director/admissions coordinator and administrator for the Robison Jewish Health Center.

Her new practice will offer two services for older adults and their families - counseling and care coordination. Counseling services

provide a therapeutic outlet for the issues and concerns that frequently arise with this population.

Care coordination includes assistance with placement; navigation through the medical/long-term care system for older adults; referrals for caregivers, agencies or other ancillary services; and more. lesleysacks.com |lesley@lesleysacks.com | 503-307-9012

MJCC/PJA hire Steve Albert as CEO



Steven Albert has been hired as the new executive director and chief executive officer of the Mittleman Jewish Community Center and Portland Jewish Academy effective Nov. 1. The search committee conducted a nationwide search for an executive director for the two organizations that share the Schnitzer Family Campus in Southwest Portland. Steve has considerable training and

experience in education and nonprofit management. Originally from Boston, Steve earned his B.S. in physics from Haverford College and his Ed.M. from Harvard University. He completed his M.S. in physics at Portland State University during a sabbatical that he spent in Portland in 2001-2002. During that year, he volunteered in the Portland Public Schools and was a member of Congregation Beth Israel.

Steve has taught students from kindergarten through adults in a wide variety of formal and informal educational settings, and he has many years of high school coaching experience. He has held teaching and administrative roles at Hartwick College, Harvard University and The Hotchkiss School. During his 17 years at Hotchkiss. Steve taught Sunday school in his synagogue. Most recently, he was head of school at Sandia Preparatory School in Albuquerque, NM.

"In his first few months, Steve plans to meet as many of you as possible, and the board intends to facilitate this process with a number of special events," wrote PJA and MJCC Co-Presidents Bob Philip and Barry Benson. "His goal is to develop a shared vision for the future of PJA and MJCC - one with which we can grow and thrive. The board is excited to partner with Steve and is committed to supporting his work."

Steve is excited about his return to Portland. He will be joined by his wife, Janie Goldenberg, and their 2-year-old golden retriever/ yellow Lab mix, Lola. Their blended family includes five children -Jason, Drew, Brent, Helen and Mitch - who range in age from 14 to 26 and who live and work/attend school in five cities in four states. oregonjcc.org | pjaproud.org

Charitable *Giving* Legacy giving reveals donors' passions and dedication to community



By Julie Diamond and Gail Mandel

It is difficult to make financial and estate plan decisions, accepting your own mortality. Yet, it can also be empowering. By making thoughtful and informed estate plans, you can express your deepest Jewish values, those of community tzedakah and tikkun olam.

Leaving a legacy gift can help make the world a better place for future generations. Planned giving can be complicated or simple, but regardless of the method you choose, after-lifetime gifts are truly gifts from the heart that are rewarding to make, knowing that you are helping ensure Jewish tomorrows for the organizations you hold dear.

The Life & Legacy/Create a Jewish Legacy Oregon program, launched last fall by the Oregon Jewish Community Foundation in partnership with the Harold Grinspoon Foundation, focuses attention on the importance of legacy gifts to help ensure a strong future for Oregon and SW Washington's Jewish communities. The program already has made a difference. Donors throughout the region have declared their intent to make legacy gifts to help ensure Jewish tomorrows for our community. To date, more than 70 individuals or couples have decided to sign a declaration of intent. These promises, the vast majority of which name several Jewish organizations as beneficiaries, translate into an estimated \$8.25 million to benefit our Jewish organizations in the future.



"The Jewish community has been an integral part of our lives, touching us in so many positive ways. Now, it's our turn to give back," say Steve and Elaine Kantor. "Through a legacy gift, we are privileged to be able to return the favor through supporting the Jewish communities in Oregon and Southwest Washington. In doing so, we honor the values of our parents and grandparents, and preserve their legacy for generations to come."

One of the long-term goals of the Life & Legacy program is to change the cultural fabric of our community so legacy giving will become the norm.

"The Oregon Jewish Community Foundation has allowed us, individually and as a family, to grow as leaders and volunteers and to support our Jewish and secular philanthropic endeavors," says OJCF's Board President Sharon Morell. "We are honored to be included as Life & Legacy participants and to help foster a strong Oregon Jewish community for many generations to come."

The Life & Legacy program is a donor-driven community effort.

According to Arlene Schiff, national director of the Life & Legacy program, "One of the hallmarks of Harold Grinspoon's philanthropic strategy is to inspire other donors."

Participating organizations' Legacy Teams around the country are composed of volunteers, the majority of whom are legacy donors themselves. These dedicated and inspired individuals are out in the community, engaging their peers in conversations about the importance of legacy giving.

"We are very pleased to be part of the Life & Legacy program," say Bob and Lesley Glasgow. "We have been

THE LIFE & LEGACY/CREATE A JEWISH LEGACY OREGON PARTICIPATING ORGANIZATIONS:

Cedar Sinai Park | Congregation Beth Israel | Congregation Neveh Shalom | Congregation Shaarie Torah | Jewish Family & Child Service | Jewish Federation of Greater Portland | Mittleman Jewish Community Center | Oregon Jewish Museum and Center for Holocaust Education | Portland Jewish Academy | Temple Beth Israel, Eugene



We are all responsible for the continued vitality of the Jewish organizations important to us. Leaving a legacy gift will ensure that the things you value are sustained for future generations. What will your legacy be?



To create your Jewish legacy contact: Julie Diamond, Executive Director The Oregon Jewish Community Foundation julied@ojcf.org • 503.248.9328 • www.ojcf.org





personally involved with and benefitted from many local Jewish agencies over our entire lives, including Cedar Sinai Park, Mittleman Jewish Community Center, Oregon Jewish Museum and Center for Holocaust Education, Oregon Area Jewish Committee, Jewish Family & Child Service, B'nai B'rith Camp and OJCF. Because these agencies do such important work, we want to help ensure that they will be able to continue for future generations."

Making a legacy gift through a bequest in your will provides the opportunity to reflect upon what organizations have been important to you throughout your lifetime.

"The organizations and causes that are important to my husband Jonathan and myself may change as we move through life, raising our children," says Sarah Kahn Glass. "However, legacy planning allows you to take a snapshot of your life at a given time. I may add charitable gifts to my estate plan later in life, but today's planning will allow me to reflect on what is important to my family and my community at this moment."

Legacy gifts can be used to educate our children, care for the elderly, feed the hungry, strengthen Jewish identity, preserve our culture and heritage, support your synagogue or provide support for Israel. One thing is guaranteed: whatever their form, legacy gifts make a difference in the lives of future generations and are

Steve and Elaine Kantor

profoundly rewarding for today's donors. 🦻

What Price Happiness?

By Amy Hirshberg Lederman

When I was growing up, money meant AUTHORITY. Dad made the money, so he also made the decisions. Our family lived by the Golden Rule as in: He who has the gold, rules.

We were told at an early age that it wasn't "polite" to talk about money, but it sure seemed to be the subtext of most conversations. And back when dessert was a Good Humor bar that cost a nickel, I knew that my family was definitely happier when we had more money, not less.

It's easy to make the leap from ice cream treats to world views, so I grew up thinking that money could make you happy. Money is an all-powerful force - influencing everything from global politics to interpersonal relationships. Our American culture is deeply consumer oriented, and for many, self-worth and identity are derived from what we earn, own, wear, buy and drive rather than from what we think and feel, or what we give to and care about.

Money is both a means and an end - to material goods as well as to emotions and feelings such as peace of mind, pleasure, happiness and satisfaction. Scientific research suggests that there is definitely a correlation between money and happiness, but only up to a certain point. Having money gives us a sense of emotional well-being, because when we have enough to provide for our basic needs, we feel more secure and satisfied. Having what we need frees us up to make choices, to experience pleasure and leisure, and to use our time in ways not just related to survival.

But when material worth is the primary measure by which we assess our own value, we will rarely, if ever, be happy.

The issue of being unhappy with what we have and always wanting more has been around since the beginning of time. Over 2,000 years ago, the rabbis dealt with this problem when they gave us this bit of wisdom: "Who is rich? One who is happy with his lot."

So, how do we become happy with our lot?

Research suggests that when we spend money on meaningful experiences and on people we love rather than on tangible things and possessions, we tend to feel good about ourselves and the money we have.

And charitable giving, to people and organizations that we care about, also has a direct effect on our happiness. The emotional reward that we feel when we are able to make a difference, even a small one, often surpasses the temporary joy of buying something new. This is supported by readings from MRIs, which indicate that giving money to charities actually stimulates brain activity in the regions of the brain where we experience feelings of pleasure and reward.

As Jews we are guided by the Torah, which gives us the blueprint for Jewish living. One of the key values in the Torah is tzedakah – using our money and resources to help those in need. The Jewish win-win is the mitzvah of giving - of our time, talents, resources and money. Not only does it make us happier, it improves the lives of others.

The beauty of the concept of tzedakah is in its absolute equality. No matter how much or how little we possess, each one of us has the potential to consciously become a better person, and a happier person, when we use the money we have to make our world a better place. 9

> Amy Hirshberg Lederman is an author, Jewish educator, public speaker and attorney. Her first book, To Life: Jewish Reflections on Everyday Living, goes into its second printing this fall. Visit her website at amyhirshberglederman.com





Thanks, Oregon! For four decades, your generous support of The Oregon Community Foundation has benefited thousands of people in your own communities. Thank you also to the 1,622 volunteers whose hard work and dedication made it happen. We look forward to the next 40 years of helping you create charitable funds that directly support your region. For more information, call us at 503.227.6846 or visit www.oregoncf.org.







Actress Marlee Matlin with Ed Tonkin, left, and JFGP CEO Marc Blattner, right.

(Following is an excerpt from the Oct. 3 Marc's Remarks, the weekly e-letter of Jewish Federation of Greater Portland's President and CEO Marc Blattner. To receive the weekly e-letters in your inbox, email rachel@jewishportland.org.)

By Marc Blattner

The Jewish Federation of Greater Portland is in the midst of our 100 Days of Impact. On Oct. 1, Academy Award-winning actress Marlee Matlin spoke to 130 of our leading donors and provided an inspiring message about overcoming challenges and living generously. The people in attendance have committed \$725,000 to Campaign 2015. Every gift increased by 10% or more, and every new gift to our campaign will be matched dollar for dollar.

Marlee Matlin was fantastic! She talked about her challenges growing up deaf. Many felt she could not do what "normal" kids could do. As one would expect ... she persevered. She shared her personal joy about having a bat mitzvah (yes, she is Jewish) and learning and chanting her haftarah. She talked about becoming an actress and at the age of 21 becoming the youngest recipient of the Best Actress Oscar ("Children of a Lesser God") and one of only four actresses to receive the honor for her film debut.

However, the excitement of winning quickly was soured by a film critic who said she basically won the "pity vote." That critic also said a deaf actor had no future in Hollywood. Apparently, he was wrong as she continues to have success in film and TV, including her current groundbreaking television show, "Switched at Birth."

Marlee talked about overcoming barriers. "Differently abled people deserve both respect and to be heard. They deserve every opportunity to do what everyone else does."

This reminded me of a story from B'nai B'rith Camp about a special 9-year-old boy with Down syndrome. Gavin M. wanted to go to summer camp, but he was rejected by a summer program that could not accommodate his needs. His mother, Lynne, was used to fighting for him, but with money scarce and expenses high, it looked like Gavin would have to sit this summer out.

No way! Resources were made available so Gavin was able to attend camp, which not only accommodated him, but welcomed him with open arms.

"Far from treating my son like any sort of a burden, the BB Camp staff all behaved as if we were doing them a great honor by giving them the opportunity to share camp with my son," says Lynne. "They assured me, as one voice, that people with differences have something unique to contribute to the community. They were eager to see what Gavin would contribute and how they could help him do that."

The staff and volunteers went out of their way to create an inclusive environment for Gavin. And to help the nonverbal boy communicate with others, a volunteer created handmade picture symbols to represent his camp experience, including Hebrew words. Long after camp was over, those symbols helped Gavin talk about his camp memories and his favorite summer activities.

"It is far too common to look at children with special needs as a burden, not cost-effective and too much trouble, and then to provide services to the absolute minimum the law demands, and only when pressed," says Gavin's mother.

The Jewish Federation and BB Camp see Gavin as so much more than that. It takes faith to see a child with special needs as a gift. And Gavin is truly a gift.

Marlee concluded her remarks by stating, "Every one of us is different in some way, but for those of us who are more different, we have to put more effort into convincing the less different that we can do the same things they can, just differently." Let's give everyone the opportunity!

This is the impact our Annual Campaign makes on individuals in our community with your philanthropic support. Help us make an even greater impact. Live generously! Make your gift today (jewishportland.org).

As we embark on a new year, let me express my appreciation to you all for being part of an active and dynamic Jewish community. Our Jewish community can indeed share a vision of Am Echad - One People. I am honored to help lead the Jewish Federation in its mission of caring for and nurturing Jews wherever they may live. Together, we make the difference. \mathfrak{P}



Sukkot at The Gan Max Epstein with dad, Mark Epstein, and Shoshana Zellinger shake the lulav at The Gan-Portland Jewish Preschool.



A child friendly resource for parents



MJCC Sukkah sraelis Nimrod Shuall and son Joav help build the MJCC sukkah.

Summer Camp: The social supplement for modern society

By Peg Smith and Andy Pritikin

What an amazing world we live in, with more information and connections at our fingertips than we could ever imagine. This brave new world has come with a price, though, as we've gradually replaced human interaction with technological interaction. We have many young people who are not fully equipped for college, the workforce or adult life. While the United States has the highest percentage of graduating seniors choosing to attend colleges or universities, we also have the highest percentage of first-year collegians who drop out. The Partnership for 21st Century Skills, a nonprofit comprising top corporations and forward-thinking educators, has done research showing a big gap in our education system between the "3 Rs" and what employers are truly looking for in their new hires.

Every parent wants what is best for his or her children, though. And the antidote to many of the issues created by modern society might be found right down the road – at camp. Brain-Based Learning Camp is an excellent place for children's developing brains. The character traits that parents wish for in their kids - independence, confidence, friendship-building, resilience, character, grit - are real outcomes for kids who have quality camp experiences. These traits come from the middle prefrontal cortex, which gives us the ability to do important things like regulate our body and emotions, have insight into ourselves and others, feel empathy, communicate in an attuned way, bounce back after failure, adapt to new situations, make thoughtful choices and overcome fear. That's a pretty good list of what's needed for a successful life with good emotional and mental health, meaningful relationships and the conscientiousness to make an impact on the world (Bryson, T.P., 2014. "Bunks are good for brains: The neuroscience of sleepaway camp," Camping Magazine, American Camp Association).

The brain grows and strengthens when it is used. So, when kids have camp experiences that require them to take risks, be flexible, handle their emotions (especially away from their parents), be persistent to master something, build relationships and so on, it strengthens this important part of the brain for life. At camp, kids usually feel safe and secure, and the setting is so fun that kids are willing to work harder and tolerate more frustration and setbacks because they're having such a good time doing it. This builds character and helps them for the rest of their lives. Nature and the Out-of-Doors Experience Today's youth suffer from an alarmingly limited access to, or interest in, the natural world. We can look at the 18% obesity rate of children and realize physical activity and access to the outdoors have been drastically altered.

