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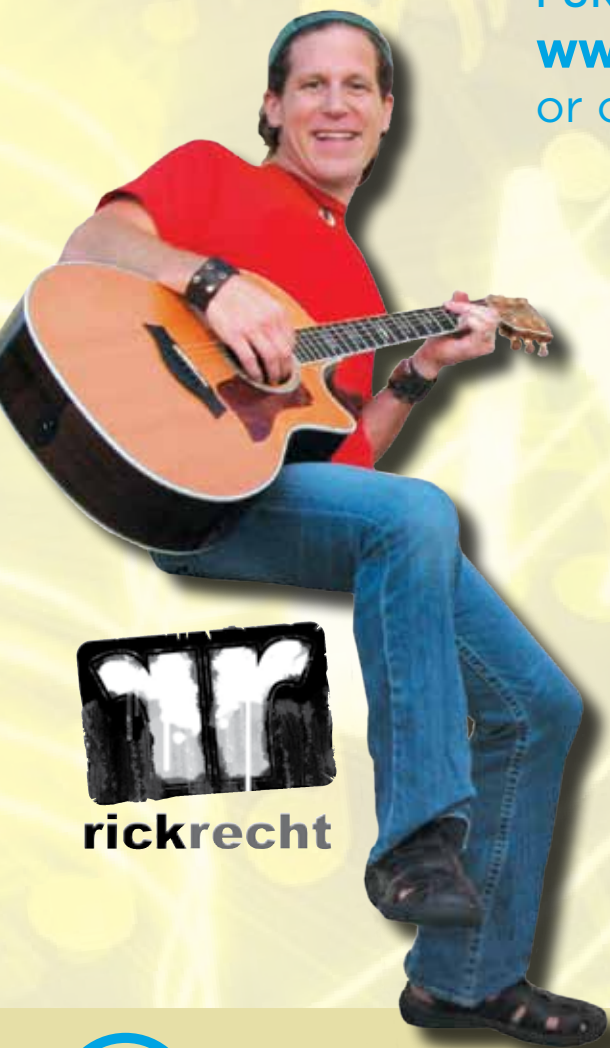
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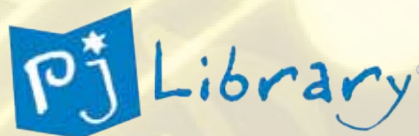
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Art Director
Susan Garfield

Copy Editor
Amy R. Kaufman

Cover Photographer
Images by Floom

Columnists
Catherine Garvin, Lisa Glickman, Anne Kleinberg,
Natalie Nahome, Helen Rosenau and Mylan Tanzer

Contributing Writers
Jan Behrs, Adina Eden, Rich Geller, Gloria Hammer,
Peter Korchnak, Liz Rabiner Lippoff, Lauren M. Murphy,
Polina Olsen, Kerry Politzer, Sura Rubenstein,
Elizabeth Schwartz

How to reach us:
Advertise@ojlife.com
503-892-7401

Editor@ojlife.com
503-892-7402

Publisher@ojlife.com
503-892-7401

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Letter from the Editor



Last month when I received a press release from the Joshua Venture Group, I was astonished by two facts. The fact that Portlanders had landed two of the eight prestigious fellowships to “alter the Jewish landscape” seemed incredible given the competition from around the country. Yet, I was also struck by the fact that these two local social entrepreneurs use technology from opposite ends of the human experience. Our cover photograph is inspired by those two startling facts.

Steve Eisenbach-Budner’s vision draws on some of our most ancient tools – hammers and Jewish texts. He hopes to expand the reach of affordable housing both in reality and in the awareness of the Jewish community. Even though today’s carpenters use many modern power tools, the old-fashioned hammer is still the foundation for building structures – just as the Torah is the basis for Jewish understanding of how to build and maintain social justice.

Sarah Blattner’s vision rests firmly in the 21st century and uses the latest technology to interact with youth on the playing field of their choice. She aims to use digital badging to enable day school teachers and students to collaborate and co-create. She hopes blended learning, which uses both online and face-to-face learning, will enable Jewish day schools to offer a broader curriculum and decrease tuition costs, thus making day school affordable for more Jewish families.

From the moment ancient humans began to use tools, technology has played an important role in our lives. An article in our September issue reflected on how early carpentry tools combined with the advent of agriculture enabled humans to build and live in permanent settlements.

And that was just the beginning of our increasing dependence on technology. Like most adults who grew up before computers were part of daily life, technological advances often seem a double-edged sword to me. Cartoons and jokes abound about the omnipresent, big brother aspect of technology. When I see commercials about our ability to be connected to everyone at all times, I think of George Orwell’s 1984. I ponder how we will find time for self-reflection and relaxation within our wired world.

Yet the benefits of technology are all around us. This issue includes special sections focused on professionals and seniors, both groups aided by technological advances. Professionals in every field are able to be more productive and efficient thanks to technology. Seniors are able to remain more independent and more active thanks to advances in health, mobility and many other fields.

And on a personal note, I realize the technology I relish perhaps reflects my generation’s idea of innovation. I’ve become I’m very fond of having hot tea at my fingertips (thanks to microwaves and insta hot faucets) and a cell phone to call for help when I have car trouble.

Sarah



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Letters from Readers

To the Editor:

I greatly appreciated Sura Rubenstein's October article about pioneer mayors. Such people made a great contribution to the development of civil society in the early days of settlement.

Please allow me to offer a couple of eastern Oregon tidbits: The first mayor of North Powder, who served two terms and refused to serve longer – because, a staunch Democrat, he thought term limits should be de rigueur – was Herman Rothchild. North Powder was incorporated in 1902. Municipal elections typically occurred at the end of the even-numbered year, so his term as mayor likely began in January of 1903.

He then ran for the state House of Representatives and won. He was the only Democrat and the only Jew in the legislature in his first session, so he nominated himself for speaker, pointing out he had the support of every Democrat and every Jew in the House.

This Rothchild was a younger cousin of Samuel Rothchild of Pendleton. When William Wurzweiler (Prineville mayor, 1904-06) came west, he worked briefly for Samuel, who was married to Wurzweiler's sister.

Some of your readers might be interested in my book, *Samuel Rothchild: A Jewish Pioneer in the Days of the Old West*, new edition 2012, which includes details of other Jewish merchants in the Pendleton area.

There were two mayors of Pendleton before Reuben Alexander's tenure who had Jewish names: J. M. Leezer, the second mayor, 1883-84, and J. C. Leasure (which I take to be a variant of Leezer), 1886 and again 1892. If any of your readers have any information about such families, I would be happy to have it.

Jack T. Sanders, Professor Emeritus, UO, jsands@oregontrail.net



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Smoke Signals

PR consultant, comedian, dad pushes regulation over prohibition

by Lauren M. Murphy | Photos by Brooks Scribner

Roy Kaufmann wears many hats: political enthusiast, PR consultant, comedian, husband and dad. But there's another hat this 34-year-old father of three recently began wearing that he never really expected.

"A few years ago, had you asked me what I'd be doing, running Oregon's marijuana regulation campaign would have been an unlikely response," says Kaufmann.

Kaufmann, who has always had a strong interest in politics and served as Mayor Sam Adams' communication director from 2009 to 2011, stumbled across the public access show *Cannabis Common Sense* while channel surfing one night. Expecting nothing more than some mindless entertainment, Kaufmann was intrigued with what he saw on the show "that tells the truth about marijuana and the politics behind its prohibition."

"It was so interesting, and very clear the hosts really knew what they were talking about," he says. "I didn't expect it to be such a deep and complex issue."

This piqued Kaufmann's curiosity, and he decided to look further into the issue and contacted host Paul Stanford.


"I discovered how insanely backward our nation's marijuana policies were, and what the economic, social and cultural costs were that we were paying to sustain prohibition, when we know how poorly prohibition works as a model," Kaufmann says. "The more I studied the drug war in this country the more insane I thought it was."

Kaufmann, who was born in Israel to an Israeli father and a South African mother, spent his childhood in Israel and South Africa before his family moved to San Diego when he was 9. "I grew up in a boisterous Jewish family where no topic was off limits – religion, politics – everything was discussed at the dinner table."

He received a bachelor's degree in International Relations at U.C. Davis and a master's at the University of San Diego in the same field. In 2001, Kaufmann moved to DC to work for a lobbyist for a year before moving to Los Angeles with his girlfriend, Claire, who is now his wife. It was in L.A. where Kaufmann honed his political and comedic chops. He worked at AIPAC (pro-Israel lobby) and also studied improv-comedy at the renowned Second City comedy powerhouse.

When his wife became pregnant with their first child, they decided Portland would be a better place to raise a family and headed north. Once here, Kaufmann worked in PR at Edelman before taking the communications position in the mayor's office. But it's his new role as consultant and spokesman for the Yes to 80 campaign that Kaufmann is most passionate about. The campaign supports the Oregon Cannabis Tax Act, or Measure 80, which Kaufmann is quick to distinguish, is not so much about legalizing marijuana as it is about regulating it. "When you say 'legalizing,' you're not providing all the stipulations that will actually come into place like taxation, age limits and public safety requirements. It's the least supportable way to say it."

Before you dismiss Kaufmann as just another pothead looking for an easier way to score weed, it's clear from the moment he opens his mouth on the matter that for him this is a much deeper and bigger issue our state and country are facing. "It's not about whether pot-smokers can get bud, they can. It's about the insanity of locking people up, destroying lives and wasting billions of taxpayer dollars to prohibit one of the largest markets in the country – to prohibit adults from using a relatively harmless, in some cases beneficial, safer-than-tobacco-and-alcohol product."

The measure, which will be voted on this fall, is no doubt a controversial topic in our state, but for Kaufmann it's simple. "As a Jew, as a progressive and as a political professional, when an issue approaches a national tipping point where 53% to 56% of Americans support legalization, and 67% of Americans agree that the war on drugs has been a massive failure, you have to make the choice whether you'll stay quiet because of the associated stigma or whether you'll speak out for justice and fairness." 

Portland transplant Lauren Murphy is a lifestyle writer and editor whose articles have been published in *Los Angeles Confidential*, *Aspen Peak*, *Hamptons Magazine* and *The New Jersey Star Ledger*. She can be reached at laurmmurphy@gmail.com.



Roy Kaufmann and his wife, Claire, have three children: Hannah, 6, Micah, 3, and Ori, 1.



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Are Jewish mothers the reason we have so many Jewish doctors and lawyers? by Elizabeth Schwartz

"My son the doctor; my daughter the lawyer," declares the iconic Jewish mother, kvelling (bursing with pride). What's behind this boast? Is it parents' vicarious pride in their children's mastery of a challenging and intellectually rigorous profession? Is it about status and material success? Or are there other factors in play? Why do a disproportionate number of Jews become doctors and lawyers? *Oregon Jewish Life* decided to find out.

According to a 2005 survey by the University of Chicago, 14.9% of doctors are Jewish, although Jews make up only 1.9% of the nation's population. OJL was unable to find stats on Jewish lawyers, but strong anecdotal evidence suggests similar demographics regarding Jews in the law.

Edie Rogoway Van Ness

Rogoway Green LLP



Trial lawyer Edie Rogoway Van Ness practices both civil and criminal litigation, representing plaintiffs in employment discrimination and personal injury cases. She also handles criminal defense work and used to be a public defender. It's unusual for a lawyer to work on both civil

and criminal cases, but Rogoway enjoys the combination. "I like criminal defense work because it's more interesting, usually, than civil cases. Unfortunately, it's not lucrative enough. Civil cases are often more complex, which I enjoy, and they also pay better."

Van Ness is a third-generation Portland Jew and her family's connections to the Rose City's Jewish community run deep. Her father was a jeweler in their family's store, La Rog Jewelers, while her mother is associate executive vice president of the Jewish Federation of Greater Portland. As a child, Van Ness and her family attended Congregation Shaarie Torah, although Van Ness became a bat mitzvah at Congregation Beth Israel. She attended Portland Jewish Academy preschool and day camps and went to B'nai B'rith Camp every summer.

"I was raised with a certain set of values that are connected to Judaism, and because those things were emphasized in my childhood, I was drawn to the career path I chose," says Van Ness. "I think the Jewish emphasis on justice – we stick up and fight for other people – definitely had some influence in my decision to become a lawyer, especially a public defender."



Dr. Christie Winkelman

Insights to Health Clinic

For Dr. Christie Winkelman, the connections between Judaism and her chosen profession coalesced in adulthood. A naturopathic doctor, Winkelman is also a Jew by choice, and her decision to enter medical school was strongly influenced by her studies for conversion. "In Judaism, we are taught to question and understand how things affect each other," she says. "There are a lot of parallels between naturopathy and Judaism. Jews ask questions and are open to surprising answers, and that's a regular part of my work."

Although Winkelman did not grow up with Jewish expectations regarding her career path, she is definitely imparting her Jewish values to her own children. "We teach our kids that we're all here to fulfill some kind of a purpose. There's a big focus on health in our family, and I explained to my kids that because they're healthy, they have an extra obligation to society." The value of *tikkun olam*, repairing the world, also resonates strongly with Winkelman. "For me, being Jewish is about developing your potential to benefit others, about being of service."

Bill Joseph

Dunn Carney Allen Higgins & Tongue, LLP



Bill Joseph almost had to become a lawyer; it's his family's business and has been for four generations. "All the lawyers in my family, beginning with my great-grandfather, had their own firms and we all practiced similar types of business law," he explains. Joseph's practice focuses on civil litigation regarding issues pertaining to construction, real estate development and manufacturing.

Joseph grew up Reform in Shaker Heights, a suburb of Cleveland.

"We went to some services and had Passover seders," he recalls. "I always grew up with a sense of Jewish values, particularly leaving the world a better place and doing unto others as you'd like them to do unto you."

Despite his family's legal heritage, law was not a conscious choice for Joseph when he finished college but more of a fallback option. "My mom told me, 'You don't have to practice law, but at least you'd have a job,' so I took the LSATs." Today Joseph enjoys practicing law for its own sake. "I like the personal interaction and the variety of cases. I also get a lot of satisfaction helping people resolve their issues."

Adina Matasaru

Dunn Carney Allen Higgins & Tongue, LLP



Family expectations were a strong influence on Adina Matasaru. In 1990, Matasaru and her family escaped Nicolae Ceausescu's Romania and fled to Germany as refugees. Two years later, her family arrived in the United States.

Matasaru's parents were secular Jews who revered knowledge and had high expectations for their children's education. "My parents instilled a love of learning in our hearts early on; in Romania, my mom would trade food for books.

They expected us to be the best in our class."

At age 5, Matasaru decided to become a lawyer. "You grow up early in Communist Romania. I had long conversations with my dad from a young age about justice and what it means to be free," she explains. "Even as a child, I wanted to fight for justice." Matasaru is a civil litigator, working on a wide variety of issues, including racketeering, securities fraud and negligence.

Today, Matasaru is a practicing Jew raising a Jewish family. "I'm always concerned about being the typical Jewish mother who puts expectations on my kids that may not be theirs. I will love my kids no matter what they turn out to be, but I also have high expectations," she acknowledges. "My son Gabriel has colitis and has experienced a lot of suffering. At age 5, he told me that he was going to be a doctor, because he wants to help people feel better. I already see for him an incredible potential to do good and make a difference."

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Dr. Joel Solomon

OHSU



Family also played a role in Dr. Joel Solomon's decision to become a doctor, although he doesn't attribute his career choice to any particular Jewish influences. "All of us kids realized my dad [an ophthalmologist] loved his work; that's mostly what he did. It inspired all of us," Solomon explains. Solomon is a plastic and reconstructive surgeon, specializing in peripheral nerve repair and hand surgery.

Solomon grew up Reform in Cleveland and says his parents encouraged him and his siblings to follow their own interests. "From a young age, I was inclined towards medicine; I liked science and biology," says Solomon, who sees the Jewish influences in his life as cultural rather than religious. "Most Jewish families I know place a high priority on education and their kids doing well in school."

Solomon finds his work as a reconstructive surgeon extremely gratifying. "I get to help people in a very direct way that few other medical specialists can do," he explains. "When I'm in surgery, in just minutes I can make a lasting change in someone's life."

Solomon anticipates his 9-year-old daughter will be influenced by his choice of career when she is older, just as he was by his father. "I hope she finds something that's as rewarding as what I do."

Dr. Karen Erde


Multnomah County Public Health Division



"I'm the undereducated child in my family," declares Dr. Karen Erde. "I only have one advanced degree. My sister is a lawyer and my brother is an M.D./Ph.D." Erde, a family practice doctor, is a clinic physician for Multnomah County. During her more than 35 years in medicine, Erde has also worked with hospice patients and substance abuse patients.

Raised in a secular Jewish family by activist parents, Erde describes herself as

a Red diaper baby. "I didn't know Jews believed in God until I was 13," she recalls. "As a child, for me, being Jewish was all about social justice." Social justice is still Erde's primary connection to Judaism. "I became a doctor to change the system from within, to make the world better," says Erde. "I was never in medicine to make a lot of money or even cure people, but to help them."

For Erde, being a doctor is less about healing and more about teaching. "What I liked about doing drugs and alcohol work is that it's a paradigm of health and wellness. I don't really think I heal people; I help them make changes for themselves by giving them tools and information. In all of my practice, from hospice to primary care to drug and alcohol treatment, my approach has always been about empowering people in the situations in which they find themselves." 

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Diversity in nursing

Story and photo by Peter Korchnak



Irina Panova-Proctor

When Irina Panova-Proctor came to the United States in 2009 to be with the love of her life, she left 18 years of nursing experience behind in her native Latvia and started from scratch. Though she had worked in pediatrics, neurology and maternity, her license wasn't transferable.

"All around the world, nurses work not because of money but to help people," Panova-Proctor said. "I love working with people and help those that are suffering. It's my personality."

Stateside, she decided to concentrate in elder care. Her first stops: Cedar Sinai Park, where she works parttime as a certified nursing assistant, and Workforce Improvement with Immigrant Nurses at Clackamas Community College, one of only five such programs in the country. According to their website, WIIN is "a re-entry program to provide a pathway to licensure and practice for nurses who have earned their credentials in foreign countries to return to work as nurses in the United States."

Panova-Proctor will complete the five-term course in December, prepared to take the National Certifying and Licensing Examination (NCLEX-RN) and become a registered nurse once again. Reflecting on the experience, she said, "I am fortunate that Cedar Sinai Park's [Lucio and Irene Villa Memorial] Scholarship program has covered part of the tuition."


Panova-Proctor is also stepping onto the international stage. From Oct. 26 to 27, she will be representing her WIIN program at the 10th annual conference of the International Bilingual Nursing Alliance in Chicago.

According to the IBNA website, the international conference aims to "share information about and discuss the impact of integration programs and methods to assist internationally educated nurses achieve licensure to practice nursing in the U.S."

"It will be helpful to learn about other bilingual nurses' experiences," Panova-Proctor said. "Afterward I will be able to improve my work for the benefit of our residents. I know the job from the ground-level up, this will only elevate me further. I will also be able to provide support to other bilingual CNAs."

CSP Chief Program Officer Kimberly Fuson said, "Irina exemplifies the blend of personal and professional that is the heart and soul of Robison Jewish Health Center. We are privileged she is part of our family and that we could assist her in making her dreams come true."

Director of Nursing Jane Duck seconded Fuson's sentiment. "We're all proud of Irina, she'll represent us well," Duck said of the one-time Employee of the Quarter. "We work with a very diverse, multicultural group of staff, so Irina's experience will help in integrating nurses from different cultures in our workforce."

Panova-Proctor plans to continue her education with a bachelor's degree in nursing. "As a nurse you study all your life," she said. 

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above: Ilan Ramon
at left: Jeffrey Hoffman
below: Judith Resnick

Photos courtesy of NASA



WorkSPACE:

Astronauts take Judaism out of this world

by Rich Geller

The tradition of leaving gaps in the thatched roof of a sukkah sufficient to allow natural light to pass through makes the week-long harvest festival of Sukkot a natural time to speculate about space and the people who explore it.

As my family gazed contentedly at the Portland night sky from our sukkah, the clear skies made for excellent stargazing. A brilliant harvest moon loomed over us, and my kids began to ask questions: “Why does it ‘follow’ us when we drive at night? And, How come some nights it’s a half-moon?” My son Leo (age 6), asked me if there are any Jewish astronauts. It turns out there have been 13 Jewish astronauts and one Jewish cosmonaut. The story of these intrepid Hebrew explorers has been marked by tragedy and triumph, mirroring the Jewish experience itself. Nearly every major Jewish holiday has been observed in space, and the Torah has flown to the heavens twice. Just as Jews have spread throughout the Diaspora and thrived, as man has moved out into space, Jews have played a pivotal role there.

Jewish spaceflight got off to an inauspicious start in 1964 when Soviet cosmonaut Boris Volynov was bumped from his first space mission because of his Jewish lineage. He persevered and five years later became the first Jew in space when he commanded the *Soyuz 5* mission on Jan. 15, 1969. After surviving a harrowing crash landing in the Ural mountains, far from his designated landing site, Volynov walked for miles in subzero temperatures to the nearest house with a mouthful of broken teeth! Volynov went on to fly again on *Soyuz 21* and spent a short time onboard the *Salyut 5* space station.

In 1984 Judith Resnick became both the first Jewish woman and the first Jewish American in space when she flew on the maiden voyage of the shuttle *Discovery*. Resnick was recruited by none other than Star Trek actress Nichelle Nichols, who was helping NASA to recruit women and minorities at the time. As a child Resnick attended Hebrew school and became a bat mitzvah in her native Akron, Ohio. As an adult she charmed a nation when she famously flashed a sign reading “Hi Dad” toward the cameras while on the *Discovery*. As only the second American woman in space, she was seen by many as a trailblazer. With her long brown hair undulating in microgravity, Resnick stood in stark contrast to the public’s preconceptions about what astronauts should look like or who they could be. She inspired countless women and girls around the globe. Tragically, Judith Resnick perished aboard the ill-fated *Challenger*, which exploded shortly after launch in 1986.



When Colonel Ilan Ramon, the son of Holocaust survivors, went into space on the space shuttle *Columbia*, he took along this drawing, “Moon Landscape,” by Petr Ginz, who died at Auschwitz in 1944.

Jeffrey Hoffman was the first astronaut to truly explore his Judaism in space. Hoffman's first mission on the shuttle *Discovery* departed shortly before Passover 1985, so he asked if he could bring matzah. NASA officials denied Hoffman's request over concerns that the matzah crumbs would pose a hazard to the delicate equipment onboard the shuttle. Sorry kids, no Afikomen in space! Hoffman was able to attach a mezuzah to his bunk with Velcro on the *Discovery*. In December 1993, Hoffman made history when he became the first Jew to celebrate Hanukkah in space. Serving as mission specialist on the shuttle *Endeavour's* Hubble Space Telescope servicing mission, Hoffman participated in three challenging spacewalks, including the second-longest spacewalk in NASA history. During a well-deserved break, Hoffman demonstrated to a live TV audience how to spin a dreidel in space! He even brought a small silver menorah with him, but could not light it, as open flames are a fire hazard in space. Three years later he made another space first when he read from a small Torah he brought with him on the shuttle *Columbia*. It is now known as the Space Torah and resides permanently at Houston's Congregation Or Hadash. Echoing the crew of Apollo 8 as they read the opening verses of Genesis on Christmas Eve 1968, Hoffman read those same verses in Hebrew. In a 1996 interview with Sandra Savlovsky of the Jewish Telegraphic Agency, Hoffman said, “Wherever Jews have wandered, they have taken the Torah with them. Astronauts are human beings and when we travel, we take with us our culture and heritage. It is important to me to take my Jewish heritage with me as well.”

Astronaut David Wolf lived on the *Mir* space station from September 1997 to January 1998. While onboard he observed Rosh Hashanah, Yom Kippur and Hanukkah. Dr. Wolf recorded a New

“I turned out to be a man who lives and works in space, just like in the movies.” – Astronaut Ilan Ramon

Year's greeting for his father's congregation in Indianapolis. In an interview with Miryam Wahrman on jewishfederations.org, Wolf explained, “Yom Kippur was unlike anything on Earth. All I had to do was fast for an hour and a half, because sunrise occurs every 90 minutes. I fasted a few sunrises.” When Hanukkah arrived Wolf celebrated much as Jeffrey Hoffman did. “I probably have the record dreidel spin; it went for about an hour and a half until I lost it. It showed up a few weeks later in an air filter. I figure it went about 25,000 miles.”


“I have a typical Jewish mother. She is disappointed that I didn't become a doctor or a lawyer.” – Astronaut Garrett Reisman

Perhaps the most compelling Jewish voyage of all was that of Ilan Ramon, who died when his shuttle broke apart over Texas in 2003. A hero in every sense of the word, Ramon fought in the Yom Kippur War and was the youngest member of the elite team that destroyed the Osirak nuclear facility in Iraq. Ramon broke new ground by observing Shabbat onboard the *Columbia* and becoming the first astronaut to keep kosher during his time in space. Prior to launch Ramon consulted with rabbis who determined that Shabbat would follow Houston time. Colonel Ramon even brought a silver kiddush cup into space and recited the blessing over grape juice.

During World War II, a young boy imprisoned in Theresienstadt envisioned what the Earth might look like from the surface of the moon, nearly a quarter of a century before Apollo 8 cameras snapped the epic “Earthrise” photo in 1968. That boy, Petr Ginz, died at Auschwitz in 1944. Colonel Ramon, the son of Holocaust survivors himself, took a copy of “Moon Landscape” with him on his shuttle flight, a fitting tribute to a boy whose powers of imagination could not be extinguished even by the Nazis. Ramon also took along a Torah that was used in a covert bar mitzvah celebration at the Bergen-Belsen concentration camp. Though these precious artifacts were destroyed along with *Columbia's* crew, Ramon's personal diary was miraculously recovered from the wreckage. On day six, Ramon recorded the following entry: “Today is maybe the first day that I really feel like I live in space. It turned out to be a man who lives and works in space, just like in the movies.”

In May of 2008 Garrett Reisman of Morristown, NJ, became the first Jewish crew member on the International Space Station or ISS. Reisman brought a copy of the Israeli Declaration of Independence given to him by Ilan Ramon's widow, Rona, as a tribute to the fallen hero. On the occasion of Israel's 60th anniversary, Reisman sent a video greeting from space to the Israeli people. You would think such accomplishments would make any parent proud. Speaking about his choice of careers in the *Jewish Chronicle* in an article by Paul Berger, Reisman explained, “I have a typical Jewish mother. She is disappointed that I didn't become a doctor or a lawyer.”

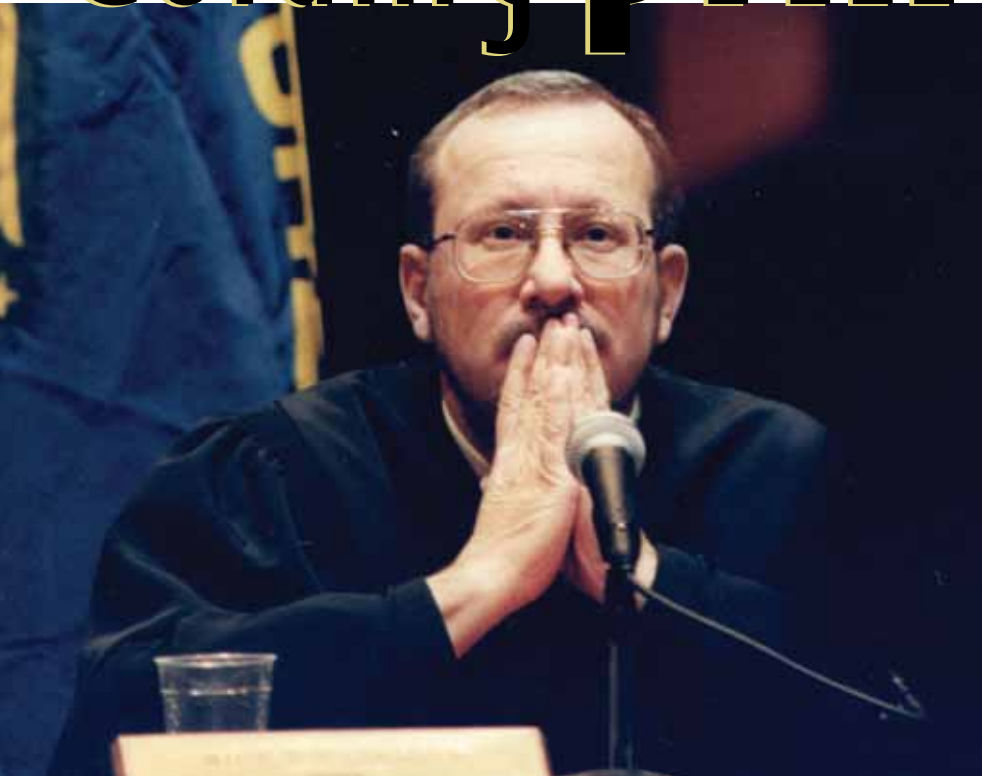
In perhaps the most delicious achievement in Jewish space history, Canadian Jewish astronaut Gregory B. Bressi became the first person to bring bagels into space in 2008 on the Shuttle *Discovery* en route to the ISS. Bressi's cousin owns Montreal's famed Fairmount Bagels and was only too happy to provide the 18 sesame bagels that made it into orbit.

The future looks bright for Jewish spaceflight, as Jeffrey Hoffman, speaking at the 10th anniversary of Chabad Santa Fe in 2007, makes clear: “I thoroughly hope that when humans go to settle Mars, Jews will go too and bring their Jewishness. It's part of what makes the world holy and we should bring it wherever we go.” 

Rich Geller is a freelance writer and father of three living in Portland.



Guiding principles



Judaism reminds judge to listen, wrestle and speak carefully in quest for justice

by Deborah Moon

Although religion has no place in legal decisions, Oregon's only Orthodox appellate judge believes Judaism offers valuable guidance on how to approach the work of pursuing justice.

In April Rick T. Haselton became chief judge of the Oregon Court of Appeals, on which he has served since 1994. After graduating from Yale Law School in 1979, he clerked for Judge Alfred T. Goodwin of the Ninth Circuit U.S. Court of Appeals, then practiced in Portland from 1980 to 1994 with Lindsay, Hart, Neil & Weigler and with Haglund & Kirtley.

"I am the first Orthodox Jew to serve as an Oregon appellate judge and, I believe, as a judge of any court in Oregon," says Haselton, who goes on to note there are many Jewish judges in the state, including his colleagues on the state appellate court, Bob Wollheim and David Schuman; federal trial judge Michael Simon; Susan Graber on the Ninth Circuit; and countless trial judges around the state. While the desire to pursue justice is not unique to the Jewish faith, Judaism can provide important insights.

Haselton says that when he prays each morning, he finds special meaning in the words of Psalm 34: "Guard my tongue from evil and my lips from speaking deceitfully."

"Given the nature of the profession and what we do with words, we do great good or great harm with speech," he says. "The power you hold as a judge ... (requires) a consciousness of the ways you affect other people's lives."

Whether a case is of large or small consequence, Haselton says it is important to remember that "every case has dignity" and "every case is big to the people involved in it." Deuteronomy 1:17 offers the reminder: "Small and great alike shall you hear."

Justice, justice shall you pursue
(Deut. 16:20)

Lawyers and Jews alike appreciate the importance of questioning and skepticism, he says. Lawyers are trained that there are no absolutes, only a ceaseless spectrum of grays. He says one of his favorite stories in the Torah is Jacob wrestling with the angel. "Being willing to wrestle ... that is judges at their best."

The Shema, the central prayer of Judaism, begins with the word "listen." Haselton says to truly listen, one must approach a dispute without fixed preconceptions. He adds that under Jewish law, justice must be done with an open mind and an even hand and uncorrupted by material considerations.

In his new position as chief judge, Haselton must look beyond the traditional judicial role to also oversee internal administrative matters and work cooperatively with the legislative and executive branches. His predecessor, former Chief Judge David Brewer, persuaded the state Legislature to increase the number of judges on the appellate court for the first time since 1977 from 10 to 13 judges.

"We have the authority for expansion," says Haselton. "I need to continue to work with the Legislature to make sure we get the funding. ... We are falling further behind. If we are unable to render our decisions in a timely manner, the implications for the whole system can be catastrophic."

People have a right to have cases decided in a timely fashion. And as both a judge and a Jew, Haselton feels an obligation to respect the rights of all parties.


While Judaism may offer daily reminders and overreaching principles that affect his work, for Haselton the commitment to those values precedes his life as a Jew. Raised in Albany by a single mother who taught him that it was imperative for him to give back, he became interested in Judaism in high school. When he went to Stanford University in 1972, he met two of his best friends, Erica Goldman and Jeffrey Druckman, and enrolled in an Introduction to Judaism class. But he didn't officially begin the conversion process until 1987, when he met Emily Simon in the Goldman-Druckman sukkah. After quizzing him on his relationship status and interest in Judaism, Simon announced her friend, Sura Rubenstein, was the perfect woman for him. When Haselton and Rubenstein later met, they agreed. Haselton enrolled in the Oregon Board of Rabbis' Introduction to Judaism class and began to work toward conversion with Havurah Shalom's Rabbi Joey Wolf.

The couple didn't wait for the conversion to be finalized; Simon performed a civil ceremony in October 1988. Exactly one year later on the Hebrew calendar, Wolf officiated at their Jewish wedding ceremony. Over the years the couple has become more observant and now belongs to the Orthodox shul where Sura grew up – Congregation Kesser Israel.



PHOTOS COURTESY OF RICK HASELTON

Oregon Court of Appeals Chief Judge Rick Haselton and his wife, Sura Rubenstein.

Haselton is a multi-term past president of Kesser Israel, where he still sits on the board. He also is a past board member of Havurah Shalom and Portland Jewish Academy, which the couple's daughter, Molly Haselton, attended through eighth grade. Molly is currently a senior at the University of Maryland. 



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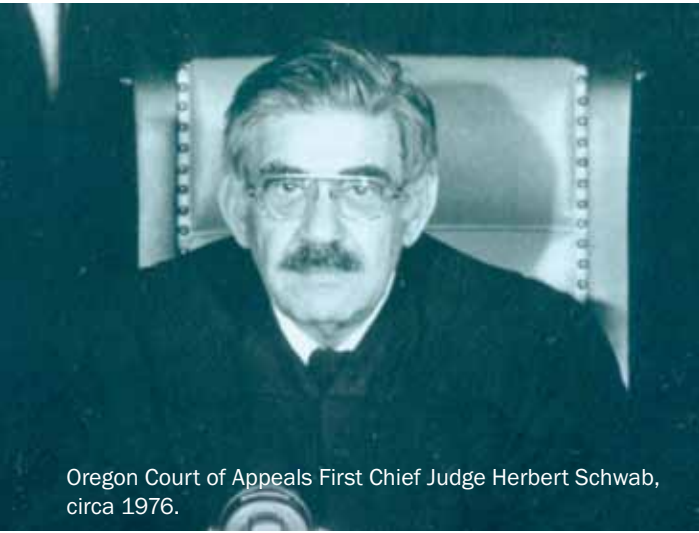
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Community service no sacrifice for appeals court's first chief judge



Oregon Court of Appeals First Chief Judge Herbert Schwab, circa 1976.

by Sura Rubenstein

Herbert Schwab inspired many, terrified some and left an impressive legacy both in Oregon law and community service.

Among many other achievements, Schwab, who died in 2005, was the first chief judge of Oregon's Court of Appeals and helped shape and define what is today one of the busiest intermediate appellate courts in the nation.

"He was one of the state's great citizens," says Jake Tanzer, who served with Schwab on the Court of Appeals during the 1970s. "He had an innate sense of justice and what was right and he had the intellect to work it out."

In addition to his tenure on the Court of Appeals, Schwab served on the Portland School Board in the 1950s and later headed a committee to study de facto racial segregation in the city's schools. The committee's lengthy report, published in 1965, drew national attention.

Schwab also helped establish the Portland Legal Aid office and served as a Multnomah County Circuit Court judge before joining the Court of Appeals. After his retirement in 1980, he was appointed one of Oregon's two members on the Northwest Power Planning Council, now the Northwest Power and Conservation Council, which oversees power in four Columbia River Basin states.

After he and his wife, Barbara, moved to Cannon Beach, he served as a municipal judge there, as well as on the city council and planning commission. He was mayor of Cannon Beach from 1991-1994.

"He epitomizes the contribution people can make to society in many different ways," Edwin J. Peterson, a former Oregon chief justice, told *The Oregonian*. "He was one of the best judges I've ever known and one of the finest people I've ever known."

Born in Portland in 1915 to immigrant parents, Schwab graduated from Lincoln High School at the age of 16. He couldn't afford college, but decided to become a lawyer. He swept floors at the National Cash Register Company to help pay his way and

graduated from Northwestern School of Law – now the Lewis & Clark College Law School – in 1939.

He encouraged his sister, Mildred, to follow his path in the law rather than pursue a career in music. She graduated from Northwestern a year after her brother and, after her own legal career, was a high-profile member of the Portland City Council from 1973 through 1986.

Herb Schwab joined the military soon after law school, serving in the Judge Advocate General (JAG) Corps and rising in the ranks during World War II. By war's end, he was an adjutant to U.S. Army Gen. Albert Wedemeyer.

The general encouraged Schwab to make a career of the military, but an incident in India convinced him otherwise: He walked into a restaurant in New Delhi, but had to step over a dead body in order to do so.

"I didn't think a thing of it," he later told Tanzer. "And I began to think: Do I really want to live this way?"