Activity has also been modified by the number of hours young people spend in front of screens -an average of seven and a half hours a day. Sadly, our time spent out of doors has decreased by 50% in the last two decades, and the benefits of nature and the outdoors go well beyond physical well-being. Direct experience in nature is important to a child's intellectual, emotional, social, spiritual and physical development (Kellert, S., 2005. Building for Life: Designing and Understanding the Human-Nature Connection. Island Press, Washington, D.C.).

Most traditional summer camps are based outside and require that children explore, enjoy and resiliently persevere in the elements. At Liberty Lake, when parents ask, "What do you do when it rains?" I answer first that we call it "liquid sunshine," and that often we'll actually sing, dance and jump in puddles in the rain. It's good old-fashioned fun, which kids thoroughly enjoy.

Play This four-letter word is not a bad one, yet modern society has severely marginalized play. We have unfortunately witnessed a 25% decline in play in our lifetime. Play is part of a normal developmental process. Children (and adults) who are not allowed or encouraged to play have less energy, less interest and less enthusiasm about life. And we're not talking about playing video games in the basement against friends sitting in their basements. We're talking about hand-to-hand, face-to-face, old school, getting dirty, scraping your knee, hurting your feelings, real stuff that helped shape us into the adults we are today.

Play at camp is a critical stage of learning. It is a learning process that is experiential and active. Play allows young people to practice "how" to survive and thrive in a community. It teaches young people "how" to learn, gaining the skills of persistence, grit, participation, failure, encouragement and perseverance. There's a Place I Know ... Activities that strengthen the brain, being outside in nature and physically "playing" with others are things that took place naturally in our neighborhoods for centuries, but in today's modern society, one of the best environments for all this is at summer camp. In the past few decades, many parents have focused their responsibilities on building their children's resumes, over-programming and not letting them just be kids in the way kids have been for centuries. From what I've seen recently, though, the pendulum is slowly swinging back. Parents don't want their adult children living with them. They want their kids away from screens and out of the air conditioning, as they recall the challenges of their own childhoods with newfound reverence and now seek for the same for their children.

We all know where kids go to receive "academic" equipment for life, but there is a special place each summer where they can go to receive critical social and emotional-readiness equipment - a place where they can intern for life. It's called summer camp.

Distributed by the American Camp Association, Inc. © 2014. Peg Smith is the chief executive officer of the American Camp Association. Andy Pritikin is the owner/director/founder of Liberty Lake Day Camp, in Columbus, NJ, and the incoming president of the American Camp Association, New York and New Jersey.

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PJA Open House Sunday, November 16 1:00 - 3:00 pm 6651 SW Capitol Hwy. Portland







ATT AND SEPT AND



A Family of Menschen: Get respect, responsibility and resilience into your home to stay

By Deborah Gilboa, M.D., aka "Doctor G"

"What a mensch!" When said about a boy or a girl, this compliment is guaranteed to make us feel like great parents. We all know what it means, but what does it really mean? An honorable and decent person (according to YiddishDictionaryOnline and my grandma z"l). Who doesn't want a few of those at home?

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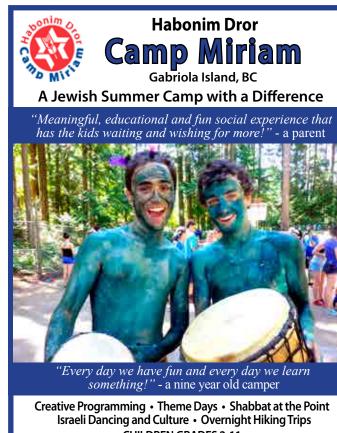
UNION / REFORM JUDAISM

Of course, even mensches can *lose it* at home. This is actually quite a compliment from your child to you. What?! Seriously!? Yes. Kids who know they are loved, who trust their families, show them their true feelings.

It's a tough call. We want our kids' behavior to be excellent when we're not around. Good behavior at a friend's house, on a field trip or in public is proof that some of what we're teaching is getting through. Except, we should treat our family even better than we treat strangers, not worse.

Respect, responsibility and resilience are even more important at home than away. Of the millions of times your children are going to want something in the next 10 to 20 years, who are they most often going to be asking? You!

Respond to the behavion you admine. Our kids are used to the squeaky wheel getting the grease.



CHILDREN GRADES 2-11 campmiriam.org • camp.miriam@gmail.com Ph: (604) 266-2825

How do we see these "3 R's" at home?

- · A spontaneous word of praise or thanks
- · An unsolicited offer to get a snack for a family member
- when you're getting one for yourself
- · Holding a door
- · Grabbing a package
- · Asking how someone's day was
- · Offering to help solve a problem.

All of these are important skills as adults and make home a happier place to be. And raising mensches at home isn't just for you. Practicing these behaviors at home makes them more likely to show up out in the world.

So, how do we get these traits to show up for dinner?

Modeling these behaviors is the fastest way to get your 2- to 7-year-olds to try them also. Try it on your partner or other adults in the house and on your kids; it can only make your relationship even better.









outdoor

Adventure

Friendships

of a Lifetim

creative Arts

- With older kids, the developmentally normal self-absorption has kicked in, and you have to be a little more obvious.
- Respond to the behavior you admire. Our kids are used to the squeaky wheel getting the grease. Surprise them by doing more for the person who shows the respect, responsibility or resilience you admire most in that moment.
- Catch them doing good. When you see any example of great manners, jump on it and praise it to the heavens. Even teens who roll their eyes at a goody-goody younger sibling will still want in on a little of that parental admiration. Just remember to apply the teen BS detector – you have to catch them actually being nice. If you make something up to have something to praise them for, you will lose the point. And don't be afraid to make your expectations clear.

When this feels like one battle too many, consider two facts.

- 1. Hopefully you have a bunch of years left to live with these people.
- 2. We should treat the people we spend the most time with best of all.

The better a roommate you teach your child to be now, the less likely that he or she will boomerang back as a middle-aged adult needing to live at home again!

Doctor G's Get the Behavior You Want... Without Being the Parent You Hate! - Dr. G's Guide to Effective Parenting, was released in September through Demos Health Publishing, LLC. askdoctorg.com

Socially minded teens eligible for \$36.000 Tikkun Olam Awards

The Helen Diller Family Foundation is accepting nominations for the 2015 Diller Teen Tikkun Olam Awards. The program recognizes as many as 15 Jewish teens annually with awards of \$36,000 each for exceptional leadership and impact in volunteer projects that make the world a better place. As many as five teens from California and 10 from other communities across the United States will be acknowledged for their philanthropic efforts. Anyone interested in nominating a teen, or any teen who is interested in self-nominating, should visit dillerteenawards.org to begin the nomination process. The deadline for nominations is Dec. 14.

Bay Area philanthropist Helen Diller created the Diller Teen Tikkun Olam Awards in 2007 as a way to recognize the next generation of socially committed leaders whose dedication to volunteerism exemplifies the spirit of tikkun olam, a central Jewish precept meaning to repair the world. The Diller Teen Tikkun Olam Awards have since granted a total of nearly \$2 million to 55 Jewish teens from across the nation.

These awards are an opportunity for educators, civic leaders and mentors to nominate and acknowledge young Jewish teens whose thoughtful approach to making a difference is creating meaningful change - whether locally, nationally or globally. Projects with deep impact on a few individuals can be recognized

alongside projects with broad impact, as can be seen at the awards program website.

Past recipients of the Diller Teen Tikkun Olam Awards have made their mark through projects that champion a wide range of causes. They include building soccer fields and water wells to bring people together in war-torn regions of the world, donating textbooks and school supplies to financially strapped schools in California and around the globe, collecting and distributing shoes to homeless children so they can participate in life outside their shelters, raising awareness and changing attitudes about bullying and autism through peer-to-peer programs, and creating a vital community garden with myriad benefits for the community. Awardees have also been recognized by some of the world's foremost institutions and leaders, including the United Nations Foundation, the White House and President Clinton.

"The foundation believes in the importance of shining a spotlight on exemplary Jewish teens to build future generations of strong Jewish leaders," says Helen Diller, president of the sponsoring foundation. "It is our hope that the awards will not only validate the social efforts of a generation of Jewish teens but empower them to continue on their philanthropic journeys to repair the world."

The Jewish Federations of North America and their network of 153 Jewish federations across North America continue to partner with the Helen Diller Family Foundation to inspire and encourage Jewish teen volunteer service nationwide.

dillerteenawards.org | dillerteenawards@sfjcf.org | 415-512-6432



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Indoor Playground with Chai Baby & PJ Library 10 am-noon every first Thursday at the MJCC. 503-245-6449 or caron@jewishportland.org Nov. 8

Havdalah in Pajama with Rabbi Posen, 5:30 pm at Congreaton Neveh Shalom. 503-293-7307 or leahc@foundationschoolpdx.org Nov. 13

PJA & PJ Library Present: PJ Library Author Aubrey Davis 9 am at the MJCC. Come hear author Aubrey Davis tell stories and share about his writing process. 503-245-6449 or caron@jewishportland.org

Nov. 16

Portland Jewish Academy Open House. PJA's Open House for Early Child Care, Preschool, Kindergarten-Eighth grade. 1-3 pm at PJA, 6651 SW Capitol Hwy. 503-244-0126

PJ Library's Annual Books and Bagels featuring The Adventures of Hershel of Ostropol, 11:30 am at the MJCC. Presented by MJCC, PJA and PJLibrary, it includes bagels and crafts, followed by Jewish Theatre Collaborative performance of Hershel of Ostropol, adapted from the folktales retold by Portland treasure, Eric A Kimmel! \$5 child 3+, \$10 adult, \$20 family. Pay at the door or register: jewishportland.org

Residential Camp Fair: Get info from a variety of Jewish residential camps. 2:30 pm in the MJCC Lobby. Oregonjcc.org **REPEATING EVENTS:**

Tot Shabbat: First Saturday 11 am at Congregation Beth Israel. 503-222-1069

Tot Shabbat: First and third Saturday 10:15 am Congregation Neveh Shalom. 503-246-8831

Foundation Fridays: A Shabbat Celebration: First, second and third Fridays at 9 am at Congregation Neveh Shalom. lconley@nevehshalom.org

Kids Shabbat Time: Second Saturday 10:30 am at Congregation Kesser Israel. 503-381-7344 or ysfgold@gmail.com

Mommy and Me with a Jewish Twist in NE: 10-11 am every Thursday through Dec. 11 at Oregon Children's Theatre, 1939 NE Sandy Blvd., Portland. mushkawilhelm@gmail.com

BBYO, 7 pm Tuesdays. Pluralistic teen movement meets weekly during the school year at the MJCC, 6651 SW Capitol Hwy., Portland. bbyo.org or 503-244-0111

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Latte and Learn, 7-8 pm Thursdays at Multnomah Starbucks, 7737 SW Capitol Hwy., Portland. NCSY brings Judaism to local coffee shops and serves up Torah in a relaxed and fun setting each week. Doovie Jacoby, doovie@ncsy.org or 503-504-1301



OREGON JEWISH LIFE | NOVEMBER 2014 25

A tisket, a tasket,



Plateau bags made by Native American weavers decorate one wall of Natalie Linn's home. Linn holds a catalogue she wrote for an exhibit of plateau bags that features one of the bags. Photo by Deborah Moon





Linn-Tucker Indian Baskets: 503-292-1711 | natfaylinn@aol.com | natalielinnindianbaskets.com

IVES^a lifelong passion

By Deborah Moon

Natalie Linn's journey to becoming a national expert on Native American basketry began with the purchase of a \$5 "Indian basket," which turned out to be a fake.

Nowadays Natalie is a frequent appraiser on "Antiques Roadshow" and has appeared on "History Detectives." She has lectured on Native American art at museums and universities across the country and/or helped develop exhibits of Native American baskets or plateau bags at the Portland Art Museum, Panhandle Plains Historical Society Museum, Johnson County C.C. Gallery of Art, DePauw University, Stanford University, several Oregon universities, the National Cowboy Hall of Fame and many others. She's also appraised or consulted for other art museums and auction houses including The Cleveland Art Museum, New Orleans Art Museum, Seattle Art Museum, Bonham/ Butterfields, Sotheby's and Christies.

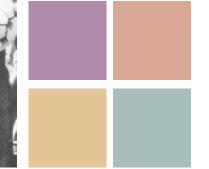
But how did she gain such a reputation after her first failed purchase?

Natalie was a fourth- and fifth-grade teacher in California when she returned to her hometown of Portland for a wedding and met Dr. Merritt Linn. She moved to Oregon in 1965 where Rabbi Yonah Geller, z"l, married the couple (who divorced 26 years later, though Natalie reports they

are still good friends).



Lucy Telles, left, won a prize with this basket at the 1926 Indian Field Days at Yosemite National Park. California Gov. Friend William Richardson, right, presented the awards. The basket is now part of Natalie Linn's private collection in Portland. Photo courtesy of U.S. Dept. of Interior/National Parks Service.



When they bought what was supposed to be their transitional home (Natalie still lives there), Natalie thought it had a very cold feel and wanted to decorate it with warm colors. Remembering the warmth of the Native American art she first encountered teaching a fifth-grade social studies class on California history, she decided to buy an "Indian basket" at a local antique shop. It only cost \$5, but when she learned it was not tribal art, she returned it.

"I swore I'd never be taken again," says Natalie. "I started reading, studying and going to auctions and asking questions. I started collecting and meeting people."

About 38 years ago, she set up a show in Eugene and sold a few baskets. She also gave a "cradling basket" to a pregnant Native American woman at the show. "She was so impressed she told her friends." Natalie met more Native Americans around that time when she was tutoring adults seeking to further their education. "My first student was a Native American woman," whom she talked to about baskets.

She also decided to return to college and took classes at Portland State University and Reed College, from which she earned a master of liberal studies-art history in 1990 with her thesis: "The Artistry of American Indian Basketry."

She calls her appearances as an appraiser on "Antiques Roadshow" "quite an honor … you don't refuse 'Antiques Roadshow' – it's the highest honor for an appraiser." After earning her master's she taught a fine arts senior seminar at PSU. She focused on Native American basketry as an example of botanical sculpture. She also has lectured at Reed on the art of basketry, which she says is amazing since no Native American language has a word for art – they simply decorated the items they created for everyday use.

She makes that point in an appearance on "History Detectives" (see page 31). It's just one of the many stories of discovery Natalie can share.

She calls her appearances as an appraiser on "Antiques Roadshow" "quite an honor ... you don't refuse 'Antiques Roadshow' – it's the highest honor for an appraiser."

At a recent filming of the show, for an episode slated to air in early 2015, Natalie says she brought a lot of joy to one woman. The woman brought in a basket she had purchased for about \$150. "The basket was from the Yokut tribe in California. It's worth over \$26,500; before (the economic crash in) 2008 it would have been \$65,000."

"She was shocked when I told her," says Natalie with a smile. Other stories pop up walking through Natalie's SW Portland home, which has baskets or plateau bags in every room. When evaluating a basket's worth, Natalie says she looks at form, design, condition and tribe. Since weavers seldom signed or marked their baskets, those that do have a maker's mark from a few well-known weavers are especially prized. Natalie owns a few such baskets and even has a photo of the weaver with her 1920s-era basket that is now in Natalie's collection.



Natalie Linn lights Hanukkah candles last year on Thanksgivukkah with her grandchildren, Walter Linn, left, and Casey and Jane Coleman, right.