Schwab's daughter, Marty Schwab Harris, said he frequently told that story. "He felt he had become too inured; he wanted to get back to humanity."

After his return to Portland, he married Barbara Hervin Meyer, a widow with two young sons, and practiced law for 13 years before serving as a Multnomah County Circuit Court judge from 1959 to 1966. He returned to private practice briefly, played a key role in creation of the Oregon Court of Appeals and then served as its chief judge for 12 years, beginning in 1969.

According to Fred Leeson, author of *Rose City Justice*, "Schwab had a reputation as a judge who believed in plain language and speedy results."

"I like the role of resolving disputes and keeping the railroad running," Leeson quotes him as saying.

Tanzer, who joined the Court in 1973 when a sixth seat was added (there are now 10 judges on the Court of Appeals), said Schwab wanted the Court to have a clearly defined and distinctive role.

"Our job, he believed, was to decide cases," Tanzer said. "It's a broad distinction – but the Supreme Court would focus on doctrine and we would decide cases for people. Herb said that people are entitled to decisions and they shouldn't have to wait years for them."

Schwab kept track of court productivity and circulated the statistics. According to Tanzer, he didn't have to remind individual judges if they were lagging: He had a visual aid – a bookshelf behind his desk with stacks of cases awaiting written opinions, sorted by judge.

"It was brilliant and practical," Tanzer says.

Schwab could be gruff or impatient, as lawyers who were not quick to pick up on cues found out. One story, recounted in a colleague's memoir: Schwab held up his pencil, broke it in half and told an attorney, "That's what I think of your argument."

Another time, or maybe more than once, he turned his chair around during a court session while an attorney droned on. There are at



Herbert and Mildred Schwab in their home at Cannon Beach.



Herbert Schwab served in the JAG Corps during World War II. Photos courtesy of Schwab family

least two different reports of why this happened, but no doubt that it did.

"Dad wasn't a mean person," says Harris. "But he could be impatient."

Betty Roberts, the first woman to serve on both the Oregon Court of Appeals and the state Supreme Court, described her relationship with Schwab and some of the other judges as rocky if not hostile, at least for several years after her 1977 appointment.

In her memoir, *With Grit and By Grace: Breaking Trails in Politics and Law*, Roberts says relationships gradually improved and that Schwab supported her appointment to the Supreme Court.

"I had respect for the position of chief judge," she wrote. "And Herb Schwab, as the Court's first chief judge, had done a fine job of organizing the personnel and work of the court."

Harris notes that her father was proud of the Court of Appeals – its efficiency and the quality of its opinions – but that he considered his work on the Portland School desegregation issue his greatest accomplishment.

The 249-page report of the Committee on Race and Education was completed over more than 13 months, spearheaded by Schwab and a committee of 38 whom he called "a cross-section of the conscience of Portland."

The Oregonian praised the report as "one of the most comprehensive ever made on the subject in any American city, regardless of size." It reviewed de facto segregation in city schools and made numerous recommendations, including a Model Schools program, to address inequities in opportunities and achievement.

At a celebration of their 50th wedding anniversary, Schwab credited his wife with encouraging him to become involved in community service. It was a passion they shared, working together on the Cannon Beach History House and the Cannon Beach Arts Association, among other projects.

One of his techniques, Harris said, was to hold regular "coffee club" gatherings, both during his time on the Court and in Cannon Beach. He would go to a coffee shop and invite others to join him for an informal chat about whatever might be on their minds.


"He just attracted people and he really enjoyed them," Harris said. "He had a booming voice, he was a great storyteller, very well read, thoughtful and incisive."

"He enjoyed the study of law, the concept that law is meant to make things fair," she added. "He really enjoyed the sessions where the judges would all sit around and discuss the cases, argue the points."

Harris, who now lives in her parents' home in Cannon Beach, has continued her parents' tradition of community involvement through the Cannon Beach Backpack Program, which provides supplemental food for elementary school students, the arts association and other endeavors.

"He was an advocate for fairness," she said. "And he was a mensch."

In an *Oregonian* interview in 1984, Schwab said that neither he nor his sister (who died in 1999) viewed public service as a sacrifice.

"It's been a pleasant life and a comfortable, satisfying one," he told a reporter after he was elected to the Cannon Beach City Council. "I don't think either one of us would want to be talked about in terms of sacrifice. We've done what we wanted to do." 

Sura Rubenstein is a freelance writer in Portland.

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DUELING INNOVATORS

Everyone wins when two Portlanders earn national fellowships to “transform the Jewish landscape”

by Deborah Moon



National fellowship recipients Sarah Blattner and Steve Eisenbach-Budner may use very different tools, but their vision is the same – to build a brighter future for a more involved, educated Jewish community. The Portlanders received two of the eight awards presented by the Joshua Venture Group, which invests in leaders with unique ideas that JVG believes will significantly impact the Jewish world. Sarah plans to bring the new technology of digital badging to Jewish day schools to help them expand their curriculum and motivate students. Steve unites the ancient tools of home building and Jewish texts, along with the study of modern socioeconomics, to create bonds within the Jewish community and between the Jewish community and other groups.



Tivnu participant Jacob Rosenblum talks to Steve Eisenbach-Budner during a Tivnu building project.

THE INNOVATION AND CREATIVITY THAT HAS FLOURISHED IN PORTLAND'S JEWISH COMMUNITY LATELY IS NOW ATTRACTING NATIONAL ATTENTION. TWO PORTLANDERS – STEVE EISENBACH-BUDNER AND SARAH BLATTNER – RECENTLY BROUGHT HOME PRESTIGIOUS NATIONAL AWARDS.

Every two years the Joshua Venture Group awards fellowships to social entrepreneurs who have the potential to “transform the Jewish landscape.” In a remarkable feat, Portland landed two of the eight slots this year.

“We were very impressed with the strong representation of the West Coast, and particularly Portland, in this cohort,” says JVG Executive Director Lisa Lepson. “We received more than 150 applications from across the U.S. and Canada. The pool was very competitive, and we were pleased to see innovation coming from a smaller community, less known for Jewish start-ups than some of the larger metropolitan communities.”

JVG is a nonprofit organization “dedicated to reinvigorating and expanding the Jewish community through building the capacity of young ventures and their leadership, (which) invests in leaders with unique ideas that we believe will significantly impact the Jewish world.”

JVG’s 2012-2014 Dual Investment Program provides each fellow with \$80,000 in unrestricted funding and more than \$20,000 in personalized coaching, training and networking

during the two-year fellowship. This year The AVI CHAI Foundation partnered with JVG to co-support fellows whose work focuses on day school education, including Sarah’s project.

United by geography and the fact that they are the first recipients to begin the fellowship after age 40, the Portlanders’ groundbreaking ideas are polar extremes in terms of the tools they will use. Steve’s Tivnu venture unites the age-old practice of homebuilding with Jewish text study to promote social justice and affordable housing as Jewish values. Sarah’s Tamritz project will use digital media advances to create a powerful educational tool for Jewish day schools. *Tivnu* is Hebrew for build, while *tamritz* means incentive.

TIVNU: BUILDING JUSTICE

In the spring of 2011, Steve Eisenbach-Budner organized two one-day, hands-on social action construction projects. The positive response inspired him to incorporate Tivnu: Building Justice in June of that year. Since then, in partnership with organizations such as Habitat for Humanity and PCUN (Oregon Farmworkers Union), he has sponsored several projects that combine construction, Jewish study and advocacy. Those programs have lasted for one day to one week. The JVC Fellowship will enable Tivnu to expand and offer more and longer programs.

“I am really appreciative they realize this is needed to give someone who is not independently wealthy the time to work on a project and start a new organization,” says Steve, adding that “they are right on” in terms of how to spark creative ventures.

He says the grant enabled him to “quit my day job and focus full time on Tivnu. I count my blessings for it.”

Tivnu combines aspects of many experiences Steve has had in his 48 years.

After serving as president of Young Judaea when he was in 12th grade, he participated in a Young Judaea gap year program in Israel. Drawing on the concept of a break year between high school and college, Tivnu will offer a “bridge year” program beginning next fall.

“The bridge year is meant for kids who’ve finished high school and want a structured program before going on to the next phase of life, which may be college,” he says. He prefers the term bridge year over gap year because “this is a more substantial ‘bridge’ to the next step in life.”

The bridge program and other Tivnu programs draw on some of the ideas and skills from his work with Portland YouthBuilders over the past 10 years. As a construction teacher at YouthBuilders, he worked with at-risk 17- to 24-year-olds to build affordable housing.

“It was a great job working with young people and a talented staff. I could not have gone directly from being a contractor to Tivnu. At YouthBuilders I got a foundation in teaching construction, case management and larger organizational issues,” he says. “Having done YouthBuilders gave me the confidence to know this is doable with added components.”

Steve believes Tivnu has vast potential to build community within the Jewish community and between the Jewish community and other groups.

“I know that the action of getting dirty together, working hard and producing something tangible at the end of a project builds relationships and community in a unique way that study alone doesn’t achieve,” he says, adding, “We do have an education component. We study Jewish texts and the socioeconomic context related to the project.”

Within the Jewish community, he says Tivnu has built cohesion within the synagogues and young adult groups who have participated in short projects. As Tivnu expands to offer projects to the whole community, he says it will continue “to bring together Jews whose paths might not normally meet.”

Tivnu also provides links to communities and people outside the Jewish community. During a week-long building project for PCUN, he says participants gained understanding and ongoing connections with the Hispanic farmworkers with whom they worked, studied and ate.

“They studied Jewish texts with us,” says Steve. “We learned with them about pesticide poisoning, immigration and farmworkers’ labor history in the U.S.”

Following that program, he says several Tivnu participants began to advocate on behalf of farmworkers. Rabbinic student Arielle Rosenberg did a summer internship and presented a program on wage theft at the Mittleman Jewish Community Center.

“I hope outgrowths of the construction projects are broader, long-lasting relationships and learning and commitment to issues raised during the project,” says Steve. “I hope Tivnu can be a conduit to educate the Jewish community and lend a Jewish voice to activism already going on with different organizations.”

While the JVG Fellowship will allow Steve to devote himself full-time to Tivnu, he is still pursuing other funding to help the program grow. Tivnu is also a finalist for grants from the Natan Fund and the Covenant Foundation. “To get to the finalist round shows we are being taken seriously for the Jewish education piece,” he says.

Information on Tivnu projects, including the bridge year, is available at tivnu.org or email steve@tivnu.org.

Steve and his wife, Deborah, have three children: Tamir, 13; Lev, 11; and RozaBess, 4. All three attend Portland Jewish Academy.

TAMRITZ: DIGITAL BADGING

Tamritz grew out of Sarah Blattner’s experiences with four Jewish day schools in different cities. The 42-year-old mother of Aliyah, 11, and Shai, 9, and wife of Marc Blattner, she has been involved in the technology programs as a volunteer or staff at Jewish day schools in Baltimore, Atlanta, Philadelphia and Portland. Sarah was the technology integration specialist at PJA before receiving the JVG

The goal of Tamritz is to create a national network for Jewish teachers and students to collaborate online.

Fellowship to launch Tamritz. While each school has valuable technology programs, she says they have been developed largely independently with little national collaboration.

When PJA sent Sarah to the North American Jewish Day School Conference to network about what other day schools were doing, she discovered badge learning. She compares digital badges to the badges Boy Scouts earn. Digital badges are graphic icons that students can post on their Facebook or other social media pages. But the badges are encoded so they cannot be copied, and they link back to the issuing institution to provide a transparent digital transcript of learning and accomplishment. Students actively pursue badges for projects, but earn other badges during the process, such as those that recognize cooperation or some other trait they have exhibited during their online work.

At a conference session sponsored by the Covenant Foundation, she met Barry Joseph, a consultant who helped the Epstein School in Atlanta implement badge learning. Now the associate director for digital learning at the American Museum of Natural History in New York, Joseph spoke about badge learning and how it interfaces with the way kids learn today through digital learning.

“Kids can direct their own learning,” says Sarah of the digital badge program. “Teachers become coaches and facilitators, which is the trend in 21st-century learning. Kids now want to discover and explore and collaborate. Educators have to be artful coaches and guides.”

Now Sarah is creating a national learning network so that Jewish day-school students and teachers can use



Sarah Blattner works in the computer lab at Portland Jewish Academy.

digital badge learning to collaborate, co-create and co-learn.

"My goal is to develop core badges," she says. "The first badge I want to develop is for digital media literacy. Schools and teachers can try out and experience the process so they are familiar with the paradigm and can develop their own badges."

The goal of Tamritz is to create a national network for Jewish teachers and students to collaborate online.

"I'm interested in networks and the idea of sharing," Sarah says. "There is so much to be gained when sharing and brainstorming and thinking about the same things together. The power is tremendous."

By spring Sarah expects to have a training curriculum for teachers. Web 2.0 will be an online 10-week course for teachers that will enhance their understanding and skill set of tools available for use in the classroom. The course will also expose teachers to the digital badge concept so they will understand what their students will experience. Over the summer she hopes to have some short programs to bring the teachers together.


By next fall she hopes to have three pilot schools to pilot the badge for digital media literacy.

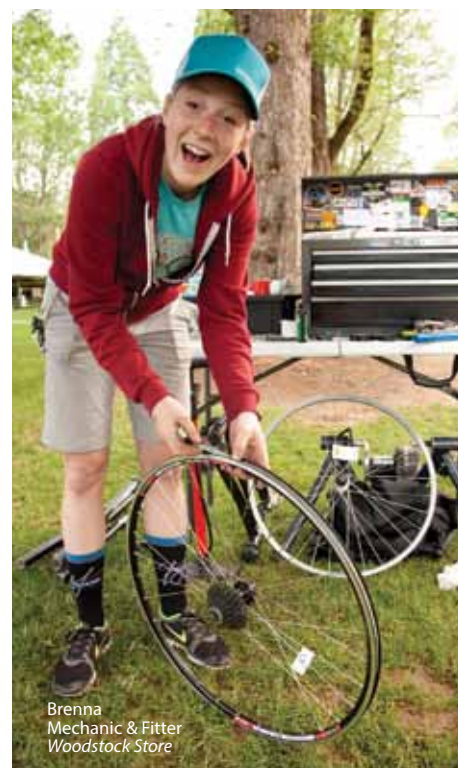
In addition to the direct funding to support Tamritz, Sarah says she is very excited to have access to the learning resources for herself in terms of creating a strategic business plan and marketing.

"I'm an educator," she says. "I've never run a business before. ... They are there to support me. It's a lot easier to be an entrepreneur when you have a network behind you."

Having two JVG Fellows in Portland makes networking even easier, she says. "We can share our excitement and challenges. Steve already has gotten his project off the ground, so I can learn from him how he set up the structure. I have good tech skills, so I'm happy to help him with the technology."

Among her first steps will be to develop her new website, Tamritz.org. Meanwhile, she suggests people seeking more information contact her through Twitter. Her Twitter handle is techbabbler88.

"It is clear that the Joshua Venture Group recognized in Sarah those qualities that we, too, recognize: supreme competence in her field coupled with the energy and drive to change the world," PJA Principal Merrill Hendin wrote in a letter to PJA parents. 



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NORTHWEST FASHIONISTA

by Catherine Garvin
Photos by Katie Walker-Hayden
Mia Karren models hats from Bonnet Boutique.

The Fall Fashion Game

by Catherine Garvin

Let's play a fall fashion game and pretend the sky is falling. If the sky was falling, what do you imagine might land on your head? A pine cone? No. A bonnet? Yes, a bonnet.

Autumn fashion invites the playful nature of the Northwest Fashionista to create a personal style.

How does one best create personal style? It's simple – play around with character, personality and flair by placing a hat on your head. Yes, a hat. Imagine that.

Here's a not-so-secret tip on how to become a show-stopping style star – just top off the transitional wardrobe with lots of trendy hats. It's so much fun.

Yes, the dress-to-dazzle recipe for success is a quick, functional fashion accent to express style savvy during day-to-day climate changes, even while pretending the sky is falling.

Consider this: The Northwest Fashionista wants not just any hat, but a hat designed

and handmade for her unique and individual personality.

Begin with measuring out the size and shape, sprinkle a touch of texture, spice up with a juicy color, and mix together at the Bonnet Boutique in the Pearl.


"The Northwest Fashionista is interested in being unique in her style," says hat designer and Bonnet Boutique owner Patricia Zanger. "She is green, and shops used and vintage stores for one-of-a-kind wardrobe pieces. She doesn't want to look like everyone else, and she often looks different day to day. She can have a bohemian slant, with a vintage leather or chunky knit jacket mixed with skinny jeans, gorgeous shoes and a fabric, locally made bag, topped with a wide-brimmed wool floppy hat or a hand-knit beret. She has a going-out look that is more tailored and tends to have some black and some shine to it."

Zanger designs her own line of hats, Bonnet, in her shop at 412 NW 11th Ave. But she

also carries other independent and domestically made brands in her shop.

Continuing her reflection on the Northwest Fashionista, Zanger comments, "She likes fascinators and 1920s-style cloches and gorgeous scarves. She is well read and may have a fictional heroine that inspires her look. Mostly she is a unique individual who likes to express herself through her clothes rather than having them wear her. Did I mention that she shops at Bonnet?"

The hats and jewelry on these pages are available at Bonnet, and the fabulous fashion is found at LeanneNYC, just a block away at 402 NW 12th Ave.

Hey, did anyone feel that first raindrop fall? 

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Catherine Garvin, fashion writer and playwright, writes about national fashion, Portland style and Portland music for www.examiner.com. Her fashion video series, "How I Found Myself in Vogue," recreates million-dollar style for the ambitious woman who dresses to dazzle at home, work and play right from the closet. Check out her work at www.catherinegarvin.com.



The ice-blue flapper Amelie cloche is a cool customer favorite, especially for those who loved the namesake movie and *Downton Abbey* fans. Wear the Amelie cloche with a crochet sweater by Gentlefawn, found at LeanneNYC, and look ever so chic sporting a chin-length bob or this season's pixie cut like celebrities Anne Hathaway, Ginnifer Goodwin and Michelle Williams and our Bonnet Boutique model Mia Karren.

Opposite: Warm up to a raspberry wide-brim hat called "Marlena," paired with a cute caplet by Freeway.

Below: Or try on the terracotta cloche named "Greta," paired with a sizzling dress by Hazel accessorized with jewelry by Zachary Pryor.



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Harry Glickman's passion for sports started early and has lasted a lifetime



Harry Glickman (front row, second from right) with his B'nai B'rith Cardinals basketball team in 1937.

by Polina Olsen

Photos courtesy of Oregon Jewish Museum

When the Oregon Historical Society honored Harry Glickman for career accomplishments in September, they added a prize to his long list of illustrious and well-deserved awards. Inducted into the Oregon Sports Hall of Fame in 1986, the International Jewish Sports Hall of Fame in 1995 and the inaugural class of the Oregon Jewish Sports Hall of Fame in 2012, Glickman is known as the state's "father of professional sports."