Natalie also buys and sells baskets and organizes shows with her business partner, Elaine Tucker. Elaine joined Natalie's business in 1990. Elaine holds a bachelor's degree in education from Washington University in St. Louis. For six years, Elaine produced and managed the Chicago Indian Art Show and Lecture Series in conjunction with the Mitchell Indian Art Museum. She also managed and produced the St. Louis Gateway antique Indian Art Show and Lectures Series. Linn-Tucker Indian Baskets exhibit at three national antique shows throughout the year: San Rafael, CA, in February; Santa Fe, NM, in August; and Seattle in October.

The initial market for Native American baskets and bags arose during the 1870s to 1930 when people started traveling west, explains Natalie. "Whites took a real fancy to Indian baskets and would buy them at railroad stops from Indian ladies. It was chic to wear a basket purse ... it showed they could afford to travel west."

This early national awareness of Native American basketry is due in part to the efforts of a Jewish couple, says Natalie. One weaver who gained early fame was Dat So La Lee, a member of the Washoe tribe who originally worked as a domestic for Abe and Amy Cohn in Carson City, NV. Recognizing the exquisite weaving she did, in the 1880s Abe began to sell her baskets, and included a certificate of origin with each, at his family's Cohn's Emporium; he also promoted her baskets at the 1893 World's Fair in Chicago. In 1897 one of her baskets sold for \$1,200, "when a man's salary was \$5 a week," says Natalie.

A dealer in Arizona once called Natalie to appraise one of Dat So La Lee's baskets. After appraising the basket for \$150,000, she says she and Merritt considered mortgaging their home to buy it, but decided against it. "P.S., the basket we were offered for about \$150,000 sold a few years later for over \$1 million," Natalie says.

The Cohns have become known as the first patrons of Native American art. Natalie is another link in that Jewish chain of promoting the work of women who often worked anonymously.

"I don't take fees for lecturing," Natalie says. "I do it to get the word out about these amazing women who weave these magnificent pieces."





Natalie has ties to three Portland congregations as well as many Jewish charitable groups. She grew up at Temple Beth Israel, where she was confirmed by Rabbi Julius Nodell. Her father is buried in the cemetery of Shaarie Torah, whose rabbi later officiated at her wedding. She belonged to Congregation Neveh Shalom while her two children were young, and she taught religious grade school and high school at both Beth Israel and Neveh Shalom.

"I was on the first JWF (Jewish Welfare Fund) women's committee with Renee Holzman. I was also in City of Hope and Brandeis women's committee," says Natalie, adding she helped fundraise for many other groups. "I was co-chair with Toinette Menashe of a Russian resettlement lunch. And I'm in the longest-running book club in Portland (46 years) with 12 other Jewish women."

Natalie Linn lectures "to get the word out about these amazing women who weave these magnificent pieces."





Now when she's not busy with baskets, Natalie enjoys spending time with her two adult children and three grandchildren. Her son, Keith Linn, is a forensic psychologist whose son, Walter, is 5. Keith's wife, Lisa Ludwig, is an attorney in Portland.

Daughter Jodi Coleman is a therapist for Clackamas County Crisis. She and her husband, Ken Coleman, have 6-year-old twin daughters Casey and Jane Coleman.

Natalie says one of her favorite speaking engagements was when her granddaughters asked her to tell their kindergarten class about Native American baskets.

"They were so excited. It was very cute and I got a big kick out of it," says Natalie, who adds the girls love the baskets.

Who knows, maybe Casey and Jane will be the next Jewish link in promoting this Native American art form. \square

Natalie Linn on History Detectives

Natalie Linn appeared on "History Detectives," Episode 809, Story 2: Modoc Basket, to help solve this case:

"Our contributor believes she has a basket woven by a woman who played a pivotal role in the Indian Wars that helped define the settlement of the West.

The weaver worked the name 'Toby' into the pattern of the basket. Could this be Toby Riddle, the woman who thrust her body into the line of fire to save the life of a peace negotiator?"

The episode is still available online at pbs.org/opb/ historydetectives/investigation/modoc-basket/.

In the episode, History Detective Wes Cowan asks Natalie Linn if she thinks the basket is from the Modoc tribe.

Natalie replies, "Well, I think it is definitely a Modoc basket. And we know that because of the materials that were used."

Wes adds, "Natalie explains the traditional material for Modoc basketry was tule, a type of reed that grows along the rivers and marshes of Northern California. Now...what do you think of the age of that basket?"

Natalie replies, "I think 1890s to 1910, maybe at the latest. And by the way, a few years makes a lot of difference. There's a certain patina that is added. The reeds here have had a chance to fade. And we don't get as vibrant a basket."

When Wes tells her the name Toby is woven into the basket and asks if it could refer to Toby Riddle, Natalie tells him "It is very rare to have the name of a weaver on the basket. If they were very proud of their work, oftentimes they would use a maker's mark. And a maker's mark was usually a couple of stitches that do not belong to the original design. It was never a signature per se." She later adds she cannot say for sure if the basket was indeed woven by Toby Riddle.

Regarding the use of such baskets, she says, "The baskets were used for cooking. For gathering. For storing. Even though basketry was originally made for utility, everything was embellished. And it's funny, because there is no name for art in any Native American language. But baskets became the vanity point for certain wonderful weavers that incorporate, what we know as art, into their production."



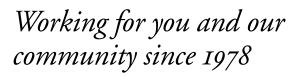
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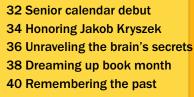


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INSIDE



43 Second career: Auctions

PORTLAND COMMUNITYWIDE SENIOR CALENDAR DEBUTS IN NOVEMBER



for lunch and a monthly speaker. The group looks forward to expanded opportunities for Young at Heart seniors.

By Liz Rabiner Lippoff

Estelle Wexler remembers a time when there were many activities for seniors.

"The Greenwood Inn in Beaverton used to have a seniors Shabbat luncheon; that's how I met everybody I knew when I moved here 25 years ago. The JCC also had a lot of programs that were good for seniors. We used to go there for an early Shabbat dinner and then head off to our individual shuls for services. But they're (the programs) not around anymore."

Helen Bernstein agrees. She has worked with many seniors, both as the

former executive director of Store to Door and, before that, as the director of senior adult programming at the 92nd Street Y in Manhattan.

"I have strong feelings about this," she says. "I am part of a group of retired Jewish women friends who are often looking for interesting things to do. The Rose Schnitzer Manor does have some great activities. But we need more good, affordable programming in places that have public transportation as well as excellent parking."

Estelle is involved at Neveh Shalom, and she does enjoy the new monthly Culture Café lunch at Cedar Sinai Park. It costs \$5, is open to everybody and

"WHAT HAVE YOU GOT FOR SENIORS?"

SHE ASKED.

features speakers she says are terrific. But it's not enough.

"How do we get the senior activities back up?" she wonders.

Estelle is one of several Neveh Shalom members who have been urging Neveh Shalom Program Director Jennifer Greenberg to do something about it. The synagogue used to host the "lunch bunch" gatherings that have become the Culture Café. Its success spurred Jennifer to think about where else she could send her lunch bunch members.

So she called Laura Fendel, the new program director at the Mittleman Jewish Community Center. While there is clearly a need for more programming, the truth is many synagogues and organizations do have activities that they publicize to their members. Wouldn't it be fabulous, mused Jennifer and Laura, if (a) activities were open to members and non-members alike and (b) people in the community-at-large actually knew about them?

And so was born the idea for "Everything YAH: Everything for the Young At Heart," a monthly program guide to Jewish community activities "for boomers +," with the tagline "Doors Open" to emphasize that every activity is open to anybody.

Then Jennifer and Laura hit the phones. They quickly found that other organizations also recognize the need for cultural, educational and recreational activities to be widely available. The response has been gratifying.

These are the organizations involved so far: Cedar Sinai Park; Congregations Beth Israel, Neveh Shalom and Shaarie Torah; Havurah Shalom; GrapeVine; Jewish Family & Child Service; Jewish Federation of Greater Portland; Melton; MJCC; and the Oregon Jewish Museum and Center for Holocaust Education. The women are still reaching out to others, and the first edition of the program guide is due out early in November.

"Please stress the 'doors open' part," urges Laura. "Too often people don't go to something because they feel they don't belong. Everyone should feel comfortable and welcome going to a variety of places for their programming and events, even when they aren't members."

Liz Rabiner Lippoff is a freelance writer and a medical marketing consultant. Liz. ink: LizInk.biz.

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JAKOB KRYSZEK TO RECEIVE 2014 RABBI JOSHUA STAMPFER COMMUNITY ENRICHMENT AWARD DEC. 11

By Jenn Director Knudsen

Nonagenarian Jakob (Jake) Kryszek will become the 15th recipient of the Rabbi Joshua Stampfer Community Enrichment Award Dec. 11. The dinner event is not a fundraiser.

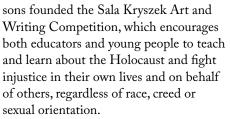
Kryszek says he didn't expect to receive this honor, but will accept it very happily because "I was so deeply moved that my part in the Jewish community in Portland was considered to be a reflection of the care that we have always had in our community from our beloved Rabbi Stampfer."

"We are a blessed community to have a leader like Rabbi Stampfer. He has always shown us by his example a way of life that builds a community that prospers because of its self-respect and respect for the other, as well. Through the 15 years of the award's history, many good people have been honored, and now it is for me. But it is really a night in which we all honor Rabbi Stampfer, who has led us to look for good deeds and service to the community because it was his way, and it made this wonderful community the way that it became."

The celebratory evening annually attracts hundreds of Portlanders from within and without the Jewish community, and this year will include a number of Kryszek's loved ones from out of state. Congregation Shaarie Torah's new leader, Rabbi Joshua Rose, will lead the invocation and ha'motzi, and Lisa Kaner, a lawyer and long-time friend of Kryszek, is the evening's emcee. The kosher dinner will be provided by Century Catering. Invitations go out in early November.

An entrepreneur, Kryszek purchased as a family business and continues - now in his 96th year of life – to run Columbia Knit, Inc., which produces warm knitwear. He is perhaps best known, as a survivor of five concentration camps who continues tirelessly to educate others about Holocaust horrors and support efforts for its remembrance.

For example, in memory of his first wife, Sala, also a survivor, Kryszek and his



Kryszek also was part of a delegation of local survivors who returned to Poland to collect soil and ash to be interred at the Oregon Holocaust Memorial in Washington Park. "This trip was made at great emotional expense to each of the survivors," says Kaner.

Fellow survivor Miriam Greenstein adds, "No matter what we're doing or where we are, Jake bursts into song. Many of them are Yiddish songs of yesteryears and memories of Polish origin."

Kryzsek often shares his story:

"I have a deep commitment to the teaching of the Holocaust. It is my lifework. In the Lodz (Poland) ghetto in 1939, I heard if I volunteered to work, my family would get more food rations. I signed up and was immediately sent to Germany to help build the Autobahn. I never saw my family again. A Nazi foreman – big, tough, strong, mean – oversaw our work. After a time, once he returned from his meals, he sometimes brought back some leftovers, perhaps a half sandwich, and hid it. With a gesture to me, I understood it was for me. Perhaps he did the same for others. I had no way of knowing - one would not dare mention such a thing. In those terrible times, here was a man with compassion, feeling and courage. There were others like him ... gentiles who at personal risk and for no financial or religious reasons chose to save the Jewish people. There were people like this, even among the Nazis. There are always opportunities to do good things.

The Jews have a long history of being attacked. We say 'never again' about the Holocaust, but that is not enough. We have

RABBI JOSHUA STAMPFER COMMUNITY ENRICHMENT AWARD WHEN: Dec. 11

WHERE: Congregation Neveh Shalom, 2900 SW Peaceful Lane, Portland TICKETS: \$60 from nevenshalom.org/our-community/community-enrichment-award QUESTIONS: Event chair Jenn Director Knudsen, jdknudsen@yahoo.com or 503-807-5816.



to continue to educate every generation about the Holocaust and also about the rich history of Jewish culture and life."

Dr. Merritt Linn founded the Stampfer Community Enrichment Award in1999. With a few members of the Portland Jewish community he created a nonfundraising event to honor pillars of the community, either Jewish or non-Jewish.

This pillar must fill big shoes: the founding committee named the tribute after Rabbi Emeritus Joshua Stampfer, whose values, love of the Jewish community, ideals of tzedakah and tikkun olam, lifelong learning and more always would be an example to others. Indeed, as was fitting, Rabbi Stampfer was the award's first recipient.

Other honorees have been Hershal Tanzer (z"l), Jerry and Helen Stern, Milt Carl, Henry Blauer (z"l), Shirley Tanzer (z"1), Alan and Eve Rosenfeld, Irwin and Renee Holzman, Madeline Nelson and family, the Zidell family, Ruben and Elizabeth Menashe, Priscilla Kostiner, Arden and Lois Shenker, and Jim Winkler.

The event also features outstanding vouth recognized for their impressive scholarship, philanthropy and love of the Jewish community. Sylvia Frankel created the youth award in 2006. The high school recipients will be announced later in the fall.

Since the award's inception, outside venues have hosted the event. Beginning this year, Rabbi Stampfer's synagogue of more than 40 years, Congregation Neveh Shalom, will host the evening in perpetuity.







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ISRAELI RESEARCHERS UNRAVEL SECRETS ABOUT THE AGING BRAIN

By Ilene Schneider

SENIORS



Life expectancy has increased to more than 80 years in many parts of the world, according to professor Alon Friedman, a neurophysiologist and neurosurgeon. Friedman is chairman of the Zlotowski Center for Neuroscience, a center of excellence at Ben-Gurion University of the Negev in Beersheva, Israel. Many neurological disorders increase with age, and Friedman and his team are trying to understand the mechanisms behind them.

Friedman predicts an 85% increase in the cost to treat Alzheimer's disease by 2030, describing it as a huge cost and a global problem for which there is no cure. While it is important to try to find a way to treat the disease in its early stages and prevent further damage, there are currently no biomarkers, no proper animal models, no in-depth understanding of damaged mechanisms and no preventive treatments.

"Perhaps research and science are going the wrong way," he says. "If you study football by looking at the fans in the stadium, you won't understand football. You have to understand the interactions – player to player or player to crowd."

Along with their research on the effects of Alzheimer's, Friedman and his colleagues have studied a disease with similar symptoms. Chronic traumatic encephalopathy is a form of encephalopathy that is a progressive degenerative disease, which currently can be definitively diagnosed only postmortem, in individuals with a history of multiple concussions and other forms of head injury.

Ten million people are affected by traumatic brain injury. Even if a football player who suffered one or more concussions has not played for 30 years, he could be a candidate for CTE. "If the damage doesn't repair itself quickly, it could be permanent," Friedman says. "If we can diagnose the condition or the potential for the condition early enough, we can tell people not to play football or to protect themselves when they do. Some of us are more sensitive because of genetics."

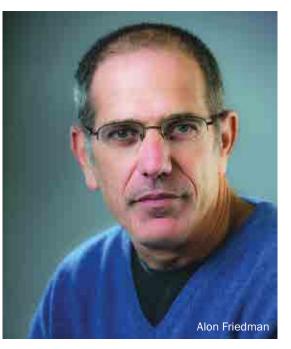
ALZHEIMER'S FACTS

From the Alzheimer's Association (alz.org)

Alzheimer's is the most common form of dementia, a general term for memory loss and other intellectual abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 60 to 80% of dementia cases.