After founding Portland's National Basketball Association franchise in 1970, Glickman served as the Blazers' general manager until 1987 and later became president and president emeritus. He also brought professional hockey to the city when he helped found the Portland Buckaroos in 1960.

continued on page 32



Harry Glickman waits courtside at a Trail Blazers game.



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"I've always had a passion for sports," Glickman said during an interview in his Pearl District condominium. Born in 1924 to Russian and Polish immigrants, Glickman grew up in Old South Portland and played basketball with the B'nai B'rith Cardinals under the great coach Harry Policar.

Realizing he would never be a professional basketball player, Glickman decided to become a sportswriter. After he graduated from the University of Oregon journalism school, his promised job at *The Oregonian* went to a returning vet. He switched to promoting sports events.

"When they built the Memorial Coliseum, we got the Portland Buckaroos," he said. "They were a great team, a great bunch of people – all Canadians. Many stayed in Portland and still live here." The Buckaroos became one of the most successful franchises in



Harry Glickman talks with Jack Ramsay, left, who coached the 1977 Trail Blazers to the NBA championship.

minor league hockey history. Then, in 1970, with help from three successful real estate professionals, Glickman won an expansion franchise with the National Basketball Association and became the Portland Trailblazers' general manager. Seven years later, the team won the national championship.

"The key thing was winning the coin flip they had between two colleges," he said. "As the first pick in the college draft, we got Bill Walton. We had four first-round draft choices, three second-round draft choices and two third-round draft choices. Nine of the 12 players were our own picks in the draft. Stu Inman, director of player personnel, put the team together. And we had an outstanding coach, Jack Ramsey, and a wonderful assistant, Jack McKinney. We wanted the Blazers not only to be a Portland team but an Oregon and Northwest team. We ended with the largest radio network in the NBA.

"Historically, general managers were guys in charge of the team," Glickman continued. "They selected the draft and made trades. When I took the title 'general manager,' I divorced the two things. I took over the financial part of the business. Public relations, tickets sales, television and radio were all under me. That left Stu to concentrate on basketball. Today, it's back to where most general managers are into basketball and have a chief financial officer and public relations people. We're back to where the general manager looks over playing issues."

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Looking back over the years, Glickman sees two Portland dynasties. “The Buckaroos were one,” he said. “They won the championship eight times. The other is the Linfield College football program. They’ve gone 59 years without a losing season. Two Portland dynasties, and the University of Portland women’s soccer team is not too far behind.”

Regarding change, the greatest improvement, he said, are the players themselves. “The athletes aren’t smarter but they are bigger, faster and stronger. They’re better athletes. Nutrition and medical technology have changed. When we were in hockey, if a player had a torn cartilage, he could have six weeks off. Now he’s back in two days.”

And, what is his greatest professional accomplishment? Even more than winning the NBA championship in 1977, he said, was getting Portland into the major leagues of professional sports. “It enhances your image and cements the community. One of the writers at *The Oregonian* said, when you mention Portland, people no longer think of Maine. I think in 1990 we lost in the finals to Detroit. I got a call the next week from the manager of the Portland Chamber of Commerce. They’d had more inquiries about locating businesses here than in any time since he’d arrived. He attributed that to the Blazers.” 

Polina Olsen is an author and freelance writer in Portland.



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by Liz Rabiner Lippoff

Sandi Scholnick was reduced to tears – again. Her 92-year-old mother, Pauline Lecker, had been living at the Rose Schnitzer Manor at Cedar Sinai Park for 5½ years, and, despite her encroaching Alzheimer's, the situation had been ideal. Then her mother's condition began to deteriorate day by day rather than month by month. It was clear that the time was approaching when her mother would need to move to a facility with a higher level of care, but where was the right care? Could they afford it? Would her mother be happy?

Sandi did exhaustive Internet research and asked everyone she knew and still could not put her finger on clear options. The financial ramifications were scary and the emotional strain on her was crippling. As much as she needed answers, she also needed relief.

"I had to get out from under this tremendous burden," Sandi says, "so I could move from 'woe is me' and focus on what is best for my mother."

Sandi isn't alone. Whether you are a senior weighing your Medicare options or an adult trying to find a nursing home for a frail parent, there is almost too much information out there. Much of it is too generic to be helpful, as Sandi found on her Internet search. There's no app that will filter for the right level of care, price, location and "feel." Just as important, no website or brochure provides the emotional support families need.

Cedar Sinai Park has stepped in to fill that void with its newly revamped Elder's Family Learning Initiative. Once a series of classes for aging seniors and their adult children, it has evolved to small round-table workshops designed to give both specific information and TLC.

"We guide people through the process," says Kimberly Fuson, chief program officer at CSP, "but the format does much more than that because, for these families, it's an emotional roller coaster." In the new model, a small group of adult children meet with experienced social workers who explain the choices and resources and offer ongoing support. Experts include David Molko, senior outreach and emergency services director at Jewish Family & Child Service; Sarah Wheeler, social services director at Robison Jewish Health Center; and Leslie Sacks, Robison's assistant administrator. Just as important, though, the adult children meet with each other.


"One person started to talk and I burst into tears," Sandi remembers. The others were also emotional. "Some were frustrated, at their wits' end, almost angry." There were plenty of tears. For Sandi, it was wonderful. "I'm not alone. I don't have to be embarrassed that I don't know what to do or be ashamed about my emotions. I have options *and* I have a support system."

Fuson wants to expand the program to target adults who don't need to make decisions today or next week. Sandi was fortunate in that her mother was getting excellent care at the Rose Schnitzer Manor and didn't have to move immediately, but many nursing home admissions are sudden when, for example, a parent breaks a hip. Being informed and being prepared can be empowering.

"People don't want to think about aging, and so they don't discuss it with their family," she says. "We want to catch people when they are healthy and can have these conversations with parents, spouses and children. This could also be a part of preventative care, such as

preparing an advanced directive so there is less last-minute decision making."

And less stress.

"My tears of being overwhelmed were turned to tears of relief that help is here," says Sandi. "These are my partners and my friends. It's been wonderful." 

Liz Rabiner Lippoff is a Portland freelance writer and a medical marketing specialist at Liz, ink: www.LizInk.biz.

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ACTIVE INDEPENDENT SENIOR LIVING

Deciphering Medicare

Dec. 7 Open Enrollment deadline important for all seniors

by Deborah Moon

All seniors should check their Medicare prescription plan (Medicare Part D) and options for Medicare Advantage before the Dec. 7 Medicare Open Enrollment deadline, says Samuel Weiss, who serves as a long-term care ombudsman.

As an advocate for residents of senior care facilities, including Robison Jewish Health Center and Rose Schnitzer Manor, Weiss helps seniors navigate what can seem to be a daunting task.

"It is not that difficult," he says. "Medicare.gov takes you step by step through the process of seeing what plans are available. If people just read and follow through with

a list of medicines they take, it does a great job. That's what I do with residents at Rose Schnitzer when they ask for assistance."

Seniors should review their Medicare plan every year, since their needs and medications often change, and the plans that are available change too. Medicare.gov can compare your current plan to all plans available in your area for the coming year, says Weiss.

It is important to consider the total out-of-pocket expense of a plan, he adds. Some people focus on the monthly payment or the co-pay for medication but don't check that their medications are covered.

"The key is formulary," he says. "Not all plans cover all medications. Enter all your medications, dosage and frequency (on Medicare.gov). That tells you what it will cost you."

He says seniors should also look at the Medicare Advantage options available in their area. While traditional Medicare allows seniors to use any provider that accepts Medicare, Medicare Advantage plans give seniors access to the providers in a particular network, such as Kaiser and

Humana. The Affordable Care Act has impacted the Advantage plans so seniors should look at what options fit them best, Weiss says.

The AARP website (aarp.org) includes the following description of Medicare Advantage (Part C) in an article by AARP Bulletin Senior Editor Patricia Barry: "This option provides several different alternatives to traditional Medicare, each offered through many private insurance plans that Medicare approves and regulates. Every year Medicare gives each plan a set amount of money toward the care of each person enrolled in the plan, regardless of how much health care he or she uses, and you pay what the plan requires for each service. Each plan must provide at least the same services as traditional Medicare but may offer extra benefits."

Both Weiss and Michele Blackwell, director of Jewish Family & Child Service's Lifeline program for seniors, recommend contacting the SHIBA program (Senior Health Insurance Benefits Assistance) for help deciphering the options. Contact SHIBA at 1-800-722-4134 or www.oregon.gov/DCBS/SHIBA. 

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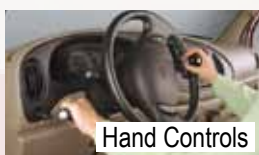
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Ask Helen

Should I mention aging friend's forgetfulness?

Dear Helen:


I'm 63. My friends range from early 40s to late 70s. In the 60+, I'm beginning to see signs of mental decay. Not so much the common or occasional forgetfulness about appointments or phone numbers but what seem like bigger chunks of their brains becoming less reliable. I don't know whether to say something directly to them, gently ask a family member if they've observed anything similar or do nothing. My own parents succumbed to Alzheimer's, so I am especially sensitive to the issue. I always said I'd shoot myself before I put my kids through what I experienced. But that sounds more like a younger person's hyperbole than a realistic plan.

Wanna Stay Me

Dear Wanna Stay Me:

Consult folks who are experts on aging brains. Start with research online and local Alzheimer's support groups. Look for information about early warning signals, as well as things you can do to sharpen your brain. As someone who recently studied a new language, I can attest to the value of stretching your neural network with new information. There's lots of positive new research on neuroplasticity, the ability of our brains to learn and accessible software to back it up. Scientists who study animals in new situations have observed

what they call "dendritic branching" in their brains, an image like the expansion of the Tree of Life in our head.

Raise the topic of memory loss with your friends. You can make it humorous, as in "I was standing in the middle of the kitchen, had no idea why and wasn't even hungry!" Or "I got two blocks from my house and realized that without the errand list I'd left on the kitchen table, I'd just be wasting my time." Keep it light unless you really sense someone has something to hide or a lot of shame about the topic. Then get more serious and personal, though one-on-one. I would not engage relatives unless you have personally observed something seriously worrisome. You'll just create anxiety and possibly an unneeded intervention. But if you think something is really wrong, and are willing to risk the "buttinski" tag, speak to a loving spouse or child, starting with, "Have you noticed so-and-so 'slipping' at all?" Then listen and learn how to help. 

A resident of Eugene since 1981, Helen is a member of Temple Beth Israel, where she studies and speaks on Torah. She claims to have black belts in schmoozing, problem-solving and chutzpah. She's a writer and an artist (www.kabbalahglass.com). Please email your questions to helen@yourjewish-fairygoddmother.com.



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For our Traditions column each month, *Oregon Jewish Life* typically asks a group of rabbis, cantors or educators a question relevant to the season or a theme in that issue.

This month, for our special section on seniors, we decided to ask professionals in the field of elder care to consider how traditional care for seniors is changing.

We asked several professionals the following question:

"Baby boomers' expectations about aging differ from those of previous generations, which may have helped create the many new trends in senior care. Please briefly discuss one trend in senior care or describe a way your organization is dealing with new expectations."

David Fuks | CEO | Cedar Sinai Park

Independent, assisted and nursing home care; day care; affordable housing; and in-home care for seniors



The challenges of responding to the needs of the baby boom cohort as it ages will have a profound impact on senior care. We know that boomers

are highly individualistic and want to do things their own way; perceive themselves as youthful and expect systems to accommodate their lifestyle choices; and have very high expectations for quality. Additionally, many do not have adequate savings for their senior years as a result of losses during the economic downturn or because their careers did not allow them to save.

Cedar Sinai Park is responding to all these factors. We continue to diversify our service mix to provide a range of choices. We are developing lifelong learning and social programs to accommodate boomers' lifestyle choices. We are committing more to home- and community-based services to allow people who need assistance to live wherever they call home. Finally, we are investing in affordable housing and middle-income housing to provide access to downtown and community living.

Whether the staff person helping an elder in a community is called a case manager or a concierge will be a matter of nuance. What

will remain consistent for the elders CSP serves is our commitment to provide a meaningful and Jewishly informed life to help them live with comfort, independence and dignity.

Parker Campbell | Director of In-Home Services | Terwilliger Plaza

A private, nonprofit, self-governed, diverse community for people 62+ in downtown Portland



For over 50 years, Terwilliger Plaza has been living out its mission of helping older adults lead vital and engaged lives within the

Portland community. The city of Portland has grown and evolved over that time, but Terwilliger Plaza has continuously sought to meet the needs of its members in creative and substantive ways.

A recent development within Terwilliger Plaza has been the formation and implementation of the Plaza's own licensed in-home care agency. For the past three years, these services have been promoted only to existing Terwilliger Plaza members and staff. However, we currently offer these services to a select group of individuals who have previously established contact with Terwilliger Plaza.

Our in-home care agency is set up in a slightly different way than the multitude of other agencies in the general community. We focus exclusively on individuals who have been in communication with Terwilliger Plaza. Like our members, we value education and the lifelong learning process. Our goal is to further the mission and vision of Terwilliger Plaza to all individuals that we are in contact with. We truly want seniors to be able to become a part of our community without leaving home.

Gary Warren | Executive Director | Pacifica Senior Living – Calaroga Terrace



One of Portland's landmark senior communities providing both independent and assisted living

As recently reported in *The Oregonian*,

Calaroga Terrace has developed a broad and far-ranging activity program. One component of this is our "Embrace the World" program. Every month this program visits a different geographical area of the world. In January, Calaroga residents learned how to play African drums, experienced an Ethiopian coffee ceremony and were visited by rain forest animals from the Oregon Zoo. In other months they learned how to play the Australian aboriginal didgeridoo, visited a mosque during evening prayer call, participated in a scotch whiskey tasting, and have enjoyed musical and dance performances from differing geographical areas. The foods of the areas are also explored with monthly "taste of's" at happy hours, and a featured dinner offering a full menu of the foods of the region.

Calaroga Terrace also has a wide variety of cultural activities that include theater, symphony and art gallery outings as part of the regular calendar of events. All of these activities are intended to offer a wide variety of activities of interest to the residents and attractive to their families to participate in.

Michele Blackwell, MPA | Lifeline Program Director | Jewish Family & Child Service



Supports individuals and families through life transitions and personal crisis within context of Jewish values

The term "Sandwich Generation" is

not necessarily a new concept – unless, of course, you are like me and find yourself unexpectedly confronted with the realities of a demanding and rewarding career, parenting a youngster *and* caring for aging parents – all at the same time. More and more, families find themselves in a similar situation. While caring for family is rewarding, new roles and differences of opinion about how to help parents as they age can cause stress for everyone involved. Jewish Family & Child Service assists families to navigate these often complicated and sometimes challenging life changes.

Our trained and compassionate staff help families identify needs, facilitate communication between family members, locate resources and support the family along their

journey. Direct services include a consultation with a senior specialist, family meetings and support, VIP*Homemaker Services to assist seniors in remaining independent in their own homes, and case management. We connect families to Sinai Family Home Services when there is a need for personal care, or to our partner agency Cedar Sinai Park when assisted living or nursing home care is needed. The service network offered to seniors in the Portland community is a model for other communities around the country.

**Merry Larsen | Marketing Director |
Courtyard Village at Raleigh Hills**



**An active
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Baby boomers don't want to know they are getting older. My peers may not have said

these exact words, but the consensus is we want to continue to be active. We want to "go out and try new things," see the area with friends, experience variety in dining

and stay physically fit, while finally having the time to "play" with both current and new friends.

Courtyard Village at Raleigh Hills has a few boomers in our mix, but many of our seniors are paving the way for this trend. Being a very social, active group of people, we provide many activities available for them to participate in the day and evening time (i.e., music, theater, dining, etc.). Courtyard Village is responding to the boomers' concept of aging gracefully by expanding plans for a wellness center. Our culture has always been, "Give them what they want, and make them happy." Baby boomers will fit in here just fine, when their time comes.

**Ginni Kennedy | Executive Director |
NorthWest Place**




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Rightsizing means more than just changing the size of their homes; it also includes rightsizing their lives to allow time for the things they now find important and putting aside those that are holding them back. With weekly housekeeping and dining choices provided by the community, as well as all the interior and exterior maintenance, residents now have the time to do as they please.

Whether it is participating in the wide variety of social, recreational or educational activities within the community, enjoying NorthWest Place's close proximity to Portland's museums, theaters, boutiques and fine dining, or taking advantage of opportunity to "lock and leave" to travel abroad – NorthWest Place affords residents the choice and freedom they desire and the ability to "rightsizing" their lives. 

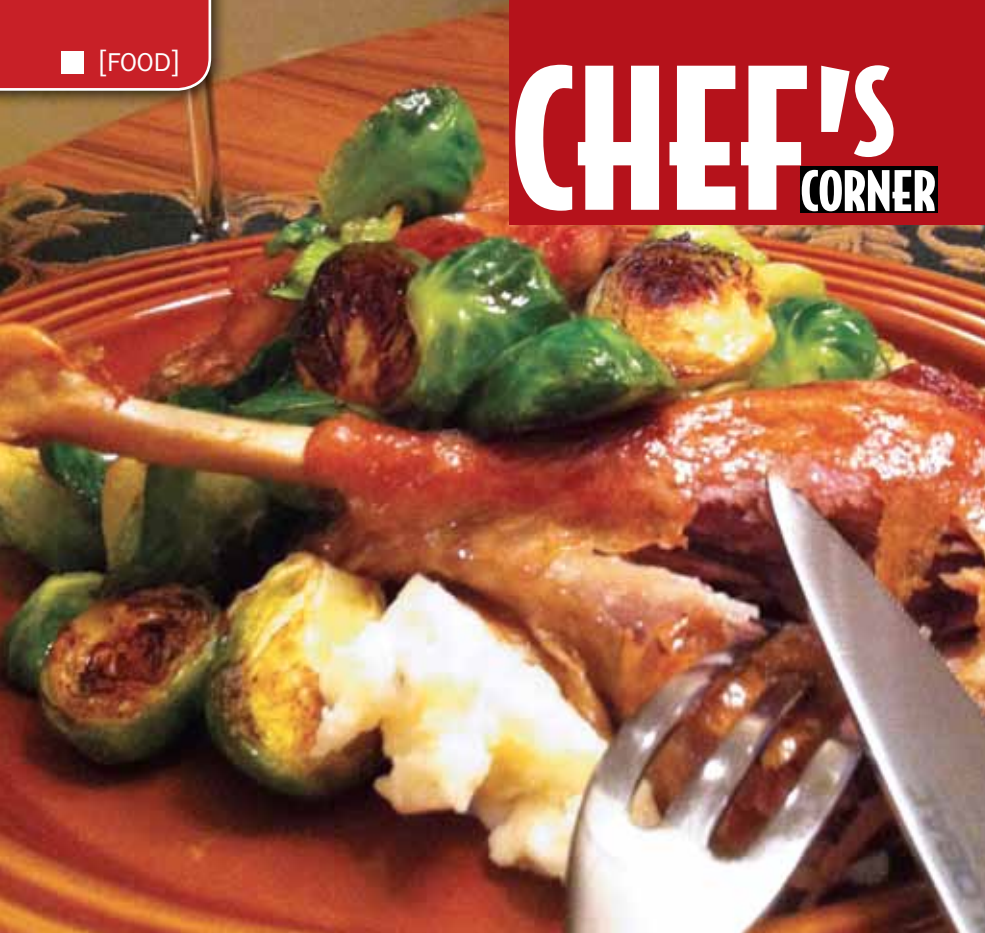


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CHEF'S CORNER



This Thanksgiving bird has plenty of legs for everyone

by Lisa Glickman

Even though Thanksgiving isn't a religious holiday, foodies like me think it is pretty close. I look forward to coming up with the menu for our Thanksgiving feast every year. As soon as the leaves begin to turn, I start poring through articles and recipes, trying to put a new spin on this holiday's meal.