Alzheimer's is not a normal part of aging, although the greatest known risk factor is increasing age, and the majority of people with Alzheimer's are 65 and older. But Alzheimer's is not just a disease of old age. Up to 5% of people with the disease have early onset Alzheimer's (also known as younger onset), which often appears when someone is in their 40s or 50s.

Alzheimer's worsens over time. Alzheimer's is a progressive disease, where dementia symptoms gradually worsen over a number of years. In its early stages, memory loss is mild, but with late-stage Alzheimer's, individuals lose the ability to carry on a conversation and respond to their environment. Alzheimer's is the sixth-leading cause of death in the United States.



Similarly, in the case of ischemic stroke, a blood clot stops the flow of blood to an area of the brain. If not treated immediately, there can be permanent damage. "Two people with exactly the same symptoms can have very different outcomes," Friedman says.

For instance, Friedman and his colleagues performed MRI scans on the brain of former Israeli Prime Minister Ariel Sharon, who was incapacitated by a brain hemorrhage about eight years ago. They proved that Sharon could hear, but not that he understood what was happening around him.

Brain injury caused by a blow to the head, stroke or infection can lead to epilepsy, according to research conducted by Friedman's team and others. Ten to 20% of all cases of epilepsy result from severe head trauma, and epilepsy affects 50 million people worldwide, according to Friedman.

The key to all of these injuries and diseases, Friedman explains, is the bloodbrain barrier, which is composed of a network of vessels that forms a structural and chemical barrier between the brain and systemic circulation, keeping certain substances from entering the brain. Limited permeability protects the brain from exposure to molecules that are harmless to peripheral organs but toxic to neurons in the brain. It is influenced by neurons, the extracellular matrix and non-neuronal cells that function as a neurovascular unit to regulate permeability and maintain the integrity and function of the central nervous system. The tightly regulated, structural and functional barrier controls the environment within the brain and spinal cord by limiting the free passage of certain molecules into the central nervous system.

The blood-brain barrier can be breached after trauma, which results in degenerative brain disease. When certain chemicals get into the brain, they make it behave differently, resulting in neurodegeneration and faster aging, Friedman explains. Researchers have learned that blood-brain barrier functions are often impaired in common neurological disorders including stroke, traumatic injuries, intracerebral hemorrhage, tumors, epilepsy and neurodegenerative disorders.

Recently, a team of researchers from Ben-Gurion University of the Negev, the University of California, Berkeley, and Charité-University Medicine in Germany reported that a hypertension drug already on the market prevents a majority of cases of post-traumatic epilepsy in rats. Friedman hopes the drug eventually will work on humans to reduce inflammation and repair the blood-brain barrier after traumatic injury.

"Once we block the leakage, we hope we can block the damage," he concludes. P

Lesley Sacks, LCSW Counseling and Care Coordination for Older Adults and their Families



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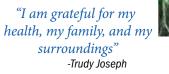
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MARGE CONGRESS, THE WOMAN BEHIND PORTLAND'S JEWISH BOOK MONTH

By Polina Olsen



It was Marge's idea. She had always enjoyed the huge Jewish Book Month in Florida, where she'd previously lived, but didn't see anything like it in

Portland. We needed one, too, she decided and got going turning Jewish Book Month's One Book, One Community into an annual event. This November is its fourth year.

Of course, Marge Congress, a relative newcomer to Portland, would be a tour de force in any community. The retired librarian and former rebbetzin divides her time among chairing Jewish Book Month, handling book donations for the Tualatin Library, ushering at Portland Center Stage, attending the front desk at Legacy Meridian Park hospital, singing in Congregation Beth Israel's choir and volunteering at her granddaughter's school library. She also brings her latest craft project to the Mittleman Jewish Community Center knitting group she founded. (It meets at 1 pm Tuesdays near the café. All are invited.)

Marge comes from a family of innovators. Her great-grandfather, Simon Blattner, served as shamash for Isaac Meyer Wise, the founder of North



JEWISH BOOK MONTH



Tree of life to those who hold fat to it, and all who cling to it find happiness.

American Reform Judaism. Originally from Lima, OH, Marge has been active in the Jewish community since childhood. Nobody was surprised when she married a rabbi and Talmudic scholar. She spent most of her adult life in California, briefly lived in Florida and joined her daughter in Portland eight years ago.

The book club committee she pulled together includes representatives from area synagogues and Jewish organizations. "We meet seven months a year," Marge says. "We start in February with seven or eight titles and get down to three or

four, which everyone reads." After settling on a book, committee members organize and publicize separate or joint events. They end up with about 10 programs over a threeweek-period each November.

The first year's selection was *By Water, By Fire* by Mitchell James Kaplan, a novel about conversos during the Spanish Inquisition. Programs for the second year's choice, *My Father's Paradise: A Son's Search for His Family's Past* by Ariel Sabar, included Skyping in the author at Congregation Beth Israel and hosting a discussion with the author's father at Congregation Neveh Shalom. The 2013 selection, *Nemesis* by Philip Roth, caused some controversy because of the author's reputation. Events around this novel about the

"WE MEET SEVEN MONTHS A YEAR," MARGE SAYS. "WE START IN FEBRUARY WITH SEVEN OR EIGHT TITLES AND GET DOWN TO THREE OR FOUR, WHICH EVERYONE READS."

1940s' polio epidemic included a presentation by a Roth scholar at the PSU's Department of Jewish Studies, a discussion on the meaning of suffering hosted by the Florence Melton School of Adult Jewish Learning and a performance around *A Pigeon and a Boy* by Meir Shalev at the Jewish Theater Collaborative.

This year the committee chose *In the Courtyard of the Kabbalist* by Ruchama King Feuerman, a novel about the unlikely friendship between a New York Jewish intellectual and a working-class Jerusalem Arab. "The exciting part is we're having the author come and speak thanks to a grant from the Jewish Federation of Greater Portland," Marge says. Among the many citywide events (see page 50 for a complete list), Congregation Kesser Israel will host a tea and discussion on women's roles in Judaism, and Congregations Beit Haverim and Shir Tikvah have teamed up to present a talk on the Kabbalah by Rabbi Ariel Stone, followed by a book discussion.

"Annie Bloom's bookstore is working with us to be sure In the Courtyard of the Kabbalist is on the shelf," Marge says. "We'll have it for sale at every event. I want this to be a citywide program that everyone recognizes. The goal is for people to read these books."



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AIGNERS SHARE GRIM HISTORY TO CREATE A BETTER FUTURE



By Sura Rubenstein

Leslie and Eva Aigner understand the power of history. And they believe that sharing stories from the past, no matter how horrible, can help create a better future.

"We tell our story so that people can change their thinking," Eva says. "If you don't know what caused the Holocaust, it could repeat itself."

The Aigners, both survivors of the Shoah, have become ambassadors for the importance of understanding history, and of accepting and embracing all people.

"Our involvement," they say, "gives us purpose."

As part of the speakers' bureau of the Oregon Holocaust Resource Center, now incorporated into the Oregon Jewish Museum and Center for Holocaust Education, the Aigners have told their story to countless numbers of schoolchildren, college students and adults over recent decades – and will continue to do so as long as they are able.

This month, on the 76th anniversary of Kristallnacht, a twoday Nazi-sanctioned riot against Jews in Germany and Austria, they again will be speaking in a special program at the Tigard Public Library.

"It is important," says Leslie, "to end hate, prejudice and discrimination."



Leslie Aigner's story begins in the town of Nove-Zamky, Czechoslovakia, where he was born 85 years ago as Ladislaw Aigner into a large extended Jewish family. The town soon became part of Hungary, and, after anti-Jewish laws made it difficult for his father, Gyula, to find work, the family moved to the Hungarian capital, Budapest.

Leslie apprenticed in a machine shop, since Jews

Leslie, then known as Laszlo, with his sister Elizabeth in Budapest, before deportation. The film had been left with a Budapest camera store, whose owner saved the prints in case the Aigners returned. Photo courtesy of Leslie Aigner were barred from higher education. Gyula Aigner was sent to a forced labor camp, and soon Elizabeth, the older of Leslie's two sisters, was sent to a factory as a slave laborer. She escaped and survived the war working as a maid for a gentile family.

In July 1944 Leslie, his mother, Anne, and sister, Marika, then about 9, were deported to Auschwitz, part of the more than 400,000 Hungarian Jews sent to Auschwitz in the largest mass deportation during the Holocaust.

Leslie remembers riding in a crowded cattle car, windows covered with barbed wire, for three days. When they reached Auschwitz, Aigner was directed to one line, his mother and sister to another. That was the last time he saw them.

His memory of that moment is inscribed at the Oregon Holocaust Memorial in an uncredited quote: "As I looked back, my mother turned her face to avoid mine, and my little sister gave me a frail and knowing wave."

Aigner worked in the Auschwitz kitchen for three months, then was sent to three other camps. By war's end, he had contracted typhus and was sent in the "Death Train" to Dachau, where American troops liberated the camp April 29, 1945.

"It was," says Aigner, who weighed a skeletal 75 pounds, "the most glorious day of my life."



Ibolya (left) and Eva Spiegel in Budapest. The girls were lined up to be shot when their mother was able to rescue them by bribing a guard. Photo courtesy of Eva Aigner

Eva Spiegel was born in 1937 in Kosice, Czechoslovakia, and later – like her future husband – moved to Budapest as her family sought work. Her father, a hatmaker by trade, couldn't get a work license because he was Jewish. By 1943, he was sent to a forced labor camp, where he died.

Her mother, Gizella, worried about her two daughters in the Budapest ghetto, managed to escape from a cattle car transport to a concentration camp, then hid by day and walked by night to find them.

When she returned to the ghetto, Eva, then 7, and her sister, Ibolya, 15, weren't there. Eva remembers: "It was a horrible, cold night in 1944, December." Jews were marched to the banks of the Danube, ordered to take off their shoes, valuable in wartime, then shot in groups of 50 or more and pushed into the river – avoiding the need for burial.

Her mother came to the river, heard Ibolya's cries, bribed a guard with her wedding and engagement rings and rescued her daughters. They spent the remainder of the war, until Budapest was liberated by the Soviet Army on Jan. 18, 1945, in the ghetto.

Eva, touring the current exhibit commemorating the 10th Anniversary of the Oregon Holocaust Memorial at OJMCHE, paused at a photo of the Budapest Memorial – a collection of iron shoes on the banks of the Danube, recalling the 20,000 Jews killed on the spot.

"This hit me in the chest," she said of seeing the Budapest Memorial. "We were one block away from being dead."



Leslie and Eva Aigner at their wedding in Budapest, May 9, 1956. Photo courtesy of Leslie and Eva Aigner

The Aigners met after the war, introduced by one of Leslie's distant relatives who happened to know Eva. Within two months, on May 9, 1956, they were married. And soon they would make another escape. The Hungarian Revolution of 1956, the

first major threat to Soviet control of Hungary since the USSR defeated the Nazis, erupted on Oct. 23. The Aigners, standing in line for bread, overhead conversations that "first we'll get rid of the Communists, then we'll take care of the rest of the Jews."

The Soviets crushed the rebellion within weeks, but the Aigners decided to flee.

Gyula Aigner had survived the war and reunited with his son. His second wife, Ilona, had a son who was living in Portland. So the Aigners became part of a group of 15 who fled across the border on Christmas Eve 1956, hiding at times under a white sheet so they would blend into the knee-deep snow as flares shot above them.

They made it across the border and were part of some 150,000 Hungarian refugees, 35,000 of whom were admitted to the United States. They arrived in Portland in February 1957 with just a backpack.

"With all our problems in life, "Eva says, "I feel like we are very fortunate."

They found work: Leslie first as a laborer in a machine shop, eventually becoming a model maker for Tektronix; Eva as a beautician, later opening her own salon. They had two children, Suzanne and Robert, and now take delight in their children's families – and their four grandsons.

They also had extended family: Leslie's father and stepmother and her children, and Leslie's sister, Elizabeth, in Budapest. Eva's mother, Gizella, eventually came to live in Portland, while her



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sister, who died at the age of 51, remained in Hungary.

They focused on family, and on building a new life. But in the 1980s, as Holocaust deniers became more vocal, and as anti-Semitism continued to flare, they decided it was time to speak. They became part of the OHRC's speakers' bureau and then joined the coalition that created the Oregon Holocaust Memorial in Portland's Washington Park.

"We did not want this Holocaust history to go away - we wanted to leave a mark," Eva says.

Together with other survivors, refugees and families, and community partners, they helped raise \$1.2 million for the Memorial, and they joined other survivors on an emotionally wrenching journey to six extermination camps to collect soil mixed with ashes for burial in the Oregon Memorial.

"This was the hardest trip of our lives," says Leslie. "But it was also sort of a closure."

At each camp, they recited the Kaddish, the memorial prayer; they lit memorial candles, and they cried together. And every evening they celebrated life for those whose lives were cut short. The Aigners celebrated their 42nd wedding anniversary during that trip – and distributed 42 roses to those in the group.

Leslie fashioned a casket for the small bags of soil mixed with ashes - made according to the Jewish tradition, he notes, with no nails, just wooden pegs. The casket is buried in a corner of the Oregon Memorial, providing a symbolic resting place for the 6 million Jews and 5 million other victims of the Holocaust. Today, Eva is part of the Friends of the Memorial group, whose mission is to ensure continuous education about and the maintenance of the Memorial.

In their Southwest Portland home, the Aigners keep a small light on at all times, a perpetual yahrzeit light for all those who were lost. The cover plate is embellished with the Ten Commandments, a yarmulke, a menorah and a Kiddush cup. It is a remembrance.

But the Aigners say they do not want to live in the past, and they do not want their history to be a source of bitterness.

Rather, they find inspiration and strength in what they have lived through, and share a passion to communicate simple but powerful lessons: Remember the past. Learn from it. Make a better tomorrow, for everyone. \mathfrak{P} Sura Rubenstein is a Portland writer.

HOLOCAUST PROGRAMS

Nov. 9, 2-3:30 pm: Remember Kristallnacht with Shoah survivors Eva and Leslie Aigner, Tigard Public Library, 13500 SW Hall Blvd., Tigard, tigard-or.gov/library/ o 503-684-6537. Presented with OJMCHE.

Nov. 6, 7 pm: How Could this Happen: Explaining the Holocaust featuring historian Dan McMillan. Oregon Historical Society, 1200 SW Park Ave., Portland; 503-305 5252. Co-hosted by OHS, the OJMCHE and the World Affairs Council of Oregon. \$10; \$5 for OHS/OJMCHE/WAC members; RSVP (required): worldoregon.org

Through Jan. 11, 2015: A Triumph of Life: Commemorating the 10th Anniversary of the Oregon Holocaust Memorial. An exhibit at OJMCHE, 1953 NW Kearney. Portland. ojmche.org

SENIORS

SECOND CAREER: AUCTION MAVEN

By Deborah Moon

After decades of working and volunteering in Portland's Jewish community, Dayle Maizels-Tyrrell has discovered a second career - photographer and partner in Paige Auctions, which specializes in selling antiques and collectibles in concurrent live and online auctions.

Born to Portland natives Sol and Lois Maizels, Dayle and her sister, Marki, grew up at Congregation Beth Israel and participated in youth groups including BBG, CBI's youth group and a Jewish social club.