With the exception of the few years I lived out of state, I am the official "master of ceremonies" for my extended family's Thanksgiving dinner. While I was away, my sister was left to host Thanksgiving for our family. She roasted the turkey in an oven bag, made reconstituted stuffing out of a box and served cranberry sauce from a can. I refer sadly to those years as "the lost years," when predictable tradition and off-the-shelf convenience seemed to conspire to produce a meal that could have been found in any grocery store's freezer section. OK, you may want to insert the term "food snob" here ... guilty as charged.

Now that we are all happily reunited here in Oregon, our family is together

again on Thanksgiving Day. Side by side in the kitchen, the girls and I happily sip Bloody Marys and create some seriously spectacular food.


For me Thanksgiving is not the day to make things that are quick, convenient or even healthy. It's a day to be together, to be thankful for our good fortune and, of course, enjoy lots of delicious food – the diets can wait! We have created a new Thanksgiving tradition to help make up for all the extravagant eating: The entire family goes for a long hike on Friday!

This recipe was created to pay homage to one of my favorite food indulgences. Duck confit (pronounced "con-fee"). While living in Barcelona we were close enough to the southern border of France to make occasional day trips to little towns like Perpignan. We would stop to have a decadent lunch of cassoulet made with white beans and tender duck confit. The duck legs and thighs are slowly roasted completely submerged in their own fat, resulting in exquisite, fall-off-the-bone tender meat. If I see it

on a menu anywhere, I can't deny myself this pleasure. I wondered if that same technique could be used with turkey legs, and, happily, I was right.

Making your turkey this way is great because it allows you to have as many legs as you like, and in my family, we all want a leg. No matter how large a bird you buy, you still have only two legs, so I like to buy two smaller birds, confit the legs, thighs and wings and roast the boneless breasts separately. Think of it as carving the turkey before you roast it. And, if you ask nicely, your butcher will probably be happy to disassemble the bird(s) for you. (P.S.: you can use the left-over carcass to make the stock for gravy!) You can also find extra turkey legs packaged separately so you can make as many of these delicious shanks as you like.

Confit, a specialty in southwestern France, is a term for foods (usually the legs of duck or goose) that have been cooked totally immersed in their own fat – both for flavor and preservation. The meat is salted and seasoned with herbs and slowly cooked in the oven at a very low temperature. After the meat is cooked, it can be cooled and stored in the fat for an extended period of time, even without refrigeration. As long as the meat is totally submerged in the fat and not exposed to the air, it will keep for weeks or even months, allowing you to make this dish well in advance of Thanksgiving. No more getting up at 5 am to stuff the bird, as my mother used to do!

Duck fat can be found in good grocery stores, or ask your butcher and he can order it for you. It is also available on websites such as dartagnan.com. If you are willing to give up some of the great flavor for a bit healthier version (if you must), you can use olive oil as a substitute. 

Lisa Glickman is a private chef and teacher who lives in Bend. She has made TV appearances on COTV in Central Oregon and recently appeared on the Cooking Channel's *The Perfect Three*. She can be reached via her website at lisa@lisaglickman.com.





TURKEY CONFIT

- 4 tablespoons salt
- 6 cloves garlic, smashed
- 2 shallots, peeled and sliced
- 6 sprigs fresh thyme
- 2 teaspoons whole black peppercorns
- Grated rind of one orange
- 4 turkey legs
- 4 turkey thighs
- 4 turkey wings, wing tips removed
- 4-6 cups duck fat

Sprinkle 1 tablespoon of the salt in the bottom of a dish or plastic container large enough to hold all the turkey pieces in one single layer. Evenly scatter half of the garlic, shallots and thyme on the bottom. Arrange the turkey, skin side up, over the mixture, then sprinkle the remaining salt, garlic, shallots and thyme. Sprinkle with the whole peppercorns and grated orange rind. Cover and refrigerate overnight. Preheat the oven to 250 degrees. Melt the duck fat in a saucepan. Remove turkey from salt and spices and rinse to remove salt. Pat dry. Arrange the turkey pieces in a single layer in a high-sided roasting pan. Pour the duck fat over the turkey (the pieces should be totally submerged in fat; you can add some olive oil if necessary). Place the turkey in the oven and roast until the turkey is very tender and coming away from the bone – 2-4 hours, depending on the size of your pieces. Turkey can be cooled and stored in fat for several weeks. When ready to use, preheat oven to 400°. Remove turkey from fat and roast in hot oven until skin is crisp.

Note: Duck fat can be strained, cooled and reused.



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Mama Mia!

Jewish restaurateurs' trattoria features Old World flavors

by Kerry Politzer

Walking into Mama Mia Trattoria, customers are immediately transported into the Old World. Sparkling chandeliers hang from the ceiling, flasks of extra-virgin olive oil grace the marble tables and the aroma of simmering meatballs fills the air. Restaurateur Barry Brown, who owns and manages the restaurant with his son Jared, has modeled it after classic New York trattorias like the legendary Mamma Leone's.

The fourth generation of a family of restaurateurs, Brown got his start in the industry at the age of 13. He worked in his family's first restaurant in the United States, a Jewish-style eatery in Pittsburgh. To this day, he continues to find many commonalities between Jewish and Italian cuisines.

"Preparing meals from scratch ... that is where Jewish and Italian cuisines are so very similar. At Mama Mia Trattoria, we make 100 percent of our desserts. We make the tiramisu, the panna cotta and the shells for the cannoli, which we fill to order. When my family got started, we had to make our own pickles and bread. We had to slice the bread ourselves, because there weren't any electric slicers at that time. Italians have done the same thing, in my opinion."

Brown is excited about collaborating with Jared at Mama Mia Trattoria. "I have *nachas*. I'm so proud to work with my son; he's got an uncanny ability to understand the commitment

Barry and Jared Brown want to make Mama Mia Trattoria the best Italian restaurant in the region.

of our industry. In a very short time, he's become completely proficient in all areas of the restaurant." Not only can Jared expertly stretch and shape a ball of fresh mozzarella, but he is a particularly talented barista.

Mama Mia is the 45th restaurant Brown has managed. He attributes the restaurant's success to its bold flavors, emphasis on premium ingredients, and unusually comprehensive menu. Executive Chef Dan Frosaker does not stint on fresh oregano and basil (the restaurant sources its herbs from West Linn's Plants Beautiful). He is also not afraid to use the assertive flavors of garlic and Pecorino Romano cheese.

The restaurant's table cheese, which is freshly grated every day, is an expensive Pecorino Romano from Sardegna, Italy. "It took us almost two months to source it. We now grate 300 pounds of it per month," says Brown. Something else that makes Mama Mia Trattoria unique is its fresh mozzarella, which is made from scratch every morning. The buttery, silky cheese figures into popular dishes such as caprese salad, pizza and the restaurant's 10 rotating varieties of lasagna.


One dish that is particularly beloved by customers is "Grandma Mary's Sunday gravy." Penne pasta is tossed with a delicious sauce of slowly simmered Painted Hills beef, Roma tomatoes and house-made sausage. Other customer favorites

include fettuccine Alfredo and spaghetti and meatballs.

Diners who avoid non-kosher ingredients like shellfish and pork can eat at least 90 percent of the menu, according to Brown. Since all dishes are made to order, it is easy for the chefs to omit certain foods. "We don't have to add the sausage," adds Brown. Vegetarians can enjoy dishes like pasta filetto di pomodoro, Grandma Ciminello's ravioli and potato gnocchi. There is also a substantial gluten-free menu.

When asked why Mama Mia's menu is so extensive, Brown explains, "Our menu is incredibly large so that we can encompass all the regions of classical Italian cuisine." He recommends that new customers order their favorite childhood dish. "If you come in and you want veal or chicken Milanese, you can just reach back into your childhood and try it here."

Always looking for ways to better serve its customers, Mama Mia Trattoria is now offering online ordering and an email rewards program. The restaurant's efforts appear to be paying off, as customer growth has been steady over the past year.

Says Brown, "Both Jared and I are totally focused on making Mama Mia the best Italian restaurant in the Northwest." 

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Local playwright explores memory, legacy, family and love



Miriam Feder

by Elizabeth Schwartz

"All memory is imperfect," declares playwright Miriam Feder. Her newest play, *Ephemery*, which will debut in November, explores the fragility and legacy of memory as it plays out in the relationship between a mother and daughter. The mother, Carole, is slowly losing her memory to dementia, while her daughter, Ruth, struggles to capture her mother's personal history before it slips away forever. Feder describes *Ephemery* as "a coming of age/falling

through age story about memory, legacy, family, immigration, war and love."

This subject matter is familiar territory for Feder, who shared a similar experience with her own mother, who died of Alzheimer's disease two years ago. "As part of the family system, you immediately realize how ephemeral memory is; you take it for granted," says Feder. "When memory starts to leave, there's an urgency to share and pass on."


Carole's history mirrors that of Feder's mother in several ways: both left Europe in 1938 while still in their teens and traveled alone to New York. Both lost most of their family in the Holocaust. While Feder knew the broad outlines of her mother's story, there were many gaps that remained unfilled. "There's a lot I wish I'd asked her before it was too late," says Feder. "I wish I had more details about small things, like what it felt like to be tired in a small room, and living with the constant uncertainty

about her family's fate after she moved to New York. And there were smaller details, like what she ate for breakfast, how she got to work, how she waited for the subway, how people spoke."

Perhaps because the arc of the narrative so closely parallels Feder's own experience, she found it difficult to fill in the gaps in her mother's story. The unknown details posed challenging obstacles. "I almost had to give myself permission to make things up," says Feder. Interestingly, Carole's dementia gives Feder some freedom to use her imagination. "The idea of dementia means things don't have to be literally true," Feder explains.

Although Carole's memory loss is the main fulcrum around which the play pivots, *Ephemery* is not the story of a medical diagnosis. "It's a powerful, inspirational story about living a life, even when that life doesn't turn out the way you planned," says Feder. "There are big themes in this play: the meaning of family and the impact of war and other world events. I relate to the daughter Ruth, who encourages her mother to share the legacy. She is like me. Audiences will relate to Carole because it's her life being played out."

Throughout the play, Feder uses what she calls "time episodes" as transitions from one scene to another. "They're periods that aren't scripted. They use light and movement and music to express things that are difficult to articulate in words." These episodes, which have no dialogue, began as improvisations by the actors during rehearsals, and slowly evolve into movement. The time episodes solve some logistical problems Feder encountered, like how to evoke World War II without making the play a war story, or how to capture the energy of New York City.

Feder hopes *Ephemery* will inspire the audience, regardless of their age, to talk to aging relatives about their lives. "I think people in midlife will relate to the issues of elderly parents and the loss of their stories; hopefully they won't let that happen." 

Elizabeth Schwartz is co-host of the Yiddish Hour on 90.7 FM KBOO Community Radio and a freelance writer living in Portland.



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Rick Recht performs in St. Louis, MO.

Photo by Jeff Hirsch

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Jewish rocker Rick Recht performs Nov. 18

by Elizabeth Schwartz

Rick Recht's name may not be familiar to you, but you've probably heard his music. Recht, a rising star of the contemporary Jewish music scene, returns to Portland after a 10-year hiatus for a family concert on Nov. 18, as part of the Jewish Federation's Super Sunday phonathon.

Recht, a 42-year-old native of St. Louis, began his musical career playing secular music and touring with a wide variety of nationally known artists, including The Guess Who, Chris Rock, America, Three Dog Night and The Allman Brothers, among others. After releasing two critically acclaimed secular albums, *Good Thing* and *Reality*, Recht returned to his Jewish roots in 1999 with his debut Jewish album, *Tov*. Today, Recht has, in his words, "evolved."


"Once I started playing Jewish music, it became something of an epiphany for me. I realized that I'm an educator and music is my means of expression." Recht's role as an educator is central to his work. As his official bio points out, he has become an icon, particularly for Jewish youth in the United States, elevating the medium of Jewish music as a powerful and effective tool for developing Jewish pride and identity.

Recht's music appeals to all strands of the Jewish spectrum, from Reconstructionist to Orthodox. "I feel like I'm a liaison, part of the bigger picture," he says. "We're all creating a Jewish experience together." Recht is particularly interested in replicating the Orthodox community's use of emerging media to reach out to Reform, Reconstructionist and Conservative Jews. "The Orthodox community has cultivated a huge culture of media and

technology with sites like Aish.com and Chabad.org; they're very media-savvy. Mainstream Jewish movements like Reform and Reconstructionist, when it comes to media and technology, can't hold a candle to the Orthodox."

Recht describes his songs as vehicles for building community. Their easy-to-remember melodies are purposefully designed to be accessible and simple to learn. In a recent phone interview, Recht said, "When I write Jewish music, I write from the perspective of the entire community. If people can't sing along after hearing the melody once, I need to rewrite it."

Recht attributes the appeal of his songs to his penchant for singable melodies and memorable hooks; he grew up listening to the rock/pop music of James Taylor, Dan Fogelberg and Joni Mitchell. "Melodies of that type speak to all ages," Recht explains. "But I also think my music appeals as much for its content, particularly its tikkun olam aspects, as the sound of the music itself."

"I love it when everyone's singing and I can't hear my own voice anymore," Recht adds. "When I was writing secular music, I was writing me-centric music, love songs and songs about things that happened in my life. When I write Jewish music, I write from the perspective of the entire community. My goal for every concert is that from the moment people enter to the time they leave, they'll feel a sense of commonality, a sense of communal purpose. I want them to feel more proud to be Jewish." 

Super Sunday phonathon adds focus on family, community service

This year the Jewish Federation of Greater Portland expands its Super Sunday phonathon into Community Action Day – with hands-on service projects and family-friendly activities including an afternoon concert by renowned Jewish rocker Rick Recht.

Volunteers will raise critical funds that support the network of organizations that make the metro Jewish community vibrant and strong.

Super Sunday Chair Jaimie Harper said she is thrilled the phonathon is returning to the Mittleman Jewish Community Center: “I have fond memories from my youth of the buzz and energy around the JCC on Super Sunday when my Dad, Mort, would make his annual calls.”

Harper said she is especially pleased the day will feature family fun to help engage all ages in tzedakah. Her son, Reuben, who will make his first donation to Federation just before his third birthday, will be among the young “first-time givers” honored prior to Recht’s concert.

Make calls or keep things running smoothly during the phonathon, or help out with a service project. Projects will be listed online at www.jewishportland.org/supersunday, where volunteers can sign up to volunteer for the phonathon or a service project. Childcare is available for children under 10 years from 9:30 am to 1:30 pm.

For more information, call Nicole at 503-892-7406 or nicole@jewishportland.org.

Concert tickets are available at www.jewishportland.org/rickrecht.

JEWISH FEDERATION OF GREATER PORTLAND

JEWISH FEDERATION OF GREATER PORTLAND

Super Sunday – Community Action Day
9:30 am-8:30 pm, Sunday, Nov. 18
Mittleman Jewish Community Center

SCHEDULE

SHIFT 1: 9:30-11:30 am

Community Calling
Service Projects
Hand to Hand household item donations –
drive-up and drop-off

SHIFT 2: 11:30 am-1:30 pm

Community Calling
Service Projects
Hand to Hand donations

SHIFT 3: 1:30-3:30 pm

Community Calling
Service Projects
Hand to Hand donations

Rick Recht in Concert: 4:30 pm

SHIFT 4: 6:30-8:30 pm

Community Calling



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Book month events begin with son and conclude with father

At least 10 Portland-area Jewish organizations plan November programs about *My Father's Paradise*, by Ariel Sabar, as part of National Jewish Book Month.

The month begins Nov. 4, when Congregation Beth Israel's book club hosts a Skype interview with the author. He will respond to questions submitted by the audience. This event will begin at 9 am at Beth Israel, 1972 NW Flanders St.

The celebration continues the next day at 7 pm with a staged reading of Chapter 1 of *My Father's Paradise* at the Mittleman Jewish Community Center (see related story).

On Nov. 14 at 5:30 pm, Michael Totten, author of *Where the West Ends*, and Iranian Kurd Sheida Kharrazi will participate in a panel discussion sponsored by Harold Schnitzer Family Program in Judaic Studies at Portland State University. Totten will talk about his experiences reporting in Kurdistan. Kharrazi, a member of the local Iranian Kurdish community, will come dressed in traditional Kurdish clothing and talk about her youth in Kurdistan and her belief that, one day, the region will be an independent nation. "Independent Kurdistan? Perspectives on the Non-Arab Middle East" is free and will be held in PSU's Smith Memorial Union, Browsing Lounge.

The month-long exploration of the book's themes concludes Nov. 30-Dec. 2 with a weekend scholar-in-residence program featuring Dr. Yona Sabar, father of the author of *My Father's Paradise*. Sponsored by Congregation Neveh Shalom, the Institute for Judaic Studies and the Harold Schnitzer Family Program in Judaic Studies at Portland State University, the weekend will include several events with Dr. Sabar at Neveh Shalom, 2900 SW Peaceful Lane. Details still are being finalized, but will include a Kurdish dinner on Friday and a havdallah program Saturday. For more information on the scholar-in-residence events, contact Jennifer Greenberg at 503-246-8831 or jgreenberg@nevehshalom.org. 

In between, a variety of events are planned. They include:

- Nov. 6, 6:30 pm:** Book discussion at Hillsdale Library with Laura Liebman; sponsored by Kesser Israel and Multnomah County Library
- Nov. 7, 7 pm:** Book discussion with Middle Eastern food at Lake Oswego library; sponsored by Beit Haverim
- Nov. 13, 6:45 pm:** Book discussion and Middle Eastern food at Midland Regional Library
- Nov. 14, 7:30 pm:** Book Discussion and Middle Eastern Dessert at Congregation Kol Ami in Vancouver
- Nov. 15, 7 pm:** Forget Baghdad, a film about Iraqi Jews; \$8/museum members, \$10/general admission, at Oregon Jewish Museum
- Nov. 18, 10 am:** Revital Shiri-Horowitz, author of *Daughters of Iraq*, will discuss her story and the difficulties her family faced immigrating to Israel at Congregation Beth Israel
- Nov. 19, 7 pm:** Book discussion at Havurah Shalom
- Nov. 29, 7:15 pm:** Book discussion led by Sylvia Frankel at Rose Schnitzer Manor; sponsored by Melton, Cedar Sinai Park and MJCC

One Book, One Community




Kurdish Iraq comes alive in staged reading of first chapter of *My Father's Paradise*

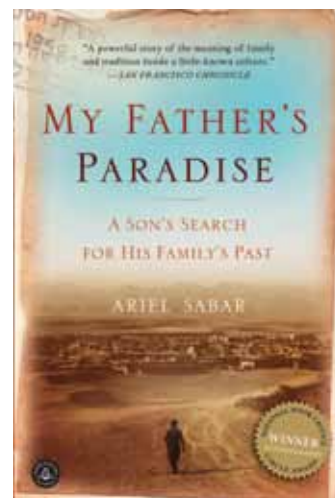
Fathers and sons. Land and language. Loss and reconciliation. Begin an epic journey back to Kurdish Iraq with Jewish Theatre Collaborative. Open the book with

JTC's staged reading of chapter one of *My Father's Paradise* at the Mittleman Jewish Community Center.

JTC and partners MJCC and Hadassah are proud to launch 2012 Jewish Book Month with a preview of Ariel Sabar's highly acclaimed novel, one of 12 events scheduled across the Jewish community in November. The "Chapter One" reading is adapted and brought from page to stage by Executive Director Sacha Reich and includes one of JTC's favorite actors, Doren Elias. Join JTC, Hadassah and the MJCC as Sabar's words and images come to life in a festive atmosphere with foods from the region, a reading of the book's opening pages and a conversation about the questions it raises.

Ariel Sabar's debut book, *My Father's Paradise*, won the 2008 National Book Critics Circle Award for Autobiography and was a finalist for the Dayton Literary Peace Prize. His second book, *Heart of the City*, was called a "beguiling romp" (*New York Times*) and an "engaging, moving and lively read" (*Toronto Star*). His writing has appeared in the *New York Times Magazine*, *Smithsonian Magazine*, *Boston Globe*, *Washington Monthly*, *Mother Jones* and *Washingtonian*, where he is a contributing editor.

Ariel Sabar's *My Father's Paradise* is the 2012 selection for One Book, One Community, which encourages individuals to read, participate in meaningful conversation, enjoy entertainment and celebrate Jewish Book Month as a community. 



MY FATHER'S PARADISE: CHAPTER ONE

WHO: Jewish Theatre Collaborative, MJCC, Hadassah

WHEN: Nov. 5 at 7 pm

WHERE: The Mittleman Jewish Community Center
6651 SW Capitol Hwy., Portland, OR 97219

TICKETS: \$10; Call 503-244-0111

Congregation Neveh Shalom
Celebrates *Jewish Book Month*

Saturday, December 1st

Yona Sabar

As written about in *My Father's Paradise*

UCLA Professor of Hebrew and Aramaic

7:00pm: Havdalah and Program



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See calendar of events: www.nevehshalom.org



Co-sponsored by Congregation Neveh Shalom, The Institute for Judaic Studies and the Harold Schmitzer Family Program in Judaic Studies at PSU and made possible by Rabbi Stampfer Lecture Funds.

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December 11 ~ *My Sweet Canary*

January 8 ~ *Every Time We Say Goodbye*

February 12 ~ *The Life of Frank Iny & Searching for Baghdad*
(Double Feature)

March 12 ~ *Empty Boxcars*

April 9 ~ *Nora's Will*

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Written by Susan Mach
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LUGGAGE COMPANY grows with family's love



Gregg Simon in his office at Portland Luggage Company. Portland Luggage offers a range of brands and products. Robert Ganapole in the 1920s at his Union Trunk and Bag Company, which later became the Portland Luggage Co.

by Gloria Hammer

Gregg Simon loves to reflect on how his family created and grew the Portland Luggage Company over the past 96 years.

Gregg's grandfather Robert Ganapole, who came from Russia in 1905, made a living using his hands as a craftsman, or, as Gregg calls it, "building stuff." In 1910 Helen Sigel arrived from the same village and married Ganapole. They opened a luggage store in 1916. Robert built trunks and valises that Helen would sell. Robert could not make products fast enough, so they began buying merchandise and doing repairs. When the Depression hit, the store would open seasonally in one of the numerous vacancies downtown.

Gregg likes to tell the story of how his dad met his mom.

Bill Simon, a New Yorker, was in Portland on business and was told to visit the Portland Luggage Store to meet Muriel Ganapole. Muriel was not immediately smitten, but Bill was persistent. After they married they opened a store on 10th and Washington, not far from Portland Luggage on Park and Alder. With Bill's New York connections, they sold hard-to-get pots and pans, nylon stockings, dresses and luggage.

In 1944 Bill bought out the Ganapoles and became part of Portland Luggage. For 30 years they operated two stores four blocks apart.

When it was time for a new generation to join the business, Gregg says his sister, Wendy Liebreich, loved the store,

but he was not sure about being involved.

"I had no interest in the business," he says. "My Aunt Fannie had told me my dad's heart was breaking because I didn't want to work at the store. I took the summer of '81 to work at the store before going to NYU Law School. I soon realized I had a natural affinity for retail and never left."

Wendy married Howard Liebreich, raised three kids and was involved in a ton of volunteer work, even while she was involved with the store. Though she recently left the business, Gregg says, "Wendy will always be a part of the store."

He says their Realtor credited Wendy for her diligence in closing the sale for Portland Luggage's current location on Fourth Avenue when the Church of Scientology sold the building in 1999.

For years Wendy was convinced that there should be a tote bag on wheels and proposed the idea to many of their suppliers. Though Gregg says he thought it was economically impractical, Wendy persisted, and soon the tote on wheels went on the market and became the third best-selling size for many years.

Now Portland Luggage has 21 employees and two locations – downtown Portland and Beaverton Town Square.

Gregg says the store is flourishing: "Our customer retention is 81%. We have long-standing Portland families that know us. We also have tourists and

the traveling shows. We have the most comprehensive selection in the country. Plus we carry all the latest travel innovations. Our Internet site has been around 10 years and business is up. We are never undersold and offer extended warranties."

He describes the store's repair department, The Luggage Doctor, as fourth-generation artisans who repair thousands of cases and donate generously to those in need.


Asked what today's traveler wants in luggage, Gregg replies "lightweight and durability."

One popular item is a quad-wheel carry-on that has two regular wheels with two more wheels that can pop out so you can tip it back and push it like a cart.

He says, "Joan Rivers purchased 20! She buys about 20 a year and gives them as gifts."

Gregg explains that Rivers found Portland Luggage online.

They also carry the Rimowa line with bags weighing just five pounds.

"People going overseas with weight restrictions want the bag to weigh as little as possible," says Gregg, who notes it is the hottest line in the store. Made in Canada out of German polycarbonate, the carry-on piece starts at \$495. "They are not cheap but last forever," says Gregg. 

Gloria Hammer divides her time between Portland and Hood River.

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JewishPDX

Prep your NW garden for winter

by Jan Behrs

Oh, the chores that need doing before winter's rains drive us all indoors! You'll find myriad lists of button-up-the-garden suggestions this season in magazines, newspapers and online. Three things top my fall must-do list, because they make the biggest impact: planting, mulching and baiting for slugs.

Planting: In the Northwest, fall is far superior to spring for planting shrubs, trees and hardy perennials, as well as for moving plants to new places. Our cold, wet springs keep the soil temperature low for so long there often is only a short window of opportunity at the beginning of June to get things into the ground.

The often-balmy days of October and November, however, present the gardener with moist, warm soil, regular rainfall and pleasant temperatures for being outdoors. Plants installed in fall quickly establish deep roots and benefit from being well-watered all winter – instead of immediately facing summer's drought.


Mulching: A 2-inch layer of mulch on flower and vegetable beds does many good things. It helps prevent weed seeds from germinating and insulates plant roots from cold. It slowly breaks down into the soil, feeding beneficial microbes that release

nutrients to plants and improving soil tilth so winter water drains better (instead of collecting around roots and rotting them) and summer water penetrates more easily.

Frequently, gardeners are advised not to mulch until after the ground freezes, but that makes little sense west of the Cascades.

I recommend fall mulching immediately after cutting back perennials and cleaning up weeds. You can use homemade or purchased compost, wood chips (they don't rob the soil of nitrogen unless mixed into it), barkdust, shredded leaves and the like. Keep the mulch a few inches away from tree and shrub trunks.

Baiting for slugs: Once the soil is moist again, slugs start partying. Now is the time to sprinkle organic slug bait in planting beds, along edging and everywhere else you've seen slugs congregate. Replace the bait when it disappears. You won't see dead slugs strewn about as you do with chemical baits – they crawl off to die politely out of sight.

Organic baits such as Sluggo and Escar-Go are made from iron phosphate, which is safe for pets and wildlife and biodegrades into nitrogen. (Nevertheless, keep it out of reach of kids and pets.) Sprinkle the granules around sparingly throughout November and start again in February. 

Portland freelance writer Jan Behrs specializes in stories about gardeners, gardens, remodeling and real estate. A master gardener, her work appears in *The Oregonian*, *Better Homes and Gardens* and online.



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Acer Circinatum, or vine maple, is a native plant that is a stellar addition to Pacific Northwest gardens. The small tree or shrub features small pink flowers against soft green leaves in the spring and rich reds and golds in the fall. Photo courtesy of Dennis' Seven Dees Landscaping



PHOTO BY DEBORAH MOON

On Sept. 28, the first shovels of dirt flew to mark construction of a new complex for adults with disabilities on the Southwest Portland campus of Cedar Sinai Park. The ceremonial construction launch included (from left) CSP CEO David Fuks; Sean Kuni, Wayne D. Kuni and Joan E. Kuni Foundation; Meryl Haber, National Council of Jewish Women; CSP Board President Paul Frisch; Karen Tolvstad, strategy and community engagement administrator at Oregon Housing and Community Services Department; Jerry Stern; Portland Housing Bureau Director Traci Manning; and Portland City Commissioner Dan Saltzman.


Special needs **affordable housing** on the way

Kehillah Housing, a two-story, 14-apartment building for adults with developmental disabilities, will offer residents affordable housing near public transportation and access to an array of social services.

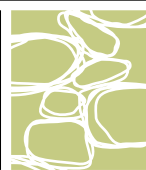
The board of Cedar Sinai Park, where Kehillah Housing is being built, expanded its historic mission of serving seniors to include adults with special needs.

Major funding for the project came from the U.S. Department of Housing and Urban Development, which awarded \$2,035,800 to the project under the Frank Melville

Supportive Housing Investment Act. Additional funding came from Oregon Housing and Community Services, Portland Housing Bureau, National Council of Jewish Women, Wayne D. Kuni and Joan E. Kuni Foundation, Jerry and Helen Stern and the Stern Family, as well as many other individual donors.

A stand-alone nonprofit organization, Kehillah Housing will support residents' inclusion in the community through social activities and supported employment. A number of service providers, including Jewish Family & Child Service, will help residents transition into independent living. 

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Movement to ease pain



Feldenkrais group classes called Awareness Through Movement teach participants how to move more easily. Photo courtesy of the Feldenkrais Guild of North America

by Deborah Moon

Movement has always been important to former dancer and choreographer Jacqueline Rubinstein. After she pinched a nerve in her neck, her focus shifted to movement that would alleviate rather than aggravate pain.

She discovered the Feldenkrais Method developed by Moshe Feldenkrais initially to treat his own debilitating pain from a knee injury that doctors told him was only 50% likely to respond well to surgery. After an intense study of the movement of the knee, he learned a more efficient way to walk and hold himself that enabled him to return to an active life.

He refined his method in Tel Aviv in the 1950s, and it is now widely practiced in Israel, notes Rubinstein. Rubinstein says she was attracted to a healing modality that not only worked for her but also had an approach that draws on Hassidic ideas that “blur the distinctions between healing and learning, spirit and flesh, and emotion and understanding.”

“The Feldenkrais method exploits something current research is only now confirming – that our brain is a learning system of enormous plasticity,” says Rubinstein. “Dr. Feldenkrais found that most of our physical problems, aches and pains are a result of the habits of moving that each of us had developed over the years. Under the right conditions, these habits can be changed very quickly.”

Rubinstein went on to study the method at the Feldenkrais Institute in New York City and is now a Feldenkrais practitioner in Portland.

“I’m very passionate about helping people move beyond physical restrictions and pain and integrate healthier movements,” says Rubinstein.

The Feldenkrais Method uses two complementary formats, both of which Rubinstein offers locally. In individual sessions, the practitioner uses a gentle touch to move the student; in

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Sunday, Nov. 4, 10 am to 3 pm

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Returning to Yourself: A Movement Workshop to Ease the Stress of the Holidays

Sunday, Dec. 2, 10 am to 3 pm

The hustle and bustle of the holiday season, not to mention family stress and fried latkes, can leave a person feeling disembodied, sore, tired, cranky and in pain. Explore carefully structured movement exercises to get you into a comfortable, strong and resilient place.

Location: Flanders House Wellness Center, 2926 NE Flanders Ave., Portland 97206

Cost: \$50. Space is limited

Details and registration:

www.feldenkraisportland.com/workshops/

PHOTO BY DEBORAH MOON



Feldenkrais practitioner Jacqueline Rubinstein gently moves Britta Dedrick's arms and legs through a series of movements designed to retrain her nervous system to move in new ways. A member of P'nai Or, Dedrick says she tried a dozen treatment options, but this is the first one that has relieved her psoas muscle spasm pain. "It's relaxing and I actually feel better after the treatment. ... It's so subtle, I wonder why it's making a difference, but it's teaching me how my body works."

group classes, the practitioner gives verbal instructions as the students explore the movements.

In addition to one-day workshops (see box), Rubenstein offers six- to eight-week class series, with the next series due to start in January. The class begins with small movements and builds to full-body movements. For instance, she explains, students learn to roll from their back to side comfortably by exploring the full movement in terms of slow, small motions.

"It connects the nervous system so you can learn new, efficient movement patterns," she says.

In the individual sessions, Rubenstein "takes over the work for the body" and introduces the brain to more efficient movements that won't cause pain. She provides home exercises students can use between sessions to continue to sidestep habitual movements that cause pain.

"The biggest thing is it helps you to learn to be aware of your movements so you can avoid chronic pain and injury."

Rubinstein will offer an Introduction to the Feldenkrais Method workshop at the Mittleman Jewish Community Center, Sunday, Feb. 24, 1-3 pm. 

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Life on the Other Side

Food Faux Pas by Anne Kleinberg

Ever have a kitchen disaster? Not like spilling a bag of rice and watching it scatter all over the floor. I mean culinary catastrophes that occur in real time, when company is in the next room – hungry with forks positioned in their hands.

One of my favorites happened years ago, when my boss Joe asked several of us to spend the weekend at his beach house. It was Friday evening and we started with wine – lots of it. We were drinking, talking, laughing and hanging out in the kitchen. Pasta was the entree of the evening and Joe – a proud, virile Italian – wouldn't let any of us help. He was boiling, chopping, tossing, seasoning and telling jokes – keeping us all entertained. By the time we were ready to dine, it was close to 10 pm and we were starving!

We were seated around the old oak dining table when Joe emerged from the kitchen wearing a big smile and carrying a gigantic bowl of pasta. It smelled divine. He dished out the portions and we were ready to dig in. Joe was the first one to taste, and suddenly he exclaimed, "Oh, man, this tastes like s... Don't anyone eat it." And before we could respond, he scooped up our plates and threw all the food into the garbage. Gone, just like that. Apparently he had over-peppered the sauce and wasn't about to let us sample it. Restaurants were closed; we were way too drunk to drive anyway, so we all went to bed – hungry. But a great weekend was had by all.

I heard a story about a hostess who innocently served a roast (the white-meat kind, as it's euphemistically called here) without realizing one of her guests kept kosher. After receiving kudos and answering the inevitable "What is this delicious meat?" the looks of horror on the faces of the guests more than adequately informed this hostess of her error.


Then there are the awful experiences when we decide, "If nobody sees it happen, it didn't." One friend told me about the time her mother invited the new rabbi home for Friday night dinner. Walking into the dining room with the food platter, her mother slipped and the chicken flew to the floor. With not more than a nanosecond to think, she said, "Oops, better get the other chicken that I prepared out here. Good thing I made extra." But, she hadn't made extra. She took the chicken back into the kitchen, patted it off and brought it right back out. My friend assures me that it was delicious.

Even a two-day trip to the Negev resulted in a "kitchen" disaster. We drove and drove to our parched and cactus-filled destination. The steaks came out of the car trunks and were still frozen. Not a problem for this group of improvisation-minded Sabras. The hoods of the still-hot cars went up and the meat (in packaging of course) was spread out on the engines.



Sara had the job of making the salad. Out came the cucumbers, tomatoes, onions, parsley, lemons and olive oil, and she started the tedious task of slicing and dicing. It took her 45 minutes and the salad looked spectacular. But the meat wasn't ready so her husband placed the salad on the hood of one car not functioning as a defroster.

Suddenly a huge gust of wind scooped up her bowl of salad and slammed it down on the ground. Her screams could be heard for miles. Her husband tried to calm her down as he ever so gently scooped up whatever he could salvage that was not touching dirt. Each of us got a tablespoon of salad followed an hour later by the meat that had finally thawed and been cooked. A gastronomic experience not to be forgotten.

The moral? Have fun in your kitchen; enjoy what you're doing. If you have a screw-up, so what? Ply your guests with good wine (lots of it) and add a good dose of humor and interesting conversation. You'll be forgiven for any kitchen calamity – because when friends get together to wine and dine, the problems just don't matter. 

Anne Kleinberg, author of *Menopause in Manhattan* and several cookbooks, left a cushy life in Manhattan to begin a new one in Israel. Now she's opened a boutique bed and breakfast in her home on the golf course in Caesarea. For details, visit www.annekleinberg.com and www.casacaesarea.com.



ISRAELI ATHLETES SHINE AT PARALYMPICS

by Natalie Nahome

Established in 1948 by a Jewish doctor who escaped Nazi Germany, the Paralympics used to be known as “parallel” or “special” Olympics. Israel first competed in the Paralympics in the 1960 Summer Games in Rome, Italy. Since then Israel has won 372 medals in the Paralympics, more than a third of them gold. Israel ranks 13th out of 164 participating countries in medal wins over the history of the games – pretty amazing for such a small country.

In London 2012, Israel's Olympic team returned home empty-handed; on the other hand, the Paralympic Israeli delegation returned home with seven medals.

Israel's success in disabled sports has given disabled athletes an opportunity to excel.

Other examples of Israel's commitment to the disabled are plentiful. As the government generously pours funds into residential and treatment centers for the disabled, Israeli corporations in the fields of technology, defense and telecommunications are developing projects to support those with disabilities.