As adults they both served as presidents of the Portland chapter of the National Council of Jewish Women, and both won the Song of Miriam Award, with Dayle receiving it the first year the Jewish Women's Roundtable presented the awards (1993) for volunteers who support the Jewish community. Dayle also served a stint as JWRT president, served on the Oregon Holocaust Memorial Committee and was a BBG advisor for many years.

Dayle's professional life was also firmly planted in the Jewish community. She worked at Congregation Neveh Shalom for 20 years, the last 15 or so as administrator of the synagogue's religious school.

PAIGE AUCTION WILL SELL ANYTHING BUT "HATE"

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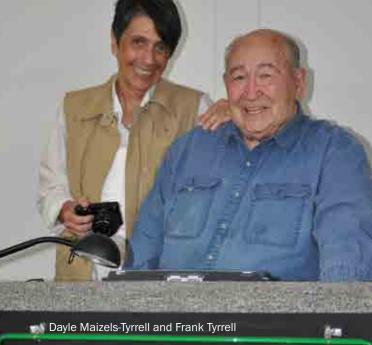
The Portland auction company sells mainly antiques and collectibles, though they refuse to sell Ku Klux Klan or Nazi memorabilia

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Chris Quimby points to a map marking the places their customers live.

When she started going to antique and collectible shows at malls in the early 1980s, she probably had no idea it would lead her to a husband, a new career and the chance to be business partners with Marki Maizels.

Frank Tyrrell had moved to Everett, WA, from Chicago after helping a friend move and falling in love with the Pacific Northwest. When he returned to Chicago, he put his antique shop on the market, figuring if it sold, he'd move. Two days later the shop sold (though not the contents), and he headed west about the same time Mount St. Helens erupted. He had a trailer full of antiques and collectibles, including 2,000 movie posters.

Rather than opening a new shop, he began selling his collection at mall shows, including several each year in Portland.

"Dayle talks to everybody," says Frank. "She'd come to every show and we would talk for hours. For four years we never dated. ... Then one day in January we went out to dinner. We married in July of that year (1985)."

Dayle with her camera.

Frank moved his inventory into the upstairs of a commercial building on Macadam Boulevard. He kept doing shows and bought an interest in the furniturestripping business (which he

sold the a few years later) that occupied the main level of the building. When the building went on the market in the mid-1990s, Frank and Dayle bought the building in partnership with Marki and Frank's antique business partner, Chris Quimby.

With the rise of the Internet, Frank says he saw the antique market changing.

"Chris and I talked," he says. "The antique business is basically a dying industry."

Chris says the younger generation is more likely to go on the Internet rather than go out and search antique shops.

With more than 40 years of inventory on hand, Frank decided to try selling some of his collection at auction companies that used online bidding.

"None of them fit my needs," he says. Seeing an unfilled niche, he also saw an opportunity.

So the four partners decided to open their own live and online auction company from their building. Two years ago, Dayle started working alongside her husband and Chris at



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the new business (Marki is a financial partner, not an active participant in the business). Paige Auction just started its fifth year, and business is booming.

Specializing in antiques and collectibles, they'll sell just about anything – but no hate.

"No Nazi memorabilia, no Ku Klux Klan," says Frank, noting Nazi items are big on most online sites.

Paige Auctions is also set apart by its auction setup and sales practices. Every auction is both live and online concurrently. As auctioneer, Frank accepts bids from the audience, by absentee bid, through two online-auction websites and by phone. But the audience has the same information Frank has. Sitting at tables with their free coffee and snacks, the audience can see online bids on the video screen on the wall behind Frank. The absentee bids are displayed on tables on one side of the room, and any phone bids are broadcast live from the podium.

"We are getting known," says Frank. "Customers know we have no backroom deals; nothing is hidden. The only doors we have are on the restrooms."

After the last Paige Auction, the company shipped items to six countries and many states along the East Coast. Though most of their customers are east of the Rockies, Frank says he has been surprised by the large local clientele they attract to the auctions.

Sellers also like Paige's policy of sending out checks within 10 days of the auction for all sold items, rather than the common practice of the industry to wait until payment is received for sold items.

"If it sells, we send a check to the consigner; collection is our job," says Chris.

They don't ship items till payment is received, so for those items for which customers don't follow through, they resell the item on eBay, in a future auction or in the shop where they display collectibles between auctions. Tyrrell's Collectibles, on the Nebraska Street entrance to their building, often draws casual shoppers waiting for a table at nearby Fulton Street Pub or Café Du Berry. The shop is open 10 am-5 pm, Monday-Friday. The next auction is Tuesday, Nov. 18, at 4 pm.

Dayle never planned to work side-by-side with her husband every day. But as the business grew, Frank and Chris couldn't keep up.

She says, other than organization skills, she doesn't use any of the same skills she developed in her Jewish work. Now Dayle photographs items and writes descriptions for the online catalogues, and she handles office duties such as payroll, shipping, etc.

"I didn't even know how to turn on the camera," Dayle says. But she's good at talking, so she's spent a lot of time at a nearby camera store getting tips for taking tough shots. Now online customers often tell the company they appreciate the clear shots of items they are bidding on.

All in all, a real change of pace, which keeps this second career interesting. P

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Tomatoes on page and plate

By Lisa Glickman | Photos by Deborah Moon

I have been a member of a few book clubs over the years. I start out with the best intentions of finishing the book in a timely manner. But alas, invariably I find myself letting busy schedules get in my way. I show up anyway only to quietly sip my wine and try to come up with something clever to say about a book I have barely read. After all, I hate to miss an evening with my friends and a good glass of wine!

However, books published about cooks, chefs, recipes, restaurants or foodies keep my interest from beginning to end. Some of my favorites include anything written by restaurant critic and author Ruth Riechl. Her books draw me into her life beginning in her mother's kitchen with Tender at the Bone, to the co-op food kitchens of Oakland California with Alice Waters in Comfort me with Apples, then to her hilarious time as the New York Times restaurant critic in Garlic and Sapphires. Warm-hearted books about food traditions and heritage like Elizabeth Ehrlich's Miriam's Kitchen evoke childhood memories of food and its impact on a family. These authors not only tell a compelling story, they include recipes within the pages that I have gone back to again and again.

Recently I reread Adam Schell's novel Tomato Rhapsody: A Fable of Love, Lust and Forbidden Fruit. Schell brilliantly spins a colorful, salacious and mostly true tale of how the tomato became a staple in modern-day Italian cuisine. Set in 16th century Tuscany, this cleverly told, at times bawdy, tale puts a spin on the age-old story of forbidden love and forbidden fruit. In the 16th century Europeans believed the tomato to be poisonous. Mari is a beautiful young Catholic girl who lovingly cures the olives grown in her family's olive orchard and oil factory.

She experiences love at first sight with Davido, the handsome Jewish tomato farmer with whom a union would be scandalous at best. When Davido is given an opportunity by the "Good Padre" to sell his "love apples" at the market in the piazza, he must convince the townspeople they are not only harmless, they are delicious! Not for the kiddies or the easily offended, but if you enjoy a



superbly written adult fairy tale, this is a great read!

Tomatoes can be found in my house in many forms. When in season we feast on softball-sized beefsteaks fresh off the vine, tiny grape tomatoes and colorful heirloom varieties. This year I bought a case of perfectly ripe roma tomatoes and canned them myself. When processed at the peak of the season, canned tomatoes can be a fine substitute in sauces, salads and pasta in the off season when fresh tomatoes are less than desirable. And remember: Never put your tomatoes in the refrigerator! Although more commonly thought of as a vegetable, the tomato is actually a fruit and the icebox chill turns the sugars in the tomato to starch, making them mealy and unappetizing.

This recipe for Mari's tomato sauce is taken directly from Schell's website (adamschell.com). Roasting the tomatoes, garlic and onion add a beautifully rich roasted flavor, and the olives lend a salty bite that makes this simply made sauce deliciously deep in flavor. The eggplant recipe is an interpretation of a recipe mentioned in the book. \mathfrak{P}

Panko, Parmesan and Pine Nut-Crusted Eggplant with Ricotta Cheese, Fresh Tomatoes and Pesto

Makes about 20 slices, serves 8-10

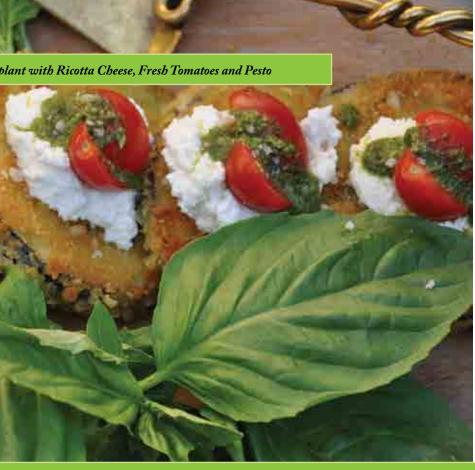
1 cup panko breadcrumbs ¹/₄ cup pine nuts ¹/₂ cup grated Parmesan cheese 1 cup all-purpose flour 3 eggs ¹/₃ cup olive oil 2 small firm eggplants, about 3 inches in diameter Kosher salt 1 cup ricotta cheese 20 cherry size tomatoes 1/2 cup favorite pesto sauce, homemade or store-bought

Slice eggplant into round slices about 1/2 inch thick. Place on baking sheet lined with paper towels and season liberally with kosher salt on both sides. Allow eggplant to sit for about 20 minutes until droplets of water begin to appear on the surface.

Place panko, pine nuts and Parmesan cheese in the bowl of a food processor fitted with a steel blade. Pulse a few times to coarsely chop pine nuts. Lay out a piece of aluminum foil and place mixture on it alongside the flour. Beat eggs in a shallow bowl. Pat eggplant slices dry with paper towel and dip each slice one at a time first in the flour, then the egg and finally the panko mixture. Set breaded eggplant aside until ready to fry.

Heat oil to medium high (350-375°F.) and working in batches fry eggplant slices until nicely browned on both sides. Place on serving dish in a warm oven until all eggplant is fried. Sprinkle eggplant with a bit more salt just before serving. Top each slice with a dollop of ricotta, two halves of a cherry tomato and a bit of the pesto sauce. Serve immediately.

(Serve larger eggplant as a main course, or substitute 5 or 6 smaller Japanese eggplant for an elegant hors' doeuvre.)



Mari's One-Pan Roasted Tomato Sauce with Black Olives

6-8 large beefsteak tomatoes, or 12-15 plum tomatoes 12 cloves garlic, peeled and left whole 1/2 cup black olives, preferably Alfonso, Gaeta or Kalamata, pitted and pulled in half 1/3 cup extra virgin olive oil 1 teaspoon high-quality salt (sea, Celtic or pink Himalayan) 1 teaspoon oregano ¹/₂ teaspoon ground black pepper

¹/₂ teaspoon red pepper flakes (optional)

Place a large roasting pan (not glass) in oven as it preheats to 400°F. Core tomatoes and slice in half. For beefsteaks, slice widthwise; for plum tomatoes, slice lengthwise. Use your fingers to remove seeds and juice from tomatoes. If the beefsteak tomatoes are especially large, you can slice them in half one more time, ultimately quartering the tomato. Mix all ingredients in a large bowl until onion slices have separated and tomatoes are well coated in oil and seasoning. Spill contents of bowl onto hot roasting pan (you want to hear a sizzle) and roast for approximately one hour, opening the oven to stir the pan's contents only once at the midway point, 30 minutes. Ideally, the onions and garlic should be soft and well roasted with a slight caramel color.

Remove pan from oven and allow to cool for a moment. Spoon contents into a food processor and pulse, or just use a spatula to chop the sauce up a bit in the pan. For my tastes, I like the sauce to be chunky and rustic looking with identifiable pieces of tomato, olive and garlic; others prefer it smooth and puréed. Adjust seasoning to taste.

and cooking time, about 90 minutes.

Lisa Glickman is a private chef and teacher who lives in Portland. She has made TV appearances on COTV in Central Oregon and appeared on the Cooking Channel's "The Perfect Three." She can be reached at lisa@lisaglickman.com

1 medium yellow onion, or 2 small yellow onions, sliced lengthwise (knot to tip) into roughly quarter-inch slices

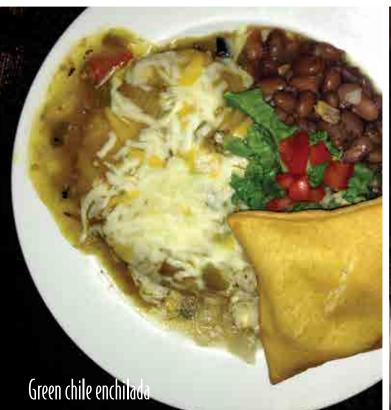
Toss with pasta or serve as a sauce for fish or chicken. Makes about 24 ounces, or 6-8 servings. Total preparation



Stuffed Sopaipiallas

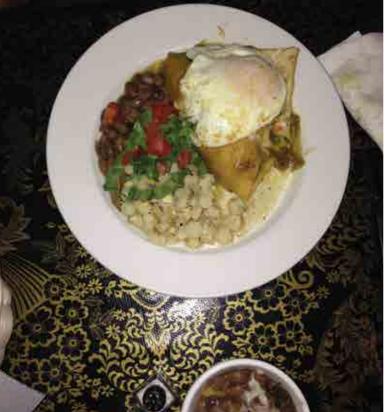
Sopaipiallas







Green chile enchiladas with egg and posole





By Kerry Politzer

As the temperature drops, we crave heartier foods. For stickto-your-ribs satisfaction, it's hard to beat tacos, enchiladas and burritos. However, many restaurants prepare these items with pork or lard. But with the recent opening of La Panza Café in Southeast Portland, people who observe Jewish dietary restrictions without keeping strictly kosher can enjoy these favorites.

Says co-owner Jessica Razatos of her New Mexican comfort food menu: "Here at La Panza, we are eager to accommodate any dietary requests. Our motto is 'Panza Ilena, corazon contenta,' which means, 'A full belly is a happy heart.' So, we want our customers to leave fulfilled."

At La Panza, the red and green chile sauces are prepared with cornstarch and vegetable stock instead of flour and chicken broth. Main courses come with posole instead of rice; the plump grains of hominy can be ordered without pork. Many items, such as the frito pie, burritos and enchiladas, can be filled with calabacitas (squash) instead of meat.

When asked what differentiates New Mexican from Mexican cuisine, Razatos explains: "New Mexican food is a combination of Spanish, Pueblo Native American and Mexican ingredients and cooking techniques that have been practiced and refined for over 400 years." Enchiladas are stacked instead of rolled, red and green chile sauces are used, and there are unique dishes like posole and sopaipillas.

The sopaipillas alone are reason enough to visit La Panza. The fluffy pockets of dough can be ordered as a side dish, in a sundae with Mexican chocolate sauce or as a very filling main course. The squash-filled sopaipilla comes smothered with cheese and your choice of chile sauces; it is nestled next to heaps of posole and pinto beans.

Razatos says that while the stuffed sopaipillas are one of La Panza's most popular dishes, their preparation is "deceptively simple, but very difficult to master." Her husband, Chef Andy Razatos, has been cooking them all of his life.

Non-alcoholic beverages at La Panza include traditional sweetened rice milk, Mexican hot chocolate and hibiscus lemonade; cocktails include a bright magenta prickly pear margarita.