Many Israeli Paralympians were injured during their service in the IDF. One of them is the gold medal winner Noam Gershony, who came first in the Quad wheelchair tennis finals. Gershony was injured in 2006, during the second week of the Second Lebanon War. Two Apache helicopters on their way to an operation in Lebanon collided over Israel's northern border. One pilot was killed immediately. The second pilot, Gershony, was critically wounded. The injury left him paralyzed and in a wheelchair for life. He spent many months in rehabilitation,




where he discovered his love for tennis and started practicing it. In the 2012 Paralympics Gershony was the first to win a gold medal and the first Israeli ever to win gold in tennis.

Gershony was interviewed on the IDF radio station right after winning a gold medal: “I don’t know if it had an effect on me, the fact that I was wounded for the country, giving my life and body for her. I would do it all over again, even if I knew that this would be the outcome. This may have made me happier, the fact that I am able to bring so much pride to the country.”

After winning he was also contacted by President Peres, who said: “You have proved that you are good on the court as well as you are in the sky – a talented Apache pilot and tennis player.”

Gershony is just one of the heroes in the Israeli Paralympics teams throughout the years. People with the strength to overcome their injury and not let it be an obstacle to winning an Olympic medal bring pride to Israel.

Despite being anchored to wheelchairs and other physical constraints, Israel's entrants in this year's Paralympics in London soared to new heights, making Israelis – and Jews across the globe – excited and proud. 



Natalie Nahome is the Israeli Shlichah (emissary) to the Jewish community of Portland.

THE ENTIRE 2012 ISRAELI PARALYMPIC DELEGATION MADE ISRAEL PROUD:

Cycling:.....Kobi Leon, Nati Gruberg, Pascal Berkowitz

Rowing:.....Moran Samuel, Reuven Magnagi, Olga Sokolov

Wheelchair tennis: ...Shraga Weinberg, Boaz Kramer, Noam Gershony

Table tennis:.....Shai Saida, Liran Geva

Marathon:.....Gadi Yarkoni

Shooting:Doron Shaziri

Equestrian:.....Jonathan Dressler

Sailing:.....Dror Cohen, Arnon Efrati, Benny Wexler,
Shimon Ben-Yaacov, Hagar Zehavi

Swimming:Itzhak Mamistvalov, Inbal Pizaro, Iyad Shalabi,
Inbal Ganpol-Schwartz, Erel Halevi, Yoav Valinsky

Turning a mountain of garbage into a beautiful park

by Mylan Tanzer

I am taking a much-needed break from Iran, Syria, the American elections and Israel's growing internal crises to write about something truly important that proves some people in Israel actually think and plan for the future.

When I made aliyah in 1981, I settled in Jerusalem, then lived on a moshav in the Beit Shemesh region in the Jerusalem foothills from 1994 till 2005. In those 24 years, I made thousands of commutes to Tel Aviv on Highway 1, the main Jerusalem-Tel Aviv highway. After coming down from the Judean Hills and passing the Latrun monastery, there is not much in the way of scenery as the green and hilly landscape gives way to the flat and uneventful coastal plain that ends abruptly at Tel Aviv and the blue Mediterranean.

The most striking landmark in the 25 or so miles between Latrun and Tel Aviv has been what was until recently the Hiriya garbage dump, located right off the highway between Ben-Gurion Airport and Tel Aviv. As each year progressed, this mound became a hill, and by the 1990s it reached the proportion of a mountain – at least by Middle East standards. On our weekly trips to visit their grandparents in Holon just south of Tel Aviv, my two eldest daughters would scream out, “There is Mount Garbage.” It seemed a sad testament to how prominent this questionable landmark had become. At these moments, the famous saying attributed to Chief Seattle, “We don’t

inherit the earth from our ancestors, we borrow it from our children,” often crossed my mind.

It was never necessary to point out Mount Garbage. Due to the stench, one knew it was nearby before you could see it.

Hiriya began in 1952, soon after Israel's establishment, when the modestly sized but developing cities and towns of the greater Dan region chose this spot as a centrally located garbage dump, then far away from population centers. Over the years, the dump reached epic proportions. In addition to developing the unbearable stench, the garbage attracted flies, mosquitoes, rats and probably worse. By the late 1990s the expanding borders of Tel Aviv, Ramat Gan, Givatayim, Yehud and other cities were knocking at the less than hygienic gates of Hiriya. But an even more dangerous crisis was created by the area's highest peak.

Ben-Gurion International Airport is located a few miles from Hiriya. Directly under the landing and take-off approaches, the dump attracted flocks of birds. There were several close calls during these years when birds were sucked into plane engines. The fact that disasters were averted did not make it any less imperative to find a solution.

This ticking time bomb was high on the radar of national and civic authorities long before the 1998 decision to give Mount Garbage an extreme makeover. But it continued to tick away because the relevant national and local authorities

could not agree on an alternative site for the garbage of the largest metropolitan area in Israel. In the mid-90s, Ramat Hovav in the Negev finally was selected. Soon after that the Dan regional authority covered the mountain with a 12-foot layer of earth to block the smell and, more importantly, the danger of the birds. Close to 100 wells were dug in and around the mountain to capture methane gas that rotting garbage produces. I will return to the methane gas later.

The question became what to do with a buried mountain of garbage occupying 2,000 acres in some of the most valuable land in real-estate-crazy Israel. Whatever destiny awaited Hiriya, first it had to be cleaned, rehabilitated and reborn. Israel has been a late arrival to the necessities of environmental protection and reducing solid waste, especially compared to where I grew up in the Northwest. Historically, this was largely an issue of priorities and budget limitations, but the urgent need to heal Hiriya bumped this to the top of the ladder.

Arrow Ecology is an Israeli company that developed and patented a cost-effective solid-waste recovery system. After great success in building recycling plants in China, Italy, Australia and Nigeria, the company finally got a call from home. First the captured methane gas was piped to a nearby textile factory, where it provides the power to operate the plant. Second a giant waste-recycling and transfer center was built at the foot of

the mountain. The trucks taking garbage to Ramat Hovav stop here to separate the recyclables before continuing on with a reduced load comprised only of nondegradables and nonreusables. This requires fewer trips to a distant dump, thereby saving fuel and reducing pollution from exhaust. Paper, cardboard and organic material such as garden refuse taken out at Hiriya are turned into organic compost and sold. Even the methane gas from the composting process is captured and sold to the Israel Electric Company.


While the immediate problem of cleaning and sanitizing Hiriya was being resolved, it appeared the land would be used to build thousands of new residential buildings. This plan had been approved by various local and national authorities. A long battle against the relevant authorities by various NGOs and the nascent Ministry of Environmental Protection was reminiscent of Ansel Adams' comment: "It is horrifying that we have to fight our own government to save

the environment." In 2005 the issue was brought before Prime Minister Ariel Sharon, who decided that Mount Garbage would be turned into a park that was a true national asset.

Although not entirely complete, the Ariel Sharon Park has been open to visitors for some time. It features a small amphitheater (with a 50,000-seat auditorium planned for 2014), many miles of bike paths (with a total of nearly 20 miles planned), an artificial lake, hiking trails, bird-watching areas and an educational visitors' center. Visited weekly by thousands of schoolchildren, the center is run entirely on self-produced, non-polluting power. Perhaps the most impressive sight is the view of the Tel Aviv skyline, which starts in the south with the old Shalom Towers, continues to Central Tel Aviv's new high-rises and extends all the way to the skyscrapers of the Ramat Gan Diamond Exchange.

In today's context of reality programming, this is the ultimate extreme makeover. Next time you fly into Ben-Gurion, just before landing, look down

(most likely on the left side of the plane) and you will see a mountain of green parkland that could be mistaken for parts of Washington Park.

Ironically, now that I live in Tel Aviv, I commute several days a week in the reverse direction to Neve Ilan, a few kilometers outside of Jerusalem. On my commute I look at good ol' Hiriya and I truly feel the meaning of an "Oregonian in Israel." I can only hope that I will feel this way more often. On this issue at least, I am optimistic. Another example of this phenomenon is the way Tel Aviv's wonderful Hayarkon Park has been transformed over the past decade. 

Mylan Tanzer is a Portland native who moved to Israel in 1981. He was the founding CEO of the first Israeli cable and satellite sports channel. Since 2005, he has launched, managed and consulted for channels and companies in Israel and Europe. Tanzer lives in Tel Aviv with his wife and five children. He can be reached at mylantanz@gmail.com.



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A young boy listens to the story behind Chagall's "America Windows," where children can adjust the light behind the stained glass and rearrange the puzzle-like pieces of the work to make their own America Windows.



Shawn DuBurg, president of the Portland Children's Museum Board of Directors, and Barbara Hall, vice president/executive director of the Harold and Arlene Schnitzer CARE Foundation, watch 7-year-old Kaiden Hardwick jump for joy after cutting the ribbon to open the Chagall for Children exhibit at the Portland Children's Museum Sept. 28. Funded by the CARE Foundation, the exhibit will be at the Children's Museum until Jan. 21. DuBurg and Hall asked for a young volunteer to cut the ribbon, and Hardwick was the first to raise his hand.



Children sitting on artist benches inspired by Chagall's goats create their own colorful artwork in the paint studio developed by the Portland Children's Museum to accompany Chagall for Children, a traveling exhibit.

Interactive Chagall exhibit exposes children to art

Photos and story by Deborah Moon

"What a beautiful way to expose these children to the arts," exclaimed Portland Children's Museum Board President Shawn DuBurg at the Sept. 28 opening of the Chagall for Children exhibit.

As soon as the ribbon across the entrance was cut, children, parents and educators flowed into the exhibit space to explore the 14 reproductions of some of Marc Chagall's most famous paintings, such as "The Circus," "The Birthday," and "Paris Through the Window." As they look at each vivid painting, children can listen to an audio recording that invites them to explore the artwork's theme through playful activities.

For instance, children can conduct their own symphony by pushing buttons for different instruments next to Chagall's painting "The Concert." Camouflage capes next to "The Circus" invite children to hide beside the painting's bright colors.

The paint studio developed to accompany the Chagall exhibit provides canvases, easels, paints and brushes so children can create their own masterpieces.


The paint studio developed to accompany the Chagall exhibit provides canvases, easels, paints and brushes so children can create their own masterpieces.

The ceremony also marked the opening of a permanent gallery space for art created by young artists. The permanent art gallery will showcase the creative potential of the community's youngest artists.

Both the Chagall exhibit and permanent gallery have been funded by the Harold and Arlene Schnitzer CARE Foundation. CARE Foundation Executive Director Barb Hall said Arlene Schnitzer is thrilled to have the foundation participate in funding the exhibit.

"Arlene Schnitzer believes that art represents the soul of a community and that children should be exposed at very young age and encouraged to participate and explore all the different forms of art," said Hall at the exhibit opening. "She discovered the visual arts in her early 20s when she walked into the Museum Art School (now known as Pacific NW College of Art) and knew she had found her passion that would shape her as the person we know today. She believes every young child should have the same opportunity she did to be exposed to the arts and possibly find their passion."

Levia Friedman, a member of Congregation Neveh Shalom and a teacher at the Opal School housed at the museum, said she thinks the exhibit offers an "amazing opportunity for field trips." Not only does the exhibit offer "a great introduction to art," but for Jewish schools there is the added benefit of exploring the life of the famous Jewish artist, she said. Panels around the exhibit include vignettes about various periods in Chagall's life.

The exhibit continues through Jan. 21, 2013. 

CHAGALL FOR CHILDREN

LOCATION: Portland Children's Museum,
in Washington Park across from Oregon Zoo;
4015 SW Canyon Road, Portland, 97221

FALL/WINTER HOURS: Open Tuesday-Sunday • 9 am-5 pm;
Thursday • 9 am-8 pm
Free First Friday every month, 4-8 pm

ADMISSION: Museum members and under age 1, free;
ages 1-54, \$9; over 55 and military, \$8

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BB Camp feted as good place to work

B'nai B'rith Camp was named the state's seventh-best large nonprofit to work for in *Oregon Business* magazine's fourth annual 100 Best Nonprofits to Work for in Oregon. Winners were revealed Sept. 27 at the Portland Downtown Hilton.

"We're incredibly honored and humbled to have been chosen number seven out of the 100 Best Nonprofits in Oregon," said BB Camp Executive Director Michelle Koplan. "Without the amazing and dedicated staff and lay leadership, BB Camp would not be able to create such magical and transformative experiences for our community's children."

"In the fall of 2009, BB Camp became an independent nonprofit organization. At that point, we organized the agency with our employees' and volunteers' needs and attitudes in mind. Our goal has been to create a caring and compassionate workplace for those professional staff and lay leaders who make the real magic of camp happen. We're delighted to be recognized for our efforts."

Nearly 5,000 employees at 169 nonprofits throughout the state participated in the project. Based on the magazine's widely regarded 100 Best Companies project, the nonprofit version was created to recognize a critical business sector that employs hundreds of thousands of workers.

There was no cost to enter the survey, which was comprised of an anonymous employee survey and an employer benefits survey.

The 5,000 employees who participated in the survey ranked satisfaction and importance of workplace qualities in six categories: benefits and compensation; work environment; decision-making and trust; performance management; career development and learning; and sustainable workplace practices.

Camp Solomon Schechter changes schedule for 2013

In response to many schools letting out later in June and to provide increased flexibility to campers of all ages, Camp Solomon Schechter has made some significant changes to its schedule.

The camp year will start later to accommodate school years ending later. This past year, about a third of Schechter's staff arrived late to training week, as did many Odedim.

Other changes include: Aleph will be open to entering second- to fifth-grade campers, who will have a choice of attending a one-, two- or three-week session; Aleph sessions will run concurrently with Bet; no Echad session will be held; and both Oded and Gesher (Israel) programs will be open to 11th- and 12th- graders.

"Camp Solomon Schechter has had a long-standing tradition and philosophy of age-based camping, providing valuable, Jewish-based programming tailored to specific age groups," says Executive Director Sam Perlin. "This new schedule allows us to gain the benefits of both multiage and age-based camping."

Camp families with younger campers (second- through seventh-graders) can send their campers at the same time, leaving the latter part of the summer open for family vacations. Schechter will also have the flexibility of doing both joint programming and separate programs for the Aleph I&II and Bet campers, depending on the appropriateness of the activities.

Older campers (11th- to 12th-graders) can now choose whether they want to go to Israel first and then participate in Oded (Schechter's highly acclaimed Counselor-in-Training and Leadership program), attend Oded first and then go to Israel, or be in Oded or Israel for two summers. Visit www.campschechter.org.



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Habonim Dror

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Camperships help more youth enjoy camp

Ever since the 1990 National Jewish population survey revealed the extent of assimilation, the American Jewish community has focused on the challenge of passing along Jewish connection and commitment to the next generation.

Numerous studies have shown youth benefit from attending sleep-away camps. Jewish sleep-away camps not only help young campers learn valuable life skills, they have the added benefit of creating confident, engaged Jewish adults.

Based on CAMP WORKS, a study by the Foundation for Jewish Camp (FJC) examining the long-term impact of Jewish overnight camp, there is compelling evidence that camp is a proven means of building Jewish identity, community and leadership. The study found that adults who attended Jewish

overnight camp are 30% more likely to donate to a Jewish federation, 37% more likely to light candles regularly for Shabbat, 45% more likely to attend synagogue at least once a month, and 55% more likely to feel very emotionally attached to Israel.


In order to enable as many children as possible to experience the power of Jewish camp, FJC created the One Happy Camper program.

One Happy Camper provides need-blind grants of \$1,000 to families with children attending nonprofit Jewish overnight camp for the first time. FJC created the grant in partnership with Jewish federations, foundations and camps across North America. Visit OneHappyCamper.org to find a Jewish camp and to apply for your grant.

The foundation collaborates with various partners around the country to provide the grants. Eligible camps in the Pacific Northwest include: B'nai B'rith Camp in Oregon; Camp Solomon Schechter, URJ camp Kalsman and Sephardic Adventure Camp in Washington; and Camp Miriam and Camp Hatikva in British Columbia.

The local community also supports camp opportunities for Jewish youth.

The Kailes Campership Scholarship at the Oregon Jewish Community Foundation provides need-based scholarships for Jewish camps in the United States. The average scholarship size is \$250. To be eligible, an applicant must be Jewish and a resident of Oregon and must demonstrate financial need. For more information and an OJCF Campership Scholarship application, visit ojcf.org/receive/receive-a-scholarship.

FJC is the only public organization dedicated solely to nonprofit Jewish overnight camps. FJC employs a variety of strategies toward a single goal: to increase the number of children in Jewish summer camps. To this end, the Foundation creates inspiring camp leaders, expands access to and intensifies demand for camp, and develops programs to strengthen camps across the Jewish spectrum in North America. Through strategic partnerships on local and national levels, FJC raises the profile of Jewish camp and serves as a central resource for parents and organizations alike. FJC works with more than 150 camps, 70,000 campers, and 10,000 counselors across North America each summer to further its mission. For more information on this national effort, visit www.jewishcamp.org. 

CAMP FUND CLARIFICATION

An October *Oregon Jewish Life* article about mitzvah projects noted that Claire Rosenfeld had created a fund to provide financial assistance for one or more children to attend B'nai B'rith Camp. The story did not note that the fund was established at the Oregon Jewish Community Foundation. Claire set up the fund for children who need financial assistance so that "no one will have to miss out on the great Jewish activities, learning and fun." Others who wish to support campers can contribute to the fund at OJCF via the website at ojcf.org/for-our-donors/claire-rosenfeld-bb-camp-fund. Donors do not need to have a PayPal account to make a donation.



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Retreat raises money for camp, ReJewvenates women



PHOTO BY MICHELLE KOPLAN

Women reach out to bless the challah during Shabbat at ReJewvenation.

by Adina Eden

On Sept. 28 more than 85 people converged on B'nai B'rith Camp near Lincoln City, giggling and eager to see old friends, hopeful to make new ones and nervous about what their time at camp would hold. But these were no ordinary summer campers. They were adult Jewish women and they were at camp for ReJewvenation, a Jewish women's weekend retreat that has been held at BB Camp annually since 2005.

The idea for ReJewvenation came from former campers Amy Blauer, Becky Ewer and Jordana Levenick. "We were old camp friends. We basically created the event to get back to camp and have some good girl time," says Levenick.

And good girl time there is. The weekend schedule at ReJewvenation offers activities such as canoeing on the lake, arts and crafts, cooking classes and yoga. The swimming pool fills its traditional role but one cabin becomes a bar. There are spa services, after-dinner games, camp songs, Saturday morning services and lots of mah jongg.

Robyn Spring, event coordinator and ReJewvenation attendee for three years, calls the event a "friendraiser."

"The women become closer and there's always a real sense of community here," says Spring.


In addition to raising friends, ReJewvenation has in the last couple of years evolved to raise funds as well. There is a silent auction to raise money for camper scholarships and a big pitch in the dining hall on Saturday night.