In addition to lunch and dinner, the restaurant also serves breakfast. Specialties include huevos rancheros, blue corn piñon pancakes with maple syrup, chile relleno omelettes and egg-stuffed breakfast burritos. Tofu scrambles with soy chorizo are available for those who avoid dairy products. The Razatos' have plans to add more New Mexican favorites to the menu.

La Panza falls under the Hidden Gems category because it is rather easy to miss from the street. You might drive by the Plaid Pantry without noticing the diminutive restaurant right next to it. But if you just drive more slowly, you'll be treated to a hearty and satisfying meal. Just be aware it is closed Mondays.

La Panza: 2425 SE 26th Ave., Portland | 503-236-5005 | lapanzacafe.com |





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One Book, One Community

returns for Portland's fourth annual Jewish Book Month with programs at venues throughout the community Nov. 2-23. This year's selection is Ruchama King Feuerman's In the Courtyard of the Kabbalist.

All events are open to the community and are free unless otherwise noted.

Book discussions:

9 am, Nov. 2 at Congregation Beth Israel 10:45 am, Nov. 2 at Congregation Neveh Shalom 6:30 pm, Nov. 11 at Hillsdale Library 7 pm, Nov. 20 at Havurah Shalom

I Dig Archeology: 7 pm, Nov. 6 at the MJCC.

The Perception of Rabbis as Saints: Prof. Oren Kosansky at 7 pm, Nov. 12 at the Oregon Jewish Museum and Center for Holocaust Education; co-sponsored by the Institute for Jewish Studies (\$8 members, \$10 nonmembers, \$5 students).

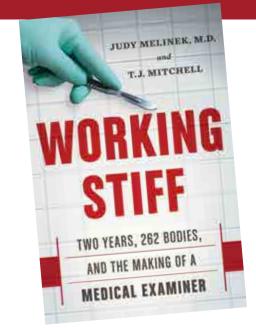
Women's Role in Judaism: 11 am, Nov. 16 at Congregation Kesser Israel.

Introduction to Kabbalah: Presented by Congregations Beit Haverim and Shir Tikvah at 2 pm, Nov. 16 at the MJCC.

Author Talk: Ruchama King Feuerman at 10 am, Nov. 23 at Congregation Beth Israel; co-sponsored by Jewish Federation of Greater Portland.

The Jewish Genealogical Society presents David Laskin, author of The Family, at 1 pm, Nov. 9 at the MJCC, as part of Jewish Book Month. oregonjcc.org/jbm/

This story of death is surprisingly upbeat



By Deborah Moon

The week after Jewish forensic pathologist Judy Melinek, M.D., and her husband, T.J. Mitchell, released their jointly authored Working Stiff: Two years, 262 bodies and the making of a medical examiner, the book hit the New York Times nonfiction best seller list.

It might have been America's infatuation with shows such as "CSI" and "NCIS," or that the book reveals another side of our nation's 9/11 history (the terrorist attacks occurred just two months after Judy began her training as a forensic pathologist in New York City).

I picked up the book for two reasons: the couple, who now live in San Francisco with their three children, was stopping in Portland as part of a national book tour for a book signing at Powell's on Hawthorne; and Judy was born in Israel, where she lived till age 5, so her book seemed a likely candidate for our Jewish Book Month coverage.

I'll have to admit, I was hesitant. While I like "NCIS," I find if I watch too much news or too many shows dealing with humans' propensity to commit murder in horrible ways, I start to feel morbid. I was afraid I'd find Working Stiff a very depressing read. But I was very pleasantly surprised. Judy and T.J. are optimists; they are funny and not in the least morbid about Judy's job.

So one of my first questions to them was how they stay so upbeat when Judy deals with death on a daily basis.

"When you see death every day, you get a better perspective on what causes death," explains T.J.

While the media focuses on "the more bizarre" causes of death, Judy says she sees how people actually die.

T.J. Mitchell and Judy Melinek, M.D.

"We've learned what really kills people and most can be avoided, and you can't worry about those that you can't do anything about," says T.J. "You take steps to prevent those you can, and you don't worry about the others - that's why we're such sunny people."

For instance, while motor vehicle accidents were the leading cause of death for those under 34 years old (according to the CDC), T.J. notes, "people still text and drive."

For those who worry about being hit by a car while riding their bicycle, Judy says, "You are more likely to die of heart disease if you don't get on a bike than you are to be injured if you do get on your bike."

Portland's reputation as a bike-friendly city – the two are avid cyclists - was one reason the couple included the city on their speaking tour. The other reason was to see Powell's - "You have a bookstore that is a tourist destination," says T.J. with a look of wonder.

Of course Jewish topics came up, too. Judy says the family visits her extended relatives on a kibbutz in Israel every couple of years, and she talks to their children exclusively in Hebrew.

She says her knowledge of halachah and Jewish traditions was helpful when dealing with the large Orthodox Jewish community in New York. When an autopsy was necessary for reasons of public interest - either to provide evidence in a criminal investigation or to provide information on communicable

disease – she says she could talk to the family about the necessity to perform an autopsy to potentially save other lives. She would also have a Hevra kadisha (burial society) attend the autopsy and be as non-invasive as possible so as not to desecrate the body. The couple and their story are both enjoyable companions. *Working Stiff* is a book well worth the time to read. \mathfrak{P}

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Artwork above, *Celebration* by Sharon Segal

Terror Tunnels calls Israel's war against Hamas a preview of world's war with ISIS

By Deborah Moon

Just weeks after the conclusion of Operation Protective Edge, Harvard Law Professor Emeritus Alan M. Dershowitz's book eloquently defending Israel's actions against Hamas in Gaza this summer was released as an e-book.

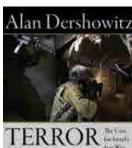
Now Terror Tunnels: The Case for Israel's Just War Against Hamas is being released in hardcover Nov. 18 by publisher RosettaBooks.com.

In the book's introduction, Dershowitz TUNNELS warns that "unless Hamas' dead baby strategy' is denounced and stopped - by the international community, the media, the academy and good people of all religious, ethnicities and nationalities - it will be coming 'to a theater near you.""

He compares Israel's battle against Hamas to the new international coalition created to battle ISIS. In publicizing the book, he wrote: "President Obama's threats against ISIS are indistinguishable from the threats made by Prime Minister Netanyahu against Hamas. The United States is following Israel's lead in going after terrorists who threaten their citizens wherever these terrorists may be. We are using targeted killing of ISIS leaders and other tactics for which Israel has been criticized by some of the very countries that are part of the American coalition."



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In Chapter 37, he writes, "The Hamas Charter does not limit its murderous intentions to one country. Like ISIS it calls for a worldwide 'caliphate,' brought about by violent Jihad."

Dershowitz, who retired from teaching in December 2013, has been described by Newsweek as "the nation's most peripatetic civil liberties lawyer, and one of its most distinguished defenders of individual rights." The Forward calls him "Israel's single most visible defender – the Jewish state's lead attorney in the court of public opinion." He has advised presidents, United Nations officials, prime

ministers, governors and members of Congress.

In Terror Tunnels, Dershowitz provides both a historical context and current overview of terrorism punctuated by the real-time analysis and reactions in his op-eds, which were originally published as events unfolded and now appear as many of the chapters in the book. The juxtaposition of immediate reactions and sections written after the end of Protective Edge provide a consistent perspective that Israel's actions are both justified and necessary.

The book's title refers to the multitude of tunnels Hamas built from Gaza into Israel. In June, before Operation Protective Edge began, Dershowitz toured one of the tunnels, which had been discovered by a Bedouin tracker in the IDF.

He writes, "The tunnel was a concrete bunker that extended several miles from its entrance in the Gaza Strip to its exit near an Israeli kibbutz kindergarten.

"The tunnel had one purpose: to allow Hamas death squads to kill and kidnap Israelis."

The majority of the book details Israel's obligation to defend its citizens and places the blame for the disproportionate number of deaths on the Palestinian side squarely on the shoulders of Hamas. He calls Hamas' practice of putting civilians at risk by firing rockets from, and building tunnels starting in, urban areas instead of from open spaces (which do exist in Gaza) and reserving their shelters for terrorists and not for civilians a "double war crime."

He boldly devotes the final chapter to his Skype debate with John Dugard, who is widely regarded as "the world's most distinguished accuser against Israel." Dugard gives voice to arguments employed by Israel's detractors, with Dershowitz countering each argument.

"I say this categorically, no country in the history of the world faced with threats comparable to those faced by Israel has ever complied better with the rule of law, has ever done more to protect civilians, and has ever done more to protect human rights and human liberty," Dershowitz says during the debate.

In his conclusion, he reflects that blaming Israel for the civilian deaths only encourages Hamas to use its "dead baby strategy" in future conflicts, and encourages other terrorist groups to adopt the same strategy of maximizing civilian deaths in their wars elsewhere in the world. \mathfrak{P}

Holocaust memoir helps future generations guard against deniers

By Joseph Lieberman

Knowing that the number of Holocaust deniers is growing rather than diminishing, every personal testimony to the suffering of those times becomes an invaluable resource worthy of safeguarding for future generations. When such a testimony takes the form of a very readable and absorbing book, so much the better!

I had never before read a book dedicated to the Holocaust other than Babi Yar, A Documentary *Novel*, not for lack of interest, but simply because I'm a passive reader who waits for books to get my attention. After reading The Roads I Have Traveled by Juliana Field, I'm far more motivated to seek

out these windows upon a life I've thankfully never known, and upon events we all hope will never take place again.

Field lives in what we call the "Mythical State of Jefferson," which is the southern Oregon/Northern California area served by "Jefferson Public Radio." But the autobiography focuses on her early life as a Jewish girl growing up in Hungary.

Juliana leads a relatively normal life, described in surprisingly frank terms where matters of family, friends, love and even sex are concerned. Her time is divided between an urban home and her grandmother's farm estate. Relations have been good for centuries between the small Jewish population and their neighbors, until World War II erupts and the creeping hand of fascism begins to influence local attitudes.

At this point, Juliana looks around and asks, "Was this the town in which my mother's family had lived for generations? Were these the same people I had known since childhood? Or was this a nightmare from which I would soon awake?"

As the world around her continues to slowly disintegrate, Juliana's family desperately tries to get visas for the United States to join her father, who had recently emigrated there to establish asylum credentials. He does all he can from afar to help, and they do get U.S. visas, but finding a ship and a port of departure results in bureaucratic delays that make further travel impossible. In slow, anguished steps, the war encroaches ever closer to their home, until there is no longer any possibility of escape or concealment.

In one memorable scene, when all the Jews of the town are ordered to assemble in the synagogue for "deportation to work camps," one elderly man lifts his hands high above the synagogue's open Torah, angrily asking G-d what sins they have committed to be so severely punished. It's a question many still ask today about the Holocaust.

This scene takes place in May 1944, when the Russians have already turned the tide on the eastern front, and just a month before D-Day. Juliana remarks that the Germans already know they are losing the war, yet continue in this senseless and merciless extermination of innocents. The lives of a majority of those gathered there that day would ultimately end in Auschwitz, as Juliana's nearly did at the hands of Dr. Mengele.



Although she miraculously survives, more is lost than just the other members of her family. Her faith in mankind is also shattered. "I knew that what was happening to us was something unprecedented, (a new form of) extraordinary human cruelty. It is no matter if the Germans do it or some other race or nationality. (The important thing) was what humans had done to other humans ... the fact that humanity could sink so low, it devastated me."

Back when I was a rather naive high school student, a well-meaning friend asked, "During the Holocaust, why didn't the Jews resist and fight back?" At the time, I had no clear answer. Had I

read a book like this as a teenager, I would have known that the Holocaust took place not as a sudden event, but as dozens of small, quietly deadly steps, each designed to leave a tiny hope that if people cooperated, it might not get any worse - until all hope vanished in the death camps of the "Final Solution." Even so, a minority survived to remind future generations, and we

Available on Amazon, B&N, etc., as an electronic book: To purchase the softcover book, see: http://seabenefit.com/books/the-roads-i-have-traveled/

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LOCAL BOOK

Bringing Bubbe Home: A Memoir of Letting Go Through Love and Death, by Debra Godon Zaslow, White Cloud Press, Ashland, 2014.

A touching memoir on death and letting go by Ashland rebbetzin and storyteller Debra Gordon Zaslow has received an enthusiastic response since its publication in May.

"Seventeen years ago I was immersed in my life as a professional storyteller, wife of a rabbi and mother of two teenagers when I felt compelled to bring my 103-year-old grandmother, Bubbe, who was dying alone in a nursing facility, home to live and die with my family. I had no idea if I'd have the emotional stamina to midwife her to the other side," says Debra.

The wife of Havurah Shir Hadash

Rabbi David Zaslow, Debra traveled to several Oregon communities over the summer for readings and speaking engagements. On Nov. 25 at 9 am she will be featured on "The Jefferson Exchange," a public radio show on KSOR, which has listeners from Northern California north to Eugene. She will also speak in Eugene, Corvallis and Portland this fall and winter; check the Oregon Jewish Life online calendar for dates and times.

"It's getting great response from the Jewish world and the 'death and dying' community," says Debra.

Rabbi Goldie Milgram, founder and director of Reclaiming Judaism, says, "This book is impossible to put down. Necessary truths and family secrets are revealed in the mature voice of a world-class storyteller. I immediately told friends to read this with the intent of a deep discussion. *Bringing Home Bubbe* is brilliantly confrontational, leading us to know ourselves and ask, 'Could we?' and 'Should we?' "

Rabbi Rami Shapiro says, "Debra Zaslow brought her bubbe home to die. You need to bring *Bringing Bubbe Home* into your home in order to live. This is a deeply honest memoir of love and death; nothing sugar-coated, nothing left out. If you or someone you love is dealing with a loved one in the final stage of life, or if you or someone you love realizes that we will all be in that stage someday, this book is a real treasure."

Bringing Bubbe Home is the story of Debra's time with Bubbe during her last months, mingled with scenes from the past that reveal how her grandmother's stories of abuse, tenacity and survival have played out through the generations of women in the family. Debra watches her expectations of a perfect death dissolve in the midst of queen-sized diapers, hormonal teenagers and volatile caregivers, while the two women sit soul-to-soul in the place between life and death. As she holds her grandmother's gnarled hand and traces the lines of her face, Debra sees her own search for mothering reflected in her grandmother's eyes.

Debra shares how her grandmother's shedding of old layers during the dying process created a new bond between them, and how the surfacing of family stories allowed her to see her own life in a new context. When Bubbe finally dies, Debra sees the possibility of moving into the future without the chains of the past.

Bringing Bubbe Home, A Memoir Of Letting Go Through Love and Death is available now at local bookstores, online or through the author's website, debrazaslow.com.

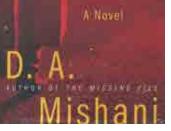
Read up during Jewish Book Month

Compiled by Deborah Moon

Throughout the year, scores of books from publishers and authors land on my desk. I can't possibly read all of them, though I must admit I often find time to read the mysteries. Most of the books I simply sort into stacks, with the smallest stack by far being those I want to share with our readers.

In honor of Jewish Book Month, here is a brief rundown of some interesting books that have come through our office in the past year.

A Possibility Of Viotence

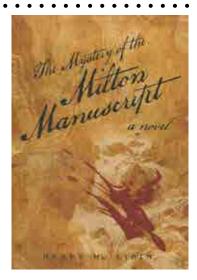


A Possibility of Violence, by D.A. Mishani, Harper, 2014, hardcover, 228 pages, \$26.99.

I was delighted to see this second mystery by Israeli author D.A. Mishani arrive on my desk. The sequel to last year's *The Missing File*, this latest book continues the story of Inspector Avraham Avraham. Still trying to forgive

himself for his last investigation involving a missing youth, Avi dives into his new case with unstoppable determination.

When a suitcase with an explosive device, fortunately a dud, is discovered near a Tel Aviv day care center, Avi's investigation spreads to both the parents and staff of the center in an effort to ensure all the children are safe. As he races to unravel the tangled web around the center, his superiors accuse him of inventing potential violence in an effort to overcome his failure to see danger in the previous case.



The Mystery of the Milton Manuscript, by Barry M. Libin, Urim Fiction, 2014, hardcover, 272 pages, \$24.95.

Reading this exciting mystery, I learned a lot about John Milton's epic poem Paradise Lost.

A professor is killed on his way to deliver a lecture about a "lost manuscript" that Milton himself wrote

to explain his enigmatic poem that purports to justify the ways of God to man and explain the moral paradox of evil. When a student takes up his professor's quest, he finds a trail of deaths through the centuries of others who have sought the missing manuscript; he soon learns there are those who will go to any lengths to keep Milton's meaning a mystery.

The novel incorporates new evidence about how, at a time Jews had been expelled from England, Milton could have learned the complex Talmudic tracts and Hebraic understanding of justice, law and liberty that seem to inform his poem. Looking to make a difference this holiday season?

Support the JFCS holiday campaign! Mark your calendars and give us a call today.

NOVEMBER 23 Thanksgiving Food Boxes Assembly & Delivery

DECEMBER 14 Mitzvah Menorah Adopt-a-Family Wrapping & Delivery

To participate, donate, or learn more, contact Liz Connor: 503-226-7079, ext. 118 or lizconnor@jfcs-portland.org

1221 SW YAMHILL ST., STE. 301 PORTLAND, OR 97205 503-226-7079 **JFCS-PORTLAND.ORG**



FOR YOUR LIFE INSURANCE POLICY!

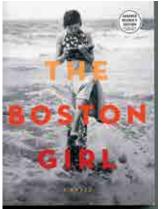
Your life insurance policy may be **much more valuable** than you ever thought possible through a Life Settlement.

Do you have a life insurance policy that you no longer want or need?

A Life Settlement is the sale of an existing life insurance policy for an amount that exceeds its cash surrender value. Life Settlements provide an opportunity to get the maximum value for your life insurance policy

during your life!

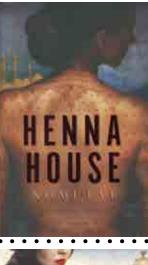
Call today for a FREE evaluation! Allan Silverman 888.322.7678 Lic. #1074958



The Boston Girl, by Anita Diamant, Scribner, December 2014, hardcover, 256 pages, \$26. New York Times best-selling author Anita Diamant (The Red Tent and Day After Night) turns to the early 20th century to explore family ties, friendship and feminism through the eyes of a young Jewish woman growing up in Boston. Diamant once again uses rich historic details and emotional resonance set against the backdrop of World War I, the flu epidemic and the ideas of Margaret Sanger.

The Boston Girl opens in 1985 when Addie Baum's 22-year-old granddaughter asks her what shaped her into the women she has become. Beginning with her life in a one-room tenement apartment in Boston's North End, she traces her work experiences from a shirt factory to a newspaper, where she began as a secretary and rose through the ranks to write her own column.



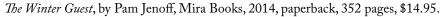


PAM JENO

Henna House, by Nomi Eve, Scribner, 2014, hardcover, 320 pages, \$26.

Henna House is the story of a woman, her family and their Yemenite Jewish community. The saga begins in Yemen in 1920 with Adela's parents seeking a husband for their daughter before they die. When relatives from a faraway city arrive and introduce Adela to the rituals of henna tattooing, Adela begins to understand what it means to love another and her heritage.

From the traditions of the Yemenite Jews, to the devastation of the Holocaust, to the birth of modern Israel, Eve spins this textured tale of a time and culture that hasn't existed in Yemen since Operation Magic Carpet brought nearly 50,000 Yemenite Jews to the new state of Israel between June 1949 and September 1950.



International bestselling author Pam Jenoff paints a harrowing depiction of life during World War II, as two sisters explore, love, sacrifice and consider choices that threaten to tear them apart. In their rural Polish village, twins Helena and Ruth fight to keep their family safe as Nazi invaders infiltrate their lives. When Helena finds an injured allied paratrooper near their village, she brings the Jewish soldier into their home to hide him. Ruth demands Helena stop helping the soldier, but he becomes their salvation when they need to flee their home.

Enchantress: A Novel of Rav Hisda's Daughter, by Maggie Anton, Plume, 2014, paperback, 400 pages, \$17.

A Talmud scholar with expertise in Jewish women's history, Maggie Anton has used her knowledge to write the acclaimed Rashi's Daughters series. Now she brings five years of research to her latest novel of a courageous and passionate woman.

In Enchantress, fantastic tales of demons and the Evil Eye, magical incantations and powerful attractions abound. The novel weaves together Talmudic lore, ancient Jewish magic and a timeless love story set in fourth-century Babylonia. One of the most powerful practitioners of these mysterious arts is Rav Hisda's daughter, whose innate awareness allows her to possess the arcane skills men lack.

What Jewish story or book would you like to see made into a movie?



Book group (Kathy Schindel, Beverly Adler, Jeanne Freeman and Liz Levinson) Temple Beth Tikvah, Bend **Beverly Adler responded** and the group agreed:

"I chose People of the Book by Geraldine Brooks because it weaves a

compelling story of historical fact and fiction under the umbrella of modern times. Further, the story's focus revolves around the real Sarajevo Haggadah which makes its story even more fascinating. And we agree that Jennifer Garner should play Hanna and Goran Visnjic should play Ozren!"



Nathan Ezra Kindergartner Maayan Torah Day School, Portland

wife from all the women in the city."





enchantress

Ella Rogaway Third grader Maayan Torah Day School, Portland

"The Hanukkah story and seeing the little Jewish kids playing dreidel to trick the Romans."



NEXT: DECEMBER ISSUE

SOUNDBITES

"What is the best (material) gift you ever received?"

To share your reply, please send your short answer, name, congregation/organization (if desired), city and photo to deborah. moon@ojlife.com by Nov. 7.

RESERVE YOUR VENDOR SPOT TODAY! CONTACT DORI TENNER GIFTSHOP@SHAARIETORAH.ORG

Ask Helen

Early visitors can't expect perfect hospitality

Dear Helen: Aaarghhh! What does one do with visitors who arrive early? I'm not talking about the occasional party guest who shows up while you're still making hors d'oeuvres, but outof-towners who announce that their schedule has changed and they'll be showing up on a Thursday instead of a Friday! This happened last weekend, but we have other guests coming for the holidays. These particular folks had given us a place in Maui for a few nights earlier in the year, and we'd like to enjoy their hospitality again. But I was nowhere near ready to see them. The house was a disaster because my son had had buddies over and hadn't cleaned up as promised.

Hassled Hostess

Dear Hostess:

Early guests get what they deserve. Instead of warm greetings and a welcoming freshened home, they get to see the tumult, grit and detritus of life. Woe to those who give no warning and just appear. They should be handed an apology and sent out to a movie or a hike, and told not to return until evening, when you'll





Manor Fine Wares Presents a Heather Moore Jewelry Trunk Show

Come see Heather Moore's latest iewelry designs. Let us help you design a unique piece for yourself or someone special. Saturday November 22nd from 10am - 6pm

With every \$250 spent on Heather Moore Jewelry at the trunk show receive a \$25 credit towards future Heather Moore Jewelry purchases.



907 NW 23rd Avenue | Portland, OR | 503.954.2900 | ManorFinewares.com

be ready to greet them in the spirit you'd prefer, or perhaps sent to go grocery shopping, equipped with some cash and a list. For folks who signal that their plans have changed, say simply, "Ours have not. We're not ready for company till evening, so here are your options: Amuse yourselves until dinnertime. Come tell me stories of your trip while I tidy up. Work on dinner prep while I get the place ready for company."

As for your son, give him incentives to clean up after his buddies. You can use cash or consequences, but he should not get a free pass. Personally, I'd hand him a toilet brush and tell him to get started ASAP.

Dear Helen: Last week I saw some nasty-looking graffiti near my mailbox, with what could have been a Jewish star. I thought about covering it with black spray paint but decided to ignore it. Not a good choice. Last night someone sprayed a bottle of "Not Tonight Deer" (a foul smelling concoction that prevents flowers from becoming deer food) on my porch. I cleaned up but I am concerned. This seems too small to involve the police, but I'm female and the only Jew in my particular neighborhood. I am on good terms with all my neighbors and their children, and this is not a gang-oriented neighborhood, though there has been more graffiti lately at the bus-stop area. Threatened?

Dear Threatened:

Whether this is directed personally at you or not, you should definitely not count on denial to solve the problem. Talk to your neighbors and see if any of them have had similar problems. Walk your block to see which, if any, other homes have been tagged. An upswing in graffiti may mean a shift in gang activity in your neighborhood. It may be a passing thing, or it can mean they are settling in. Petty acts of crime such as vandalism are always unsettling; they are considered criminal mischief by authorities.

Call your local police and ask them to look at the graffiti. The specific visuals may mean more to them than to you. Ask them if it is OK to cover it over with street-colored spray paint, so that the "victim lives here" mark is removed. Ask what cues would have them patrol the area more regularly. If you have neighbors with dogs that bark in the night, ask them to call for a patrol when they do. If the acts continue, install motion sensor lights and perhaps a camera, plus an alarm system if you do not already have one. If all else fails, get a dog. Folks with alarms and dogs are less likely to be hassled.

A resident of Eugene since 1981, Helen is a member of Temple Beth Israel, where she studies and speaks on Torah. She claims to have black belts in schmoozing, problem-solving and chutzpah. She's a writer and an artist (kabbalahglass.com). Please email your questions to helen@yourjewishfairygodmother.com and subscribe to the blog at kabbalahglass.com/blog/



1. RAY OF HOPE - Portland Jewish Academy and Self Enhancement Inc. students participate in a Ray of Hope workshop Oct. 15 with singer Alika Hope and guitarist Ray Morant. The workshop was funded by the Emily Georges Gottfried Fund. The two performed in concert at OJMCHE the evening before. Alika uses her experience as an African American woman with a Jewish grandfather to encourage productive and peaceful dialogue between black and Jewish communities.

2, SUKKAH PDX - Shabbat in the Sukkah held Oct. 10 at the SukkahPDX exhibit at the Oregon Jewish Museum and Center for Holocaust Education drew quite a crowd. The event was cosponsored by OJMCHE, Moishe House and Mittleman Jewish Community Center. Partygoers could tour the six sukkahs created by design teams from four states and Italy while enjoying live music, beer and great food.

> 3. FEDERATION CORNERSTONE - Cousins Ed Tonkin and Chervl Tonkin address the 125 people who turned out to see special guest Marlee Matlin (pictured with Cheryl) at the Jewish Federation of Greater Portland's Annual Cornerstone Dinner. The two Tonkins co-chaired the Oct. 1 event at the Multnomah Athletic Club. Dinner attendees have pledged a total of \$800,000 for the 2015 annual campaign, with \$275,000 of that pledged at the dinner. Photos by Elie Bulka/One Click Studio



4. CBI'S OSERAN LECTURE - Professor Robert Reich, front, delivered the 2014 Oseran Family Lecture at Congregation Beth Israel Sept.

Ugandan woman to share story of Abayudaya with Oregonians



Shoshanna Nambi. Photo by Lorne Mallin/courtesy of kulanu.org

By Deborah Moon

Shoshanna Nambi, from the Abayudaya community of Jews in Uganda, will be in Oregon for several days in November (see box) to share her community's history and challenges.

The young activist will discuss the history of the Abayudaya community's embrace of Judaism; her perspective on the role of women in this Ugandan Jewish community; and education, nutrition, economic development and health projects supported by Kulanu, the nonprofit that is hosting her U.S. speaking tour. The mission of Kulanu (kulanu.org) is to help "far-away Jews to connect and learn from each other - further strengthening the Jewish lives of all of us across the globe.'

A product of the high school that Kulanu supports, Shoshanna is among the first Abayudaya women to graduate from university. She is a former youth leader, an active Jewish learner and participant in her congregation, as well as a mother and an administrator in organizations that address women's and community health issues.

This will be Shoshanna's third trip to the United States. She participated in the Brandeis Collegiate Institute in California during June and July 2012. Last year she was the first Jewish woman to represent her community in Kulanu's speaking tour.

She calls the Brandeis program, "one of the best experiences in my young adult life. I attended together with 71 other young Jewish adults from seven countries, and it was so amazing hearing their stories."

During her previous visits, she had the opportunity to see the roles Jewish women play in their communities here. "I could

see that women in the U.S. are directors of Hebrew schools, chairs in the synagogues and have big decision making positions in their community. In Uganda it has not reached this stage yet, mostly because a lot of women above 30 years have not had an education. It is slowly changing though, because the girls have an education now and do participate in services, and they can read Hebrew and also read from Torah."

Now 26 years old, Shoshanna says she remembers her grandparents receiving tuition funds to send her and her brother to a Catholic primary school up to the year 2000.

"I later joined the Jewish high school (Semei Kakungulu)," she recalls. "How I wish we had the Jewish primary school (Hadassah primary school) that we have now. But I'm happy that my daughter can now go to a Jewish school, where she can learn Hebrew and prayers and holidays and Israel."

Shoshanna says most of the people in her community are subsistence farmers and most live in rural villages with no water and electricity. While food, water and electricity are needed, she says support for schools is the greatest need so that everyone can have an education.

"We know that this could change everything," says Shoshanna.

SHOSHANNA NAMBI IN OREGON

Shoshana Nambi will speak about The Abayudaya Jews of Uganda or participate in services in Oregon Nov. 10-15.

Nov. 10, 7 pm, at Beit Am, the mid-Willamete Valley Jewish Community. 625 NW 36th St. Corvallis. 541-753-0067

Nov. 11, 6:45 pm, Interfaith prayer service, at First Christian Church, 1166 Oak St., Eugene.

Nov. 12, 7 pm, at Temple Beth Israel, 1175 E 29th Ave., Eugene. 541-485-7218

Nov. 13, 7:15 pm, at Portland State University, 327 Smith Center. 503-725-4038

Nov. 15, at P'nai Or of Portland, 9750 SW Terwilliger: 10 am Abayudaya style services, followed by potluck lunch. 3:15 pm talk; 5:27 pm Havdalah. 503-287-8737



The Page2Stage journey begins with Prologue

Jewish Theatre Collaborative's second Page2Stage season features Nathan Englander's novel The Ministry of Special Cases. JTC artists set the stage with Prologue, an original staged-reading event that invites audiences to meet the author, download the complete idiot's guide to Argentina's "Dirty War" and discover Argentine Jewry's Dark Secret. Catch adaptors in action and see Englander's text leap from the page to the stage. These performances will take place around Portland: Nov. 2 at Milagro Theatre (525 SE Stark St.), Nov. 3 at Mittleman Jewish Community Center (6651 SW Capitol Hwy.) and Nov. 4 at PSU Lincoln Hall (620 SW Park Ave.). All performances are at 7:30 pm.