"The participants wanted to give back to camp, and we are happy that BB Camp took the event in that direction," says cofounder Ewer. "Camp is so important in the formation of children's Jewish identity."

This year, the event raised more than \$10,000 for camp – the most it's ever raised.

On Sunday morning after breakfast, the women cross arms to form a friendship circle in the dining hall and sway together as they sing *Shalom Chaverim*. Pictures are taken, phone numbers are exchanged, and the women head back home to their jobs, husbands and children, looking forward to ReJewvenation next year.

"I can't believe we have to wait a whole year to do this again," one attendee said.

The event is scheduled for Oct. 4-6, 2013. 

Adina Eden is an English teacher and Jewish summer camp enthusiast. She lives in SE Portland with her husband and her two cats.

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Gan means 'garden' in Hebrew.

The Gan Preschool is a division of Maimonides Jewish Day School.

[VOLUNTEER]

Program feeds hungry, supports local agriculture



The P'nai Or Community Food Program is a match made in heaven, right here in this world. In the old days of Jewish South Portland, it was told that before every Shabbat a gentleman would fill a bag to be shared with his neighbors. As he went from house to house, residents could either take from the bag or place something in it.

In that spirit, several members of P'nai Or have graciously volunteered to create a modern version of the story. Some members have donated money to buy shares of Community Supported Agriculture from Little Gnome Farm. Paul Dinberg and Deanna Cohen, a member family of P'nai Or, are the proprietors of the 11-acre organic farm. They grow a variety of heirloom vegetables, raise chickens and ducks for fresh eggs, and harvest apples and pears from their small orchard. Each week recipients receive eggs and a variety of produce harvested that week, such as beans, beets, cabbage, chard, eggplant, fennel, garlic, kale, leeks, lettuce, onions, potatoes, radishes, tomatoes, yellow crookneck squash and zucchini. Recipients of the donated CSA shares are P'nai Or members who cannot afford to buy fresh, organic produce from farmers markets or the grocery store. Volunteer "holy schleppers" distribute the food at services or via home delivery to those who are ill or homebound.

The recipients are grateful to receive the healthy produce and appreciate the generosity and kindness of the donors. One recipient characterized the delivery, cleaning, cooking and eating of the food as "a spiritual experience."

The 10-week winter program from late fall until early January follows a 20-week summer program. Future plans include opportunities for the P'nai Or Pre-B'nais (students studying to become b'nai mitzvah) to come to the farm to plant seeds and help harvest for the Community Food Program.

"All of P'nai Or was blessed when Milt Markewitz was inspired to share community resources to help those in need," says P'nai Or Rabbi Debra Kolodny. "Ensuring that none go hungry in our midst by having some members buy CSA shares from a farm owned by other members has been nothing short of brilliant. It is a modern-day application of the mitzvah of *peah*, where the bounty of the corners of the field is made available for those in need. By purchasing shares from Little Gnome Farm, P'nai Or also supports local, organic, sustainable agriculture. This is a beautiful, grassroots-initiated application of the ALEPH: Alliance for Jewish Renewal Sacred Foods Project. I hope this program can be a model for every synagogue."

P'nai Or invites other congregations to contact them regarding opportunities to become involved or for ideas on how to start a grassroots Community Food program in their own community. For more information, visit www.pnaiorpdx.org or contact Cohen at deannacogo@yahoo.com or 360-448-7889; or Markewitz at miltm@aol.com. 

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Simon Benson Awards: Portland State University President Wim Wiewel, right, presents one of two Simon Benson Awards to Jordan Schnitzer, who shared the award recognizing philanthropists with his mother, Arlene Schnitzer. The other award recipients, Stephanie Fowler and Irving Levin, pose with Diane Keaton, who was the keynote speaker at the Oct. 9 event at the Oregon Convention Center. Photos by Keene Studio, LLC



Circle of Life Awards: On Oct. 14 the Oregon Holocaust Resource Center presented the 2012 Circle of Life Awards to Chancellor Mary Jo Tully, the Rev. Ross Miller and Jakob Kryszek for their long-term commitment, dedication and loyalty to furthering the mission and vision of the OHRC. From left are keynote speaker Jeannie Smith, Kryszek, Tully, Miller and master of ceremonies Mike Donahue. The honorees have worked tirelessly to teach the lessons of the Holocaust so that current and future generations will remember and reflect on the historical events and work toward eradicating prejudice and hatred now and in the future. Smith held the room spellbound with the courageous story of her mother, reminding all that love and forgiveness can heal all. More than 200 people attended the luncheon at the Multnomah Athletic Club.

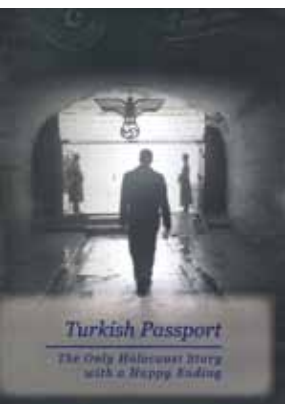


Survivor: Nearly 500 people turned out Oct. 18 to hear Dan Alon, who survived the massacre of 11 Israeli athletes at the 1972 Munich Olympics. Here Rabbi Motti Wilhelm of Chabad of Oregon, the event organizer, joins Alon onstage at the Mittleman Jewish Community Center. Alon and four other members of Israel's Olympic delegation survived the attack by the Palestinian terrorist organization

Black September. Alon described the indescribable joy at the opening ceremonies when the Israeli athletes marched behind their flag on German soil, a joy that became hysterical grief 10 days later. He remained angry, scarred and silent until Steven Spielberg's 2005 film *Munich* prompted the Chabad rabbi at Oxford to invite him to speak. "Chabad helped me to recover," he said. After speaking at another Chabad event in Berlin, he asked his driver to stop at the Brandenburg Gate and play "Am Israel Chai" on his loudspeakers. As the two sang, he said he felt "6 million Jews were with me singing."

Shabbat in the Sukkah: More than 100 people celebrated Shabbat Oct. 5 at SukkahPXD, the juried architectural design competition and festival at the Oregon Jewish Museum. Devin Getreu, Jenn Salzberg and Marie Brophy enjoy music by Kivett Bednar and Anthony Pausic, light hors d'oeuvres and drinks. Some of the local sukkah designers were in attendance and answered questions about their creative inspiration and sukkah construction. The event was co-sponsored by the Oregon Jewish Museum, Moishe House, and Portland Young Adult Shabbat with the Community Impact Grant from the Jewish Federation of Greater Portland. Photo by Analucia Lopezrevoredo





FREE SEPHARDIC FILM FESTIVAL BEGINS NOV. 13

The sixth annual Sephardic Winter Film Festival begins Nov. 13 at Congregation Ahavath Achim, 3225 SW Barbur Blvd., Portland.

Films are shown at 7 pm the second Tuesday of each month from November to April. The free evenings are followed by refreshments and a speaker.

"Since we are the minority of Jews in Portland, we feel it is important to expose the rest of the Jewish community and the

general community to Sephardic history and culture," says Film Festival Chair Richard Matza. "We want to educate the community about our rich culture."

The series begins Nov. 13 with *Turkish Passport* (Director: Burak Arliel, French language with English subtitles, 2011, 91 minutes). The film tells the story of diplomats posted to Turkish embassies and consulates in several European countries who saved numerous Jews during World War II. The speaker following the film will be Professor Tugrul Keskin, Center for Turkish Studies at Portland State University.

Matza said he is looking forward to this first film. "Our synagogue was founded by Turkish and Greek Jews so it tells the story of folks who share our heritage."

Other films are: Dec. 11, *My Sweet Canary*; Jan. 8, 2013, *Every Time We Say Goodbye*; Feb. 12, 2013, double feature: *The Life of Frank Iny: A Granddaughter's Journey* and *Searching for Baghdad: A Daughter's Journey*; March 12, 2013, *Empty Boxcars*; and April 9, 2013, *Nora's Will*.

For more information on the festival, call David Tver at 503-892-6634.



PHOTO COURTESY OF KIBBUTZ ESHBAL

Teens who participate in the Semester in Israel program at Kibbutz Eshbal will have plenty of opportunities to climb – both physically as they hike up mountains and psychologically as they gain leadership skills and confidence.

LEARN ABOUT KIBBUTZ ESHBAL'S SEMESTER IN ISRAEL NOV. 8-11

Two members of Kibbutz Eshbal will be in Portland Nov. 8-11 to thank the Portland community for the support they have received, to update people about their projects and to introduce a new program that may interest area high school students.

Kibbutz Eshbal will offer a semester in Israel program beginning fall of 2013.

"Jewish communities around the world are in need of young leaders who are strong in their Judaism, active in their communities and possess first-hand understanding of Israel and the challenges



PHOTO BY EVELYN KALISH

Aaron Kintu Moses

UGANDAN JEWISH LEADER TO VISIT PORTLAND

Aaron Kintu Moses, a leader of the Abayudaya Jewish community in Mbale, Uganda, will visit Portland as part of a North American speaking tour sponsored by U.S.-based Kulanu, Inc.

P'nai Or of Portland will host Moses for an Abayudaya Shabbaton Nov. 16-17. He will be accompanied by Lorne Mallin of Vancouver, B.C., who has lived and worked with the Abayudaya.

The community is invited to meet Moses at "The Abayudaya Jews of Uganda: A Benefit Talk and Music Performance," 7-9 pm, Nov. 17, at Congregation Neveh Shalom, 2900 SW Peaceful Lane, Portland. Moses will share the story of the 1,000-member Abayudaya community established in 1919 and its struggle to maintain its Jewish identity in Uganda in the face of persecution and intolerance, particularly during the regime of Ugandan dictator Idi Amin.

"The story of the Abayudaya is inspiring," says Mallin. "The community has created a strong and vital Jewish presence in the heart of Uganda and works hard to improve the quality of life for its own people as well as for its neighbors."

Moses will talk about the Kulanu-supported Abayudaya primary and secondary schools, which provide education and meals to some 700 Jewish, Muslim and Christian children studying together in peace. Other Abayudaya-Kulanu programs include a child hunger project, health education and women's empowerment programs, micro-finance and eco-tourism.

Kulanu has worked with the leaders of the Abayudaya Jewish community for 16 years. In 2005, Kulanu helped the main Abayudaya village receive electricity when it joined Uganda's national electricity grid. In 2007, it helped the community drill its first water well at their school.

Kulanu ("All of Us" in Hebrew), founded in 1994, supports isolated and emerging Jewish communities around the world.

The Abayudaya are one P'nai Or of Portland's tzedakah partners for 2011-13. For information on other Shabbaton programs, visit pnaiorpx.org.

For more information about Kulanu and the Abayudaya, visit www.kulanu.org/abayudaya.

she faces," says Sivan Baumberger, who will be in Portland to meet teens interested in the new program. "As a graduate of a similar program, I know there is no better way to learn about our past and present, cement a vision for the future, and live the adventure of a lifetime than to spend a semester of high school in Israel."

Kibbutz Eshbal and 14 other educators' kibbutzim in Israel work to change society by reaching out to Israeli teens – both Jewish and Arab – to shape lives across vast divisions in Israel.

The Dror Israel movement, the umbrella organization of educators' kibbutzim, includes more than 1,000 members who impact more than 100,000 participants across Israel.

"Since the establishment of Kibbutz Eshbal, the thousands of kids and teenagers who have participated in the different programs have had the opportunity to build a positive future for themselves," says Kibbutz Director Gilad Perry.

To schedule a meeting with the kibbutz representatives, call Judy Malka at 503-697-0949.

NOVEMBER CALENDAR

Nov. 1

Celebrate Jewish Book Month with Lois Leveen, author of *The Secrets of Mary Bowser* (HarperCollins), a new novel based on the true story of a former slave who became a Union spy. Cosponsored by Shalom Chapter Hadassah, Vancouver, WA. 7-8 pm at Three Creeks Community Library, 800-C NE Tenney Road, Vancouver. 360-571-9696

Lawyers, Tyranny and the Rule of Law – or – “The first thing we do, is kill all the lawyers,” by federal defense attorney Steven Wax. 6 pm at Mark O. Hatfield U.S. Courthouse, 1000 SW Third Ave., Portland. Free. www.zeitgeistnorthwest.org

Nov. 2

Friday Night Kabbalat Shabbat and potluck on the Eastside with Congregation Neveh Shalom's Eastside Community: Mizrach. 6:15 pm at Western Seminary, Chapel Sanctuary, 5511 SE Hawthorne, Portland. tamarwyte@yahoo.com or wkahn@nevehshalom.org

Nov. 3

The SHOC Foundation Teal Ribbon Boutique features quaint home decor and vintage novelty items. Open Saturdays Nov. 3-Dec. 22 from 10 am to 3 pm. 18575 Portland Ave., Gladstone. Sales benefit ovarian cancer research. Call Geri at 503-694-5445

Nov. 4

Writing the Jewish Mother: A Writing Workshop with Willa Schneberg. 2 pm at OJM. \$50, sliding scale. All proceeds benefit OJM. 503-226-3600

Nov. 4-Dec. 2

One Book, One Community events in honor of Jewish Book Month range from Nov. 4 Skype interview with author Ariel Sabar and Nov. 5 staged reading of chapter one of *My Father's Paradise* to a Nov. 30-Dec. 2 Shabbaton with the subject of book, Dr. Yona Sabar. For information on these and other Jewish Book Month events, see page 50

Nov. 7

Fiscal Cliffs and Crystal Balls: Post-Election Tax Strategies for Estate Planning and Charitable Giving. Presented by the Oregon Jewish Community Foundation Professional Advisors Group. Noon at Multnomah Athletic Club, 1849 SW Salmon St., Portland. RSVP by Nov. 2 to 503-248-9328

MJCC is the Mittleman Jewish Community Center, 6651 SW Capitol Hwy., Portland.
OJM is the Oregon Jewish Museum, 1953 NW Kearney, Portland.

Nov. 8

Beth Hamon presents: “Worlds Collide!” Acoustic Jewish Folk, 7-9 pm, at Velo Cult (1969 NE 42nd Ave. in Portland). Funds to help Beth get to the 2013 Shalshet Jewish Music Festival in Miami, where her song “City of Love/Ahavat Olam” qualified as a finalist. Food to Oregon Food Bank. Admission: \$10, adults; \$5, under 12; free, babes-in-arms; plus one can of food. Info: www.reverbNation.com/bethhamon

Nov. 9

Opening night of local playwright's new play *Ephemery*. See page 46

Nov. 11

Eugene-based folk harpist and multi-instrumentalist David Helfand and violist Justin Lader perform at 2 pm at OJM. Travel to the far corners of the Jewish world on a journey with Celtic harp, mandocello, guitar and viola. \$10, general; \$5 members. 503-226-3600

Jewish Community Orchestra Concert. 3 pm at MJCC. Tickets available at the door. \$10 adults, \$8 seniors, children under 6 free. \$5 students. www.jewishcommunityorchestra.org, 503-806-2494

Nov. 13

First film in free Sephardic Winter Film Festival. See page 69

Reading The Jewish Mother: A reading with members of the “Writing the Jewish Mother” workshop at 7 pm at OJM. \$5, general; members free. 503-226-3600

Nov. 16-17

Rose Schnitzer Manor Scholar-in-Residence Prof. Natan Meir will deliver a D'var Torah after Shabbat dinner Friday and two presentations Saturday. 1:30 pm: People of the Poorhouse: Tales of the Destitute, Orphaned and Mad in Jewish Eastern Europe; 3 pm: Hebrew and Yiddish Documents from Eastern Europe: Voices from the Archive. Cost: \$18 includes Shabbat dinner. RSVP by Nov. 2 to Kathy Tipsord at 503-535-4394 or kathy.tipsord@cedarsinapark.org

Nov. 17

The Abayudaya Jews of Uganda: A Benefit Talk and Music Performance. See page 69

Nov. 18

Concert by Jewish Rocker Rick Recht and Super Sunday Community Action Day. See pages 48-49

Eugene's Temple Beth Israel joins some 300 congregations worldwide to celebrate “Global Day of Jewish Learning” organized by the Aleph Society and Rabbi Adin Steinsaltz. 9 am-1 pm at TBI, 1175 East 29th Ave., Eugene. 541-485-7218

Dec. 2

Eugene's Temple Beth Israel invites artists, crafters, DIY-ers, and authors wishing to sell at TBI's Hanukkah Craft Bazaar/Sisterhood Sunday Café to contact Executive Director Nina Korican at nina@tbieugene.org or 541-485-7218

First sessions of Matan program in which mothers and daughters study “Jewish Women Throughout the Ages,” in preparation for the girl's bat mitzvah. 6-8 pm, Sundays (10 sessions Dec. 2 to Feb. 24) at the Portland Kollel (6688 SW Capitol Hwy). \$250 for mother and daughter; Register online at portlandncsy.com

Dec. 4

Dare I Call You Cousin, preview of a work-in-progress about the Israeli-Palestinian conflict. Poetry by Frances Payne Adler. Photographs by Michal Fattal. Videos by Yossi Yacov. 7 pm at OJM. Free. fpayeadler@csumb.edu

Dec. 5

An evening with filmmaker Ken Klein to preview his “Wandering in the Woods: A Portlanders Search for Jewish Identity.” 7 pm at The Sky Lounge, Asa Flats + Loft, 1200 NW Marshall St., Portland. Film excerpt, refreshments. \$18/person, portion of proceeds benefit Jewish Family and Child Service. RSVP by Nov. 20 to Gloria Hammer: gloriman@aol.com or 503-244-0757

ONGOING EXHIBITS:

Through Jan. 21, 2013

Chagall for Children at the Portland Children's Museum, 4015 SW Canyon Road. Marc Chagall's vivid artwork combined with unique, playful, hands-on activities. 503-223-6500

Through Nov. 16

Lawyers Without Rights: The Fate of Jewish Lawyers in Germany after 1933 presented by Zeitgeist Northwest in partnership with the Oregon State Bar International Law Section. A traveling documentary exhibit by the German Federal Bar and the German Jurists Association. Mark O. Hatfield U.S. Courthouse, 1000 SW Third Ave., Portland. www.zeitgeistnorthwest.org

Through Nov. 25

Willa Schneberg: The Books of Esther. Willa utilizes ceramic sculpture, photographs, audio clips and personal objects to reveal how memory, language, Jewish identity, work, disability and aging shape a life. OJM. 503-226-3600

Through Feb. 17, 2013

Graphic Details: Confessional Comics by Jewish Women. A groundbreaking exhibition of 29 pieces that provides the first in-depth look at Jewish women's autobiographical comics. Traveling exhibition conceived by Zachary Paul Levine and Yeshiva University Museum. OJM, 503-226-3600



Thank you for all of the compassionate care you provided to my mother. I can't imagine a better place for her to have been these past years. —family member



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Community Calling
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Hand to Hand
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drive-up & drop-off
Childcare available

1:30 – 3:30 pm

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