In the spring, JTC will produce the Page2Stage world premiere adaptation of Nathan Englander's novel The Ministry of Special Cases. Ministry transports you to Buenos Aires, Argentina in 1976. In the heart of Argentina's Dirty War, Kaddish Poznan struggles with a son who won't accept him; strives for a wife who forever saves him; and spends his nights protecting the good name of a community that denies his existence. When the nightmare of the disappeared children brings the Poznan family to its knees, they are thrust into the unyielding corridors of the Ministry of Special Cases, a terrifying, byzantine refuge of last resort. Through the devastation of a single family, Englander brilliantly captures the grief of a nation.

The Prologue has been adapted from diverse sources for the stage by JTC artists and is directed by JTC Executive Director Sacha Reich. It features both JTC Core Company members and Portland artists including Jason Glick, Mark Loring, Crystal Munoz, Jamie M. Rea, Jim Vadala and Wendy Wilcox, all of whom will appear in the Page2Stage main stage production of *The* Ministry of Special Cases.

Tickets are \$20, \$10/students 503-512-0582 jewishtheatrecollaborative.org

Former Israeli paratrooper shares heroic tale Sasson (Sassy) Reuven, a former Israeli paratrooper, in 1976 participated in a hostage-rescue operation that became not just the stuff of legend, but an Emmy Awardnominated film, "Operation Thunderbolt," which takes its name from the then-secret maneuver.

Reuven's experience more than four decades ago – along with his reflections on religious and ethnic tolerance - is the subject of his talk, "Operation Thunderbolt: The Miracle at Entebbe," on Nov. 13, from 7:30 to 9 pm, at the Double Tree by Hilton, 1000 NE Multnomah St. A guestion-andanswer session will follow his talk.

Reuven's appearance is sponsored by Portland's three Chabad centers - Chabad of the Northeast, Southeast and Southwest. To RSVP, visit JewishNortheast.com/ Entebbe. Registration is \$10 before Nov. 9, and \$15 thereafter. Event sponsorship is \$100. Parking is free.

"Reuven learned the details of Operation Thunderbolt only the day before he helped carry it out," says Rabbi Chaim Shmaya Wilhelm, of Chabad of the Northeast, who secured Reuven's appearance.

"That's incredible, making the death-defying feat he helped accomplish that much more incomprehensible." he adds. "Even more than 40 years on, his experience and his account have great relevance and hold great excitement. Reuven offers a close-up view of what the rest of us experience only through story or may even know very little about."

On June 27, 1976, nearly 250 Parisbound passengers - most of whom were Jewish and Israeli - took off in an Air France plane from Tel Aviv, only to be hijacked and diverted first to Benghazi, Libya, and ultimately to Entebbe, Uganda. There, the hostages were held by terrorists under the command of the late dictator Idi Amin. On July 4, the terrifying 90-minute "Operation Thunderbolt," carried out by the Israeli army under the guidance of the Mossad, resulted in hundreds of lives saved and the death of every hijacker. One who didn't survive the rescue mission was Com. Yonatan Netanyahu, the brother of Israel's current prime minister, Benjamin Netanyahu.

Now a California resident and father of three, Reuven said in a July article in a Wyoming publication that he likes publicly telling his story and explaining Operation Thunderbolt's historical relevance. "The message is, 'Have tolerance towards other people's religions.' Don't differentiate people because of color or religion."

chabadoregon.com.

Inspiring educator Ron Wolfson comes to Portland Nov. 14-16

Congregation Neveh Shalom presents a weekend with Dr. Ron Wolfson Nov. 14-16. A visionary educator and inspirational speaker, Wolfson is Fingerhut Professor of Education at American Jewish University in Los Angeles and a cofounder of Synagogue 3000. He is the author of many books, including Be Like God: God's To-Do List for Kids; Reviewing and Renewing Your Life on Earth; and Relational Judaism: Using the Power of Relationships to Transform the Jewish Community.

Wolfson has written and spoken on the future of Jewish communal life, tackling the structure and works of the synagogue head-on, while at the same time inspiring people through books that investigate our personal actions and daily life choices. For example, God's To-Do List: 103 Ways to be an Angel and do Gods Work on Earth is a practical guide book to repairing the world by following God's example of action. Rabbi Eve Posen, Neveh Shalom's new rabbinic educator, remembers him as a favorite professor teaching the subject of sociology and experiential Jewish education. "Ron always had this way of getting his students energized about making a difference in today's Jewish world. He used his class as a microcosm of the world, every day was a new experience. I walked away knowing not just what to do, or how to do it; I walked away knowing what it felt like to

build true relationships.

On Saturday, Nov. 15, all are invited to join the Neveh Shalom community for Havdalah followed by Wolfson's presentation: "The 7 questions you are asked in Heaven." Drawing from insightful personal stories and Jewish tradition, Wolfson will explore the values that are at the heart of a life that matters.

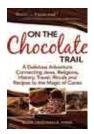
Educators in the Jewish community are invited to join a special session with Wolfson to kick off a re-energized Portland Area Jewish Educators group. PAJE will provide professional development opportunities throughout the year. For more information contact Rachel Rothstein, director of educational initiatives & GrapeVine at 503-892-7415 or rachelr@jewishportland.org. For a full schedule of weekend events

visit nevehshalom.org.

Women and Chocolate: What an Impact

Impact, featuring Rabbi Deborah Prinz, author of On the Chocolate Trail presents a decadent evening for women at this year's Women's Philanthropy Annual event on Nov. 13.

Rabbi Deborah Prinz is a lover of chocolate. Her acclaimed book, On the Chocolate Trail, is a delicious adventure connecting Jews, religions, history, travel, rituals and recipes to the magic of



cacao. Prinz lectures about chocolate and religion around the world.

Make this wonderful event a family affair! Bring friends and relatives, bat mitzvah age and up!

The evening begins at 5:30 pm with a cocktail reception at the MJCC, followed by dinner at 7 pm.

Women's Philanthropy provides a place in the Portland community for women to come together to promote, enhance, and celebrate Jewish life together. Be inspired by the women making an IMPACT in our community. You will have the opportunity to make your gift at this event.

Tickets are \$36 before Nov. 7; \$45 after. Patrons: \$54 (supports scholarships for other attendees 503-245-6219 or jewishportland. org/impact

ORA offers Taste and Celebration of Art

What do you get when you bring together great art, a live band, delicious snacks, assorted spirits, beer and wine?

A party called "A Taste of Art." The free party will be 7-9:30 pm, Nov. 22 at the Mittleman Jewish Community Center, 6651 SW Capitol Hwy., Portland.

Sample the best liquid refreshments of Widmer Brewing, Eastside Distillery and Sip D'vine. Sample and learn how to make cheese at home using Urban Cheese craft kits. Other delicious snacks will also be available at no charge. While browsing the aisles, "groove" to the tunes of the band "The Noted." This Preview Night enables art lovers an early opportunity to meet more than 20 artists and make purchases in time for the holiday season.

The art show continues the next day when "Celebration of Art" gets into full swing. Doors will open at 10:30 am when art will be available for purchase. Customers will will receive a raffle ticket for every \$25 spent on art on both days, with a drawing Sunday afternoon awarding two gift packages. The show will close at 4:30 pm, Nov. 23. The event is co-sponsored by the MJCC, the Jewish Federation of Greater Portland and ORA Northwest Jewish Artists.

northwestjewishartists.org choosearttoday@gmail.com



from OJMCHE Exhibit: L'Chaim - To Life!

Through Jan. 4, 2015

EXHIBIT: L'Chaim - To Life! Paintings by Portland artist Shirley Gittelsohn at OJMCHE. Artist Talk: Nov. 2, 11 am.

Nov. 2

the door

The Jewish Community Orchestra presents their 40th Anniversary Season with performance of . Borodin - Overture to Prince Igor; Sibelius - Karelia Suite; and Carl Goldmark – Symphony No. 1, Op. 26 "Rustic Wedding." 3 pm at MJCC. Buy tickets at

Senator Ginny Burdick speaks on Gun Control Advocacy in Oregon. 10:30 am in Pollin Chapel, at Congregation Beth Israel. Join Social Action and Brotherhood for this talk on gun control advocacy. Senator Burdick has championed common-sense gun legislation, enduring smear campaigns from gun rights extremists. Free. 503-222-1069, bethisrael-pdx.org

Mah Jongg benefit tournament for Havurah Shalom, 825 NW 18th Ave., Portland, 1-4 pm 503-248-4662

Nov. 2-4

Jewish Theatre Collaborative's Page2Stage Prologue: Staged reading. See page 60

Nov. 2-23

Jewish Book Month events. See schedule page 50

Nov. 4

Jewish Voices: Annual Reading by Jewish Writers and Poets. 7:30 pm at OJMCHE featuring Brian Benson, Linda Cohen, Sharon Lask Munson, Willa Schneberg, Evelyn Sharenov and Nina S. Spiegel. OJMCHE members \$5: General \$8.

Cafe Shalom: Israeli folk dancing, 8 pm Tuesdays at 7045 SW Taylors Ferry Road, Portland. 503-314-1567 or allisonvictor@comcast.net

Nov. 5

How Happiness Thinks, a new six-week class from Rohr Jewish Learning Institute. Meets Wednesdays noon-1:15 pm at Perkins Coie LLP or 7:30-9 pm at MJCC. 503-977-9947 or JLI@ChabadOregon.com

How to Get Along with Anyone: the Science of People. 7 pm at MJCC. Behavioral Investigator Vanessa Van Edwards explains the latest research in communication and relationships. \$8 members; general \$12. RSVP: oregonjcc.org/registration

Nov. 6

How Could This Happen? Historian Dan McMillan, distills the vast body of Holocaust research into a compelling analysis that looks at a combination of factors that lead to the Shoah and discusses other tragic genocides. 7 pm at Oregon Historical Society, Pavilion, 1200 SW Park Ave., Portland, \$10 general; \$5 WAC, OHS, OJMCHE members.

Israeli Literature As a Window to Israeli Society. 7 pm Thursdays through Jan. 15 at Congregation Shir Tikvah. \$250. 503-892-7415 or rachelr@ jewishportland.org

Nov. 7

Friday night community Shabbos dinner In the Hollywood neighborhood, Portland. 503-309-4490 or Chaim@ChabadOregon.com

Nov. 9

Run, Boy, Run, which opened this year's Jewish Film Festival in San Francisco, will screen at 7 pm at Cinema 21, 616 NW 21st Ave., Portland, The film is part of part of Zeitgeist Northwest's 5th Annual Portland German Film Festival. Nov. 7-11. In a short introduction, Friderike Heuer will discuss questions about Jewish identity raised by the film (which is based on the book by Uri Orleff). portlandgermanfilmfestival.com

Nov. 10

It Takes a Village - Supporting Families Caring for Elders. Supporting Families Caring for Elders. 7 pm at Rose Schnitzer Manor, 6140 SW Boundary St., Portland. 503-535-4004 or deborah.elliott@ cedarsinaipark.org

Nov. 11

The 8th annual Sephardic Winter Film Series begins with "Kisses to the Children." Five Greek-Jewish children who were saved by Christian families during the German occupation of Greece, tell their stories of their lives as children in hiding. Greek with English subtitles. Films screen every second Wednesday through March at 7 pm at Congregation Ahavath Achim, 3225 SW Barbur Blvd., Portland. Free, Film, speaker and Sephardic dessert, Info: David 503-892-6634

Nov. 12

Oren Kosansky Lecture for Portland Jewish Book Month: We are All Sons of Adam ... and other Stories from Morocco, 7 pm at OJMCHE, \$5: OJMCHE/IJS members free with RSVP to 503-226-3600

Music Connecting Brain and Body, 1:30 at the MJCC. A live performance by Cellist Alban Gerhardt. Oregon Symphony Resident Artist and students from Dance for Parkinson's Oregon. Free.

Bistro Night at MJCC & Cafe at the J. 6:30 pm. 503-535-3617 or LFendel@OregonJCC.org.

Nov. 13

Impact: A Women's Event with Rabbi Deborah Prinz - On the Chocolate Trail. See page 61

"Operation Thunderbolt: The Miracle at Entebbe. See page 61

Nov. 14-16

Weekend of events with inspiring educator Dr. Ron Wolfson. See page 61

Nov. 15

Lunch and Learn with Rabbi Dan Aronson: Great debates for the sake of Heaven, after services at Temple Beth Sholom, 1274 Cunningham Lane S, Salem. Examine some of the great debates of Jewish history. tbsholom.org

Nov. 16

Annual Hanukkah Bazaar in Salem. Hand-crafted gifts from over 20 skilled and creative artisans and crafters from all around the Northwest. The TBS Gift Shop will feature discounts on Hanukkah supplies. Raffle. 10 am-3 pm at Temple Beth Sholom, 1274 Cunningham Lane S. Salem, tbsholom.org/ iewishhome/bazaar

Nov. 19

OJM Cinema: Dancing in Jaffa. 7 pm at OJMCHE. Pierre Dulaine, four-time ballroom dancing world champion, fulfills a life-long dream when he takes his program, Dancing Classrooms, back to his city of birth, Jaffa. Members \$8; students \$5; general \$10.

Nov. 19-20

Artists' Studio in the Lobby: Get the opportunity to see how ORA artists create their art and get to meet the artists in the MJCC lobby.

Nov. 22

Family Barn Dance at Congregation Beth Israel. Live band and dance caller. All ages. Honoring Ben Sandler for 10 years as education director. Proceeds benefit CBI education programs. 503-222-1069

A Taste of Art. Free. See page 61

Nov. 23

Celebration of Art. Free, See page 61

Writing the Jewish Experience Writing Workshop. Poetry & Prose Workshop with Willa Schneberg, 1-5 pm at OJMCHE. Those who choose to will share what they have written at an accompanying OJMCHE event, Reading the Jewish Experience (7:30 pm, Dec. 8). General: \$60; OJMCHE Members: \$45; No one turned away for inability to pay.

> Add events to our calendar at ojlife.com. Click on "Add an event" at lower right of home page.

OJMCHE is the Oregon Jewish Museum and Center for Holocaust Education at 1953 NW Kearney, Portland. 503-226-3600, oimche.org

MJCC is the Mittleman Jewish Community Center at 6651 SW Capitol Hwy., Portland. 503-244-0111, oregonjcc.org



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TS IT ALL BAD NEWS? SRAEL AND THE INTERNATIONAL MEDIA

WEDNESDAY, DECEMBER 10 7:00 pm - Free Admission

Mittleman Jewish Community Center

Col. Miri Eisin explains the dynamics of the news coverage in Israel and provides an inside account of working with the international media outlets, editors and correspondents. Is Israel really losing the PR war? Should Israel have a different approach?

Miri Eisin served in the Israeli intelligence community and retired fr she served as the deputy head of the combat i the m erved as the Israeli tarv. Miri s on at Bar II ernational Communica fellow at the Center for In



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active duty at the rank of full colonel in 2004. Over her 20-year career in the military, s and as the personal assistant to the director of military intelligence. After retiring from nal media advisor from the Second Lebanon War until the end of 20 . She is a senior University and works extensively with the media, student gre ps and diplomats.

